The creative role of Consciousness and Thought. The role and importance of intuition in bioresonance therapy A.P. Dubrov % H% (Institute of Reflexology of the Federal Scientific Clinical Experimental Center for Traditional Diagnostic and Treatment Methods Roszdrav, Moscow, Russia)

Intuition as a psychic phenomenon

The ability of a person to intuitive perception has long attracted attention, aroused great interest of the general public and scientists of various specialties, and was studied as a special extrasensory phenomenon [1-3]. Specialists in the field of transpersonal psychology rightly

emphasized that psychophysical research should be used by teachers, parents and counselors and school programs to educate children in order to develop their intuition and creativity [4].

Let us first dwell on the definition of the very concept of "intuition". In general terms, according to the definition of the founder of the doctrine of the unconscious, C. Jung, this is understood as an irrational function in a person that arises subconsciously, similar to a sensation inexplicable by rational thinking, but thanks to which a person is able to understand the inner meaning of an ongoing phenomenon [12-14]

... This concept is an expression and feature of psychic

the ability of human brain activity. This ability is present in some people initially from birth, but it can be developed as a result of the use of various kinds of psychomental techniques and is an expressionspecial activity the brain, its subconscious.

The psychic abilities of people are very diverse. This is evidenced by the longterm work of various specialists and researchers carried out in different countries of the world over many years [17–20]. And the question arises: should a reflexologist apply bioresonance therapy in practice? This is definitely indicated by the well-known Austrian specialist in the field of BRT N. Kempe: "... We try to imagine a picture of disorders of homeostasis functions primarily in the causal sense ... The applied methods of therapy are very individual. The enormous capabilities of the IMEDIS expert system allow to optimize the process of curing patients and expandintuitive possibilities of the therapist "[21; my italics. HELL]. If intuition has such a special meaning in medical practice, then one should understand what is hidden behind it, what it is by its nature, what is its role in these processes and how it can be practically used [22].

The well-known expert on extrasensory phenomena R. Broughton [5] notes that mental phenomena among people are 60% associated with dreams and 30% with premonition and intuition, which arise without any imagination and 10% are real sensory hallucinations. Intuition, like insight, is a sudden insight into the essence of phenomena occurring on an unconscious level, helping to understand the course of a necessary action or solution of problems. They can be the result of ordinary psychological processes that end at a subconscious level and enter consciousness in the form of insight or intuition. R. Broughton points out that there is another type of intuitive a perception that is difficult to explain at a subconscious level: for example, a spontaneous premonition of an expected phone call that becomes reality.

In his opinion, intuition is a very interesting phenomenon, which can be explained by the fact that it is based on information that already exists in a person's memory, but is at a subconscious level and comes in the form of a certain conclusion or decision only if necessary. Intuition can be a natural gift for doctors, as well as the result of many years of medical practice.

An alternative view of intuition, put forward by the American scientist D. Benor, is that the essence of intuition lies in its creative, creative features, when disparate data and information exist in the subconscious and are transformed by a person into a certain single thought or idea [6].

In his fundamental monograph, he gives this short definition of intuition: "Inner awareness, providing information and guidance, but not based on sensory perception or inference." D. Bruenor gives a detailed description of the role of extrasensory intuition in various fields of knowledge: traditional healing, biolocation, medicine, kinesiology and the theory of consciousness. He divides intuition into a number of distinct areas of mental activity, in particular, medical intuition Is an inner feeling, an assessment of a state that informs us about things that we do not know about with ordinary sensory perception, memory, reasoning or argumentation. It does not differ from the usual psychic giftedness of people, as indicated by a number of monographs of certified doctors - neurosurgeons, psychiatrists, devoted to this problem [7–10].

Intuition can be based on the following abilities of people: automatic responses from previous experiences and memory, cognitive picture of recognition, insight and creative power. From the data presented it follows that the efficiency of an intuitive assessment of the condition of patients and the localization of a sore spot can be 70–75%. Considering the problem of intuitive diagnosis, D. Benor focuses on the fact that medical experience and acquired practical knowledge help to make a correct diagnosis, but at the same time, one should be careful in the intuitive assessment of the patient's condition and the genesis of the disease, since there are different views on understanding the main causes diseases in different people.

The most common view of intuition implies that it is based on the extrasensory property of a person, considered by the famous psychologist and founder of the doctrine of intuitive perception, C. Jung [12-14]. In his opinion, intuition is a direct and not a sensory perception of reality, i.e.a separate mental function, along with sensation, feeling, thinking, and irreducible to their combinations. In accordance with this K. Jung divides all people into mutually opposite four types:

thinking, feeling, intuitive, sensing. It is intuition

is a function that provides a person with a perception based on the unconscious [13a].

