

## Experience of using the resonance scale of enzyme systems in practical work using the capabilities of ART

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In my articles published in the materials of past conferences, I presented an algorithm for a step-by-step improvement in the quality of human health (physical, emotional, spiritual). I continue to work in this direction.

I would like to present the next stage of the work, which should be carried out rationally after the patient is withdrawn on the "State" scale to VII-4.

The next stage is the restoration of the enzyme systems of the whole organism .. I will try to substantiate my point of view.

Enzymes - specific proteins that can accelerate many times chemical reactions occurring in living organisms without being part of the final reaction products, i.e. which are biological catalysts (Great Medical Encyclopedia).

All chemical reactions occurring in microorganisms, in plant and animal organisms are catalyzed by appropriate enzymes. Digestion, absorption and assimilation of nutrients, synthesis and breakdown of proteins, nucleic acids, fats, carbohydrates and other compounds in tissues and cells of any organism is a set of enzymatic reactions. Any functional manifestation of a living organism - respiration, muscle contraction, neuropsychic activity, reproduction, etc. - is provided by the action of the corresponding enzyme systems.

Enzymes have special properties that distinguish them from inorganic catalysts: high substrate specificity and the ability to accelerate reactions under physiological conditions, i.e. conditions typical for the vital activity of cells (appropriate temperature, reaction of the environment, etc.)

All enzymes are proteins that, like other proteins, have a primary, secondary, tertiary and often quaternary structure. Almost all enzymes function inside the cells in which their biosynthesis takes place. Almost every living cell contains its own set of specific enzymes, so their distribution in various organs and tissues varies.

The work of enzymes can be blocked by various classes of toxins (environmental, food, chemical), free radicals, bacteria and viruses that enter cells, etc. In addition, the quality of the enzyme's work depends on changes in the DNA region responsible for the production of this enzyme (hereditary and acquired miasms). Mycotic lesions of the body also affect the rational work of enzyme systems. And, finally, there is the expression "all diseases are from the nerves", that is, the psychological state of a person also affects the metabolic processes in the body.

The algorithm for working with the patient proposed by me helps to correct the factors listed above that affect the work of enzymes in stages.

In 2009, a group of authors (I.S. Tikhonova, N.V. Kartashova, E.N. Petritskaya, L.F. Abaeva) proposed a resonance scale of enzyme

systems represented by oligopeptides (from 1 to 20). Oligopeptides contain peptide bioregulators, tropic to certain tissues and are physiological correctors of body functions, are recommended both for the prevention of various diseases and for the inhibition of aging processes.

I would like to propose a fairly simple way of working with this scale to maintain and further improve the quality of human health at all levels. But this option is acceptable only for those patients who have indicators on the connective tissue scale (TSS) - 100, and on the "Condition" scale - VII-4. That is, in these patients, all other causes that disrupt the work of enzymes in the body have been corrected.

The BRT method is based on the idea of the human body as a source of electrical oscillations that exist in the body itself or on its surface, and also propagate in the surrounding space. Resonance in the classical physical sense is the phenomenon of a sharp increase in the amplitude of forced oscillations in an oscillatory system, when the frequency of periodic influences on the system approaches its natural, resonant frequency. The resonance effect depends on the value of the fundamental (natural) frequency, the process of damping of oscillations and on the intensity of external influence. We are all different (by sex, age, weight, etc.), but our organs that perform the same functions operate in the same frequency range. The goal of multiresonance therapy is to restore the functional frequency of each of our organs and organ systems.

an electromagnetic wave recorded on a carrier (sugar crumbs), taken for a certain period of time (to exclude the process of damping of oscillations), causes a resonant response in corresponding tissue and organ, thereby helping to restore the functional frequency of the organ and system.

Enzymes of different chemical structure (depending on which organ they work in) perform a similar function in our body - they participate as catalysts in either anabolic (creation) or catabolic (cleavage) reactions occurring in various organs and systems ... It is logical to assume that although they are different, they work in a certain frequency corridor. If this frequency corridor is restored, then all enzyme systems will respond to changes in the frequency spectrum and will more harmoniously perform the functions assigned to them in order to improve the general condition of the whole organism.

