

Vegetative resonance test in approach optimization to restore men's health

R.A. Gurtskaya, L.G. Agasarov

(Russian Association of Reflexotherapists, I.M.Sechenov Moscow Medical Academy,
Moscow, Russia)

According to analytical data, in the Russian Federation, two-thirds of men of sexual maturity are characterized by the presence of several risk factors at once, affecting the sexual sphere. As a result, more than 30% of somatically healthy men show a pronounced decrease in the level of sexual activity (G.D.Bilich, 2008; A.A.Nikitin, 2009, etc.), which gives this problem an important medical and social significance.

Accordingly, within the framework of its solution, it is justified to use complexes from physiological corrective techniques (L.G. Agasarov, A.N. Razumov, 2006). Among them, certain technologies of complementary medicine stand out, including homeopathy, which is distinguished by a mild and long-term effect. In addition, based on the characteristics of the functioning of the reproductive apparatus, it is advisable to supplement homeopathy with one or another physical effect. In a previous report [2], we pointed out that the combination of homeopathy and acupressure provides a positive sexological effect. Moreover, the dynamics of clinical (subjective) characteristics was confirmed by favorable changes in objective indicators (A.A. Nikitin, 2009).

At the next stage of the study, we assessed the effectiveness of complexes from various homeopathic remedies and dynamic electroneurostimulation (DENS). The advantages of the latter method, in addition to the actual efficiency, should include the possibility of using it in a domestic environment. At the same time, the choice of a specific homeopathic preparation for a given purpose was ensured by the use of a vegetative resonance test (ART). According to the results of the testing, the drug "Adam" was classified as optimal; in addition, thanks to the ART method, the control of the action of the medication was ensured.

It has been shown that the use of a complex of the indicated preparation and DENS provides a distinct potentiation of the therapeutic effects that exceed the characteristics of the compared groups. Based on this, ART is included as a basic diagnostic technique in the program of further research.

Bibliography

1. Agasarov L.G., Razumov A.N., Traditional technologies in restoration male sexual health. - M., 2006. -- 197 p.

2. Agasarov L.G., Gurtskoy R.A. Optimizing recovery technologies sexual health of men // Abstracts and reports. XV International Conference "Theoretical and Clinical Aspects of Application bioresonance and multiresonance therapy". Part I. - M., 2009. - S. 87-88.

3. Bilich G.D. Man in the 21st century // Men's health and longevity. - M., 2008. - pp. 23-25.

4. Nikitin A.A. The combined use of homeopathy and acupressure in restoration of male sexual function: Abstract of the thesis. dis. ... Cand. honey. sciences.

- M., 2009 .-- 21 p.

R.A. Gurtskaya, L.G. Agasarov Vegetative resonance test in optimization of approaches to the restoration of men's health

-
"IMEDIS", 2010, v.2 - p.16-17