One of the prominent American specialists in psychic phenomena, Douglas E. Stokes, in his fundamental monograph on the role of

Consciousness in the physical world indicates the diversity of people's extrasensory activity.

He notes that often intuitive incidents are associated with a feeling of concern for close relatives and the tragic or happy events that happen to them.

In his opinion, intuition from other types and categories of extrasensory phenomena is distinguished by the absence of a visual picture of what is happening and other forms of visual hallucination and the speed of disappearance of the information received. [eleven].

## Bioresonance therapy and patient personality

In therapeutic and diagnostic techniques and reference books on resonant homeopathy, a large number of drugs and various kinds of therapeutic procedures are proposed, recommended for each type of disease and various kinds of disorders in the body [23–24]. But it is necessary to reckon with the strict individuality responses of different people depending on their age, temperament and constitution [25].

This is rightly pointed out by experts in the field of BRT. For example, B. Koehler notes: "The pictures of diseases, anabolic or catabolic, are similar, but require the opposite treatment "[26; my italics. HELL]. Salnikova T.V., answering a practical question ("... why the same drug treats some and does not help other patients with the same nosological form of a tumor?"), Notes an important position for us: "Each disease is diverse in its clinical manifestations and mechanisms of development "[27]. Such a strictly individual approach to the patient and his treatment is also indicated in the work of Akaeva T.A., Gotovsky M.Yu., Mkhitaryan K.N., specialists in the field of BRT and ART: and the same drugs for patients with the same nosology, since they use different relation to each other nosology scales, disease severity criteria and prognostic criteria "[28; italics by authors. HELL]. Doctors Avanesova E.G. and Avanesova TS, who use bioresonance therapy in their work, emphasize that the use of these methods is characterized by "... always with a purely individual approach to the patient "[29; highlighted by the authors. A. D.].

The well-known expert on BRT A. Matison also points to the intuitiveness of the doctor's choice of the drug for the patient, calling it the term "subjectivization": eliminates subjectivization when prescribing a medication "and notes:" This is already a problem associated with subjectivization, because the symptoms caused by this proving may be different in different subjects, there may be a different degree of their severity or interpretation by the subjects "[30]. This feature was considered in detail and was explained in the theory developed by usfunctional symmetry and dissymmetry, reflecting the variety of responses of living organisms to any impact [31–32].

V.A. Chubarov: "Allopathic methods of treatment are so general, not individualized character,

that they generally do not bring prompt, cost-effective and effective treatment or psycho-somatic rehabilitation ... It turned out that there is a splitting of types and forms of a person into non-intersecting classes"[33, emphasized by the author. HELL].

The inexorable dynamics of the internal development of the body from the moment of its conception and variety of responses people dictate features of his homeostasis throughout subsequent life and therefore require a strictly individual approach in the treatment of each patient. As an example, we will cite statistics from only two published works reflecting the variety of diseases at different ages. Diagnostics using the ART method for children shows that each patient has impairments in the control of physiological functions to varying degrees. In one of

fundamental work carried out by specialists of the Center for High Technologies (Moscow) by doctors D.D. Tikhomirov and T.Yu. Galunenko during examination 11170 schoolchildren from 7 to 17 years old, the following indicators of leading diseases were identified: changes in the function of the stomach, duodenum, small and large intestines - 46%; liver and biliary tract - 24%, teeth and oral cavity - 23%, regulation of vascular tone - 21%, changes in the musculoskeletal system - 19%

[34]. A similar great work was carried out by a specialist in the field of bioresonance therapy, doctor G.Yu. Andreichenko (Vorkuta). Diagnostics and treatment were carried out1117 people: children (28.5%), adults - 21-40 years old (30.9%); 41-60 years and older (40.6%). The author notes that the dominant miasms were the viruses of poliomyelitis (22.7%), rubella (12.7%), cytomegalovirus (12.7%), hepatitis (8.8%), fungoid fungus (5.6%), varicella smallpox (3.1%), tuberculosis (3.1%), which amounted to 68.9%, while the rest were tested for miasm and psychovegetative loads [35].

Naturally, such a diversity in the health status of the contingent of children, students and adult patients puts the doctor in front of a difficult choice of the most optimal prescription of treatment: what should be the algorithm for the beginning and the entire subsequent period of treatment and what are its features for each specific the patient. Therefore, the doctor must choose the correct scheme of his treatment and its details - the preference for certain homeopathic remedies and resonance frequencies, choosing them strictly individually for each patient.

