## Diseases of the thyroid gland I.P. Rakhmatullina ("Eliseeva Medical Center", Moscow, Russia)

Studies show that about 10% of the world's population (according to WHO) have some type of thyroid lesion. Among them: diseases of autoimmune genesis, nodular forms, tumors, malignant, benign, iodine-deficient conditions.

Purpose of the study: determination in patients by the method of vegetative resonance test (ART) of the causal relationship of changes in the thyroid gland through geopathogenic, psychological, parasitic load, deficiency of trace elements and vitamins.

Diagnostics was carried out by the method of vegetative resonance test of a group of patients in the amount of 64 people.

The patients were examined for control after 1.5–2 months.

Based on the results, the main factors of influence on the thyroid gland were identified.

Main influencing factors	Before treatment	After treatment
on the thyroid gland	(number of persons)	(number of persons)
Psychological stress	64	61
Endocrine stress	64	56
Geopathogenic load	38	4
Viral load	32	12
Fungal load	44	sixteen
Bacteriological load	28	6

## Treatment performed:

- individual cleansing;
- gymnastics;
- homeopathy;
- bitterness;
- antifungal therapy;
- color therapy;
- bioresonance therapy;
- brain rhythms;
- OBR, BCHR.

Conclusions: the method of vegetative resonance test and bioresonance therapy are effective for the individual diagnosis and treatment of thyroid diseases.

## Example

Patient Shch., 26 years old. She complained of weakness, a lump in the throat and a rise in temperature to 37.2 for 3 months. Examined by the ART method. Recommended treatment: OBR, BSP, homeopathy, bitterness, trace elements, vitamins, color therapy, cleansing.

Ultrasound control was carried out 6 months after the course of treatment.

Comparative characteristics of indicators before and after treatment			
Factors affecting	The extent of the effect	The extent of the effect on the thyroid gland	
thyroid gland	Before treatment	After treatment	
Geopathogenic load	II degree	not tested	
Radioactive load	I degree	not tested	
Psychological stress	V degree	3	
Endocrine system	IV degree of stress	twenty	
Micronutrient deficiency	Zinc, chromium, iodine	norm	
Vitamins deficiency	A, E	norm	
Hormone deficiency	TSH	TSH	
Bacterial burden Fungal	Streptococci	Streptococcus D60	
burden	Candida parapsilosis	not tested	
Viral burden	Herpes, EB Virus	Herpes Virus D30, EB	
		Virus D30	
Helminthic invasions	Onkylostoma	not tested	
Ultrasound diagnostics	Nodular goiter, in the left lobe	Dynamics	
	isoechoic node is	positive, in the left	
	determined 34 x 27 x 30 s	share is determined	
	cystic contents	isoechoic node 16 x 15	
		with cystic	
		content	
Thyroid hormones	T3, T4 above normal	T3, T4 on the scale of the norm	

Thus, there is a significant positive trend.

## Literature

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