

Experience in applying the methodology of complex rehabilitation
psychosomatic health "EGOMEYKER" ®
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In the practice of our main activity - the creation of interiors - we were faced with the need to correct the emotional background of clients who turn to us, so that the diseases and stress factors in the human body would not allow making the wrong choice, and further material and labor costs did not turn out for everyone a mistake, but on the contrary, so that, according to our methodology of "inter-terrier therapy®", the newly created interior would contribute to the health and harmonious development of the family living in it.

Solving the issues of correction of the mental component of the personality, we came to the need to use several active factors: respiration, special acoustic programs, bioresonance therapy, induction programs, as well as energy-information drugs [1].

The combination of their application in the mode of repeated sessions gives good results that allow each person to live in harmony with himself and the world around him, consolidating past experience and experiences of the present. We called the comprehensive rehabilitation program "Egomeaker®" - "Ego" ("I", in psychoanalysis) and "Maker" (from the English "creator").

One of the most active methods of correcting the state of health is breathing. Breathing is one of the few body functions that is controlled both unconsciously and consciously. We use the technique of connected breathing, which is deep, rapid breathing without pauses between inhalation and exhalation. With deep intense breathing, the basal metabolism is activated, an opportunity is created to remember and relive negative moments of past experience in order to get rid of them.

The session is carried out individually in comfortable conditions for a person, in a lying position on a couch or reclining in a chair. The instructor helps to establish the correct breathing rhythm. During the session, specially created acoustic programs lasting from 30 to 120 minutes (depending on each specific case) are served through headphones. The compositions of the programs include the initial (relaxing), main and final (tonic) parts.

To enhance the effect of the proposed respiratory and acoustic programs, bioresonance therapy is used. Bioresonance therapy is carried out using the devices "IMEDIS-BRT-A" and "MINI-EXPERTDT" produced by LLC "CIMS" IMEDIS "using a magnetic inductor" belt ". To reduce external interference, an opaque half mask is put on the eyes.

Using the accumulated experience, we carry out therapy using induction programs in a specific sequence. Before the start of the session, we carry out endogenous BRT along the meridians, and then, against the background of the relaxation acoustic program, an alpha rhythm program is induced for 5–7 minutes. Then, in the main part, the children's program is most often used, and to end the session and exit the patient from the state of deep relaxation

the program of the beta rhythm of the brain is used. We put the necessary energy-informational preparations in the second container of the IMEDIS-BRT-A apparatus.

During the session, the person experiences a feeling of deep relaxation, "opens up", re-experiences deep psychological problems to get rid of them, finds a way out of the difficult situation that has arisen. After the session, a feeling of a surge of strength, lightness, desire to live and enjoy life is created. Outwardly, a person looks calmer, younger and more prosperous.

Practical example

Client E., 47 years old, complains of constant fatigue, poor sleep with awakenings, during which he experiences palpitations. In the past, he survived a severe infection after a business trip to the countries of Southeast Asia. When testing by the method of segmental bioelectronic functional diagnostics, the integral coefficient of instability (ICN [2]) was determined - 9.38. Testing by the method of vegetative resonance test (ART) on the apparatus "MINI-EXPERT-DT" manufactured by LLC "CIMS" IMEDIS ", Moscow, initially revealed depletion of the immune system with extreme load of the lymphatic system of the 8th degree, depletion of the autonomic nervous system of the 3rd degree, catabolic processes 3 degrees, alkalinity 3 degrees. It was not immediately possible to prescribe therapy for the infection due to the fact that the infectious burden is not tested.

The patient underwent a session of the Egomeaker® program. Then re-testing was carried out by the SBPD method (segmental biofunctional diagnostics), ICN - 6.45. Repeated testing by the ART method revealed the presence, along with the catabolic processes of the 3rd degree, the appearance of anabolic processes of the 6th degree, depletion of the ANS of the 4th degree, the acidity of the environment of the 4th degree appeared, and the infection by molds was tested. The toxic load in the form of molds was filtered through the Intox I indicator, in this regard, the drug "Disintoxication in case of mycotic lesions" was prescribed. After taking the drug, a decrease in the congestion of the lymphatic system to the 2nd degree was revealed. The patient received the drug for further therapy.

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Literature

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