

Obesity and its correction using bioresonance therapy,
reflexology, homeopathy, psychotherapy
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Obesity - is one of the pressing problems of modern society.

The use of homeopathic remedies for solving the problem of normalizing weight allows you to work both at the somatic level and at the level of the psyche, therefore in this work we will consider the effect of homeopathic medicines and psychotherapeutic tasks in conjunction.

There are different types of obesity. Obesity is distinguished by the shape of the location of fat: the first option - on the stomach and trunk - like an apple, and the second - in the lower body - thighs, legs - like a pear.

In the first case, there is an increased level of corticosteroids, a tendency to metabolic syndrome, the development of type 2 sugar diabetes.

In the second case - a tendency to gynecological problems, progesterone deficiency.

Obesity is often caused by a decreased level of thyroid activity.

Obesity is also caused by the problem of overnutrition in relation to the consumption of food consumed.

At the psychological level, there are problems of personality integration in the creation of sustainable motivation for weight optimization.

The weight we have is actually the weight we want to have. More precisely, it wants to have our part of the personality that wins. You will say: how is it, I want to lose weight, but some kind of force makes me gorge myself without measure, harm myself in every possible way, eat at night, eat useless or fatty, sweet food, and also in excessive quantities. You arrange this for yourself, and you need to take responsibility for this part of you that wants it. You should understand her, agree with her how you should live on, and not enter into a meaningless conflict, a war in which you yourself must fight with yourself.

This part of the body, connected with the subconscious, resists the idealized image of a thinner body, the modern ideal of beauty, the narcissistic value that comes from consciousness. If you gain weight, then for some reason you need this weight, there is a connection with something positive, useful. Resistance to weight loss, which leads to deviation of behavior from the conscious line of behavior, is associated with the child's part of the personality, the subconscious part, which usually wins when the conflict between these parts develops. Perhaps losing weight is associated with depriving oneself of joy, the taste of life - delicious food, for someone it is sweet, for someone - flour, for someone - fatty, because everything in life has a taste. For such a conflict, there is a suitable homeopathic remedy - Cactus, which helps these warring parts of ours to find a common language.

Perhaps the cause of weight gain is a deep fear: an abyss, die without fat reserves in case of hunger, then drugs for fear are needed, for example, such as: Belladonna, Stramonium. If the cause of excess weight

there is self-doubt, the need for self-affirmation, stability, "gaining weight in society" in a figurative sense, becomes a direct meaning for the body. Resistance to adversity, the ability to withstand loads, stress, and maintain balance - is also associated with a lot of weight, "so that the wind does not blow away." In these cases, Aurum can help, which also regulates the decreased function of the thyroid gland.

Cases of omnipotence, control are possible, which just threaten the loss of control, when it is stated: "when I want - I can not eat, when I want - I'll lose weight, maybe tomorrow, but now we'll eat" - this is the topic of irresponsibility with the inability right now to control, regulate, not eat, right now, and not tomorrow, to do something to solve the problem. The theme of children's irresponsibility is rather closer to Pulsatilla.

An important role is played by food in the absence of hunger, when food is replaced by other, unconscious needs, for example, for love and affection, intimacy, safety and others. Stopped needs can be reflected in the body by chronic muscle tension, areas of reduced circulation and areas where fat is deposited.

There is a need to treat food with respect - if you can do something with it: eat too much, eat all the food, then it can do something to you: change your shape and weight, affect your health.

To solve the problems of overweight, we used BRT in combination with homeopathic medicines selected by the ART method, against the background of disclosing the patient's psychological problems during the session. The drugs for therapy are selected by the ART method with lipolytic filters and at the time of discussion of psychological problems.

A group of patients was treated - 21 people, 18 women, 3 men, age - from 35 to 58 years. Bioresonance therapy was performed for 2 months, once every 2 weeks. We used general and private BRT, BRT for acupuncture points. In the interval between therapy sessions, patients received homeopathic remedies, a BR-drug. The result of weight loss was observed in all patients to varying degrees, from 4 to 10 kilograms, depending on the initial weight, while the best result was observed in patients whose initial weight was greater. There was a significant decrease in appetite as a result of taking BR drugs and homeopathic remedies.

For weight loss purposes, general BRT can be used. However, it is rather difficult to clearly define the task for general BRT in order to reduce weight. In reflexology, recipes of biologically active points for weight loss are known, which can be used in BRT, as a variant of reflexotherapy using point electrodes on acupuncture points, with the clarification of the optimal recipe using VRT with lipolytic filters. There is a possibility of using a private BRT for the treatment of problem areas, with the location of the electrodes locally around the problem areas, always with the use of adequate filters, which can lead to the normalization of fat metabolism in these areas, and a decrease in cellulite. The difficulty lies in the fact that fatty deposits both at the somatic level play a certain role and have a useful purpose in the body, for example,

premenopausal and menopause and others.

In this regard, it is necessary that these functions would not be so necessary, or that these functions of adipose tissue were replaced by the work of other organs. So, for example, with good kidney and liver function, toxic substances can be removed from the body, and not accumulate in adipose tissue.

Adipose tissue is characterized by a reduced metabolism, a sluggish response to insulin, a certain resistance to stress, inertness. To involve adipose tissue in active metabolism, it is necessary to use fat-mobilizing filters during BRT.

After the fat-mobilizing BRT procedures, the psychological unmet need may become more pronounced, and appropriate homeopathic remedies and psychotherapy are needed to correct this condition. Drainage therapy is required, which activates the excretory systems, biliary system, kidneys, intestines.

Perhaps the revival of old foci of inflammation, the activation of all "frozen" parts of the body, the release of antibiotics and other medicinal substances accumulated in the adipose tissue, which have not previously been removed from the body and aggravate it, in some cases, even for many years, can occur. Need homeopathic support and correction of hormonal levels: thyroxine, cortisol, antidiuretic hormone, insulin, estrogen, testosterone and others, including homeopathized hormones, selected by the ART method. When using ART and preparing the patient for lipolytic BR-therapy, these measures should be carried out in advance, since the ART method allows you to see in advance the points of stress and weakness of the patient and provide appropriate support in the right place at the right time.

In connection with the above, the procedures of a private BRT of a lipolytic orientation should be carried out for a short time and not often, so that the treatment proceeds without significant discomfort under the guise of homeopathy and general BRT.

Thus, the use of BRT with a lipolytic filter, with the use of acupuncture BAPs in combination with homeopathic therapy and psychotherapy is an effective method of weight loss.

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