## Chronosemantics and intuition

The problem of intuition as an extrasensory phenomenon is closely related to important fundamental concepts of space and time in our world. A lot of studies are devoted to their consideration, and among them are the works of domestic and foreign scientists on the study of the role of space and time in living organisms [1-3]. In particular, this found its expression in the theory "anticipatory reflection of reality»Brain activity, developed in the works on the mental activity of the brain, academician of the Russian Academy of Medical Sciences Anokhin P.K. [fifteen]. In this work, the author considered the function of the body's foresight of its possible future state, based on information from its past life and accumulated life experience.

The theory of P.K. Anokhina later found its continuation and development in

works of specialists in the field of bioresonance therapy Gotovsky Yu.V. and Mkhitaryan K.N., but already from completely new positions of science - chronosemantics [34]. Considering the theory developed by P.K. Anokhin, the authors draw attention to the fact that in his: "... the concept of advanced reflection by the body of reality is not formulated, how is this reflection for the organism, which significantly complicates the work with it as an object "(emphasized by the authors. p. 11). According to the concept of time developed by Yu.V. Gotovsky and K.N. Mkhitaryan, it would be correct to consider, "... thatinternal time organism is the cumulative result of action not only the leading mapping built by him reality, but also dual to this reflection of reflection interpretations his past "[16; italics by authors].

Theoretical analysis of Gotovsky Yu.V. and Mkhitaryan K.N., supported by practical research in the field of "intuitive proscopy" (i.e. intuitive foresight), showed that the main point in this process is, in fact, the roleintuition in the functioning of the organism, inherent in every thinking organism, associated with the existence of a psychological

internal time organism (16; pp. 85, 99). Evidence for the existence of this phenomenon was shown in experiments onforesight when examining large groups of people: the average value of extrasensory perception (ESP) in the subjects always exceeds the random level of guessing (mathematical expectation), which confirms the prevalence, naturalness and significance of ESP for the human population. associated with intuition [2].

## How intuition works

Naturally, questions arise about how intuitive foresight works and what are its main patterns of manifestation in human brain activity. Numerous scientific works of various specialists in the field of psychology are devoted to this fundamental issue,

neurophysiology, neurology, considering the spatio-temporal organization and functioning of the brain [9–19].

This problem attracted particular Attention the head Medical Center of New Information Technologies of the Moscow Research Institute of Pediatrics and Pediatric Surgery, prof., D.m.s. B.A. Kobrinsky, who considered the issues of mapping figurative representations and intuition in knowledge bases [36–42]. In a series of articles published by this author, the questions of the analysis of associative knowledge in medical expert systems, argumentation and intuition in human figurative thinking, logic in decision-making in medical practice were consistently presented. These works are very important in medicine, as they make it possible to formalize the subjective views of medical experts based on knowledge and their practical experience, and especially for pediatricians, since their little patients cannot tell them anything about the nature of their ailment, but only express their condition

## crying and screaming.

The works of many researchers have shown a specific ro left (generalized distinctive) and right (specific visual signs signals) of the hemispheres of the human brain. B.A. Kobrinsky cites the words of the famous doctor, specialist in internal medicine R. Hagglin: "It is difficult to describe in words, but what is most important at the patient's bed is the ability intuitively, as if with an inner glance, to grasp the entire clinical picture as a whole and connect it with similar previous observations. This property of a physician is called clinical thinking. Clinical thinking, together with constructive, integrative thinking and the ability to collect a good medical history, is a medical art "[38. S. 6]

Prof. B.A. Kobrinsky emphasizes the role of human intelligence in his intuitive perception, since intuition and argumentation, as a type of reasoning, are two sides of the same phenomenon. In his opinion, it is important to have a stimulating effect due to a specific situation (external stimulus), the perception of which is provided by the so-called perceptual vigilance (lowering the threshold of perception in certain situations). Such a condition can occur in a doctor when it is necessary to recognize (diagnose) a serious condition in a patient: "The starting point for an intuitive act can be an analogy memory that arises instantly or in the process of reasoning (mental or verbal)" [38. S. 3]. Considering the role of intuition and imaginative thinking in making a decision by an expert, he notes the following: "There are cases when a doctor, possessing special intuition and imaginative thinking into account the supercharacteristic signs or symptom complex as a whole, immediately comes to a diagnosis with lightning speed, which then turns out to be final "[38. P. 7].

In conclusion of our analysis of intuition, an epigraph given in this work by prof. B.A. Kobrinsky, who very accurately reflects the whole essence of the problem we are considering: "Genuinely human the tools are reason and intuition"(K. Erberg).

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