

Algorithm for potentiation of homeopathic medicines

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Introduction

One of the results of potentiation of homeopathic substances and preparations is their dilution in order to obtain the lowest possible therapeutic concentrations.

In the conditions of the usual reception and prescription of the treatment to the patient, as a rule, there is no need for additional potentiation of homeopathic drugs, since under standard conditions the potentiation of homeopathic drugs and substances is carried out as follows:

- in an industrial way - in factories;
- a pharmacist - in specialized pharmacies;
- electronically: copies of homeopathic drugs from drug selector or native drugs are potentiated on devices of the "IMEDIS" company.

As the experience of practical work shows, there are exceptions to this rule: we are talking about patients with chronic pathology during the onset of remission and about patients with the need for long-term rehabilitation.

The practitioner is faced with the following situation:

- on the one hand, the effect of the therapy was achieved, the exacerbation of the process was arrested, remission occurred;
- on the other hand, this apparent improvement in the condition of chronic patients is very dynamic, often unstable, subject to fluctuations depending on a variety of factors.

Thus, a situation arises: it is always impossible and unnecessary to treat according to the full "rigid" scheme, but it is impossible to leave the patient without therapy at all, since the probability of relapse, short remission is very high, or long-term rehabilitation is necessary.

Considering that one of the main tenets of homeopathy says: "The greater the dilution, the stronger the degree and depth of the drug's action," we decided to develop and test the method of potentiation (dilution) of homeopathic medicines by the patient himself at home.

Purpose of the study

1. Create an algorithm for potentiating homeopathic medicines by yourself patient at home.
2. Create application scheme potentiated homeopathic drugs.
3. Conduct monitoring through dynamic patient monitoring the adequacy and effectiveness of treatment with the obtained potentiated homeopathic preparations.

Materials and research methods

The work was carried out on APK "IMEDIS-EXPERT", version 5.40.

Medicines are recorded on homeopathic grits.

The algorithm for potentiating homeopathic medicines and the scheme of its use were developed in the process of practical work for one year in an outpatient setting.

Potentized therapy homeopathic drugs on the proposed scheme and the accounting of its results were carried out in the dynamics of observation in 30 patients with various pathologies.

Results

As a result of practical work, the following main issues can be identified in the creation of an algorithm for potentiation of homeopathic preparations and a scheme for their use.

I. Indications for treatment homeopathic medicines with their potentiation at home by the patient himself:

- chronic infectious diseases;
- chronic allergic diseases;
- chronic infectious and allergic diseases;
- the need for long-term rehabilitation (for example, oncopathology, postoperative post-traumatic period, psychoemotional disorders, etc.).

II. Conditions for treatment homeopathic medicines with their potentiation by the patient at home:

1. This treatment period is considered by the doctor and the patient as one of the stages of planned therapy.

2. For this method of therapy, only unitary homeopathic medicines.

3. The selection of drugs is carried out on the basis of the scheme of their alternate application (alternation in taking drugs with an interval of one week).

4. Used, as a rule, two original homeopathic remedies in potencies D200, D400. The recommended average single dose is 6 balls.

5. The average course of therapy should be strictly determined by time (depending on the patient's condition, the severity of the disease and the effect of the previous therapy) and is usually calculated for an even number of weeks - from 8 to 20.

6. This technique is designed for patients who have free time, psychologically minded and able to carry out this type of treatment.

III. Contraindications for treatment homeopathic drugs with their potentiation by the patient at home:

- this method is not acceptable for primary patients;
- stage of exacerbation of chronic diseases.

IV. Treatment method homeopathic medicines with their potentiation by the patient at home:

1. Necessary preparatory measures: availability of clean plastic cups (preferably with a lid) and spoons, pure water, the initial, as a rule - two, unitary homeopathic preparations (hereinafter in the text of the drug №1 and №2).
2. Measure 11 teaspoons of water into a plastic cup # 1;
3. Take 6 balls of homeopathic preparation No. 1 with a dry spoon, place them in prepared water and stir until dissolved.
4. From a glass No. 1 take 1 spoon of the resulting solution, place in glass No. 2, bring the total volume of the solution in glass No. 2 to 11 tablespoons, adding 10 tablespoons of water to it, cover with a lid and leave it for use and subsequent dilution (the next day).
5. The next day, the patient takes the drug from cup # 2. Subsequent potentiation of the drug is carried out throughout the therapy, as described in item 4.
6. From the resulting potentized solution, the patient takes 1 spoon every 15 minutes. The total admission time is 2.5 hours. The drug is taken once a day.
7. Time of taking the resulting dilution of homeopathic preparation No. 1 is 1 week.
8. After a week of taking potentiated homeopathic remedy No. 1 it is necessary to prepare and take a solution of homeopathic preparation No. 2 according to the same scheme.
9. Time of reception of the obtained dilution of homeopathic preparation No. 2 is 1 week.
10. Throughout the course of therapy, it is necessary to alternate weekly courses of receiving the obtained potencies of homeopathic preparations No. 1 and No. 2.
11. General course of taking potentiated homeopathic remedies must have an even number of weeks and range from 8 to 20 weeks.

Conclusions:

1. Carrying out treatment according to the proposed method potentiates and prolongs the effect of the main therapy, improves its quality and increases the remission time by an average of 2 times.
2. This treatment technique allows the patient to reduce the number of visits to the doctor and to reduce the number of used homeopathic medicines while maintaining the high quality and effect of the main and "potentiated" therapy.
3. The proposed technique is easy to use and is "Economical" while maintaining the quality of therapy.
4. The advantage of the technique is expressed positive psychological perception of her by the patient: the patient continues to be effectively treated, personally actively participates in this process and has the opportunity to save his money.

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