The question arises - how to restore this frequency corridor? There are two possibilities. The first is to gradually, organ by organ, system by system, restore individual enzymes. But this can be time consuming and rather laborious for both the doctor and the patient - more frequent meetings are needed to correct the therapy. The therapy is carried out on an outpatient basis (without interruption from the main life), and since the patient has certain responsibilities in society (work, family, etc.), frequent visits to the doctor are problematic. And for a doctor who supervises a large number of patients (I have about 1000 people constantly under dynamic supervision),

it turns out to be a big load.

And the second option is to find the "key" to this frequency corridor, and then in one step it is possible to correct the work of all enzyme systems. There is only one caveat - matched key (i.e. energy-informational preparation) should be taken for a certain period of time in order to exclude the possibility of attenuation of oscillations in the body. This work, after completing all the previous stages of therapy, is carried out in good health (the patient has no complaints), as planned. This stage lasts about six months, i.e. one meeting every 5-6 months is enough. It is convenient for both the doctor and the patient.

Experimentally, over the past two years of work, it was possible to find an approach to work according to the second option. This approach has been tracked in dynamics for more than 200 patients (see article on statistics).

As a control criterion at this stage, I use the resonance scale of enzyme systems. Which oligopeptide reduces the initial measuring level - it is through the enzymes of this system or organ that we "enter" the frequency corridor we need. Targeting is done through a pointer, at this stage these are either anabolic or catabolic processes (see VRT pointers). I argue as follows: through the appropriate index, we conclude which enzymes in the body are more in need of correction (either participating in creation or in splitting). Determine the target organ, i.e. what organ the body will "catch" the supplied frequency signal. The most commonly tested target organ is the brachial plexus. I argue this way: the brachial plexus is a very important "detail" of our body - through this zone, the interaction between the control centers located in the cerebral cortex and subcortical centers is carried out on the physical body, and by direct executors - physical organs and organ systems. Then I select the medication (ie, the "key" itself) from the medication selector.

The practical technique at this stage is as follows. First, I determine the initial state of a person at the moment. I do segmental diagnostics, check all other control criteria. By the beginning of this stage, they usually look like this: Epiphysis \$ 7. (D400-800-2000) does not lower the measurement level. Biological index (BI) - 1. Photon index (PI) - 0. Schraibman's connective tissue scale (STS) - 100. "Condition" scale (SH) - VII-4. Morphological scales (Hecla Lava and Acidum fluor.)

- 23, both at all four diagnostic levels of the device for ART +. Control criterion - when testing the corresponding oligopeptide (No.), there is no decrease in the initial measuring level. The chain for the selection of the drug looks as follows: Epiphysis 7 u.e. + Anabolic (or catabolic) processes 6 (most often) degrees ↓ + brachial plexus ↑ + medication ↓. For this chain, I work out the scheme of taking the drug (a single dose, how best to write down the drug, the regimen, the period of admission, the time of taking the drug). I am preparing the drug through the selector. Then I put the drug on the medication plate and recheck against the control criterion. If the oligopeptide stops giving

arrow drop - the drug is selected correctly. I am writing to the patient the regimen for taking the drug. In time, this appointment takes no more than 30-40 minutes. The drug is usually taken in rare doses for 5-6-7 months.

Most often, drugs for spiritual development are selected at this stage. I explain to the patient that thoughts are material, our well-being depends not only on the physical condition, but also on how we live in society, whether we fulfill God's Commandments, with what thoughts we approach the solution of the problems that arise before us in society. It often happens that we think one thing (not entirely positively), but in society we have to act differently, i.e. you have to suppress your will. An internal conflict arises, and then we wonder why we are sick. Each organ has its own emotion. There are no good and bad people - each of us is what he is. Honor and praise to every person who wants to learn to live sincerely, to get rid of their unconscious inner complexes. I believe that the main task of a doctor is to help the patient to work on himself. Integrity (at the level of body, soul, and spirit) helps a person to better cope with big and small life trials. And this is an indicator of health!

#### References

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