

Solving the problems of psychosomatic pathology  
using energy-information technologies

M.G. Maslova<sup>one</sup>, O.K. Kurtseitov<sup>2</sup>, V.L. Volodarsky<sup>one</sup>

<sup>(one</sup>Scientific and Methodological Center of Personnel Policy of the Ministry of Defense of Ukraine,  
<sup>2</sup>Chief Medical Clinical of the Order of the Red Star Center "Chief Military Clinical  
hospital ", Kiev, Ukraine)

Psychosomatic medicine considers the issues of pathogenesis, course, treatment of specific disorders (conversion symptoms, organ neuroses) and psychosomatic diseases. According to some authors, the frequency of psychosomatic pathology ranges from 15 to 50% [1, 2].

Among the many psychosomatic diseases, a group of so-called "seven sacred cows" of psychosomatics is distinguished, which include: essential hypertension, duodenal ulcer, bronchial asthma, ulcerative colitis, thyrotoxicosis, rheumatoid arthritis, neurodermatitis [2, 3]. However, we adhere to the point of view of well-known specialists that almost all therapeutic diseases are psychosomatic, because psyche and body (soma) are inextricably linked and functionally interdependent [3, 4].

The mechanism of occurrence of psychosomatic diseases complex, the etiology has a "multifactorial nature": mental stress, genetic characteristics, somatic factors (the presence of locus minoris resistencia), social conditions and other factors. We consider it necessary to dwell on the two most important components of etiopathogenesis. psychosomatic pathology. First of all, it is a violation of the function of the central regulatory systems.

The emergence of psychosomatic diseases is associated with various stress factors that cause affective tension of regulatory mechanisms. The latter, through the limbic system, the pituitary gland and the upper part of the brain stem, activate the neuroendocrine, cardiovascular, respiratory and other functional systems of the body. Stress overstrain can lead to an outrageous inhibition of the work of regulatory mechanisms, the emergence of a blockade of information flows and maladjustment of the activity of organs and systems [1, 2, 5]. At first, the changes that have arisen are of a functional nature, and with a long duration and frequent repetitions of stress factors, they can become organic, irreversible.

Another important component of the pathogenesis of psychosomatic diseases is changes in the human body at the biochemical, cellular, organ, systemic level, which are associated with toxic changes, slugging of the body. The scientific substantiation of these processes is reflected in H. Reckeweg's concept of homotoxicology. Recall that homotoxicology considers 6 phases of the progression of slugging of the body and the development of pathological changes: phases of excretion, reaction, deposition, impregnation, degeneration, neoplasm. - cell degeneration [6]. Intoxication processes in the body significantly disorganize all adaptive processes in the body and lead to immunodeficiency. The effectiveness of the treatment of psychosomatic diseases largely depends on the correct assessment of the degree of homotoxicosis and adequate detoxification therapy.

Diagnostics of psychosomatic pathology. The psychological characteristics of the patient's personality are revealed when observing his behavior, during verbal contact. What matters is the color of the skin, its moisture, hand tremors, heart rate and respiration.

The assessment of the patient's psychological status can be carried out using a set of different research methods. Psychodiagnostics is advisable to carry out using a computer or blank version of the test by G. Eysenck, which allows you to identify such qualities of the psyche as anxiety, aggressiveness, frustration, rigidity. You can use the test "Adaptability", which characterizes the adaptive capabilities of the body. Instrumental diagnostic methods provide a qualitative and quantitative characteristic of the activity of the central nervous system. First of all, these are segmental diagnostics (DM) and autonomic resonance test (ART), the information content of which is beyond doubt. They allow you to establish the degree of mental burden, the state of the immune system, the level of information blockade, to test an indication of the nature of the disorder (for example, state of depression). We consider it obligatory to define geopathogenic, radioactive, electromagnetic burdens, their severity (degree), because these burdens significantly affect the state of the central nervous system, immune system, adaptive

processes. If it is not possible to conduct DM, then on any apparatus for electropuncture diagnostics it is possible to measure and evaluate quantitative indicators of the state of representative BAPs of the central nervous system [7].

In our practical work, we use another energy-informational express method for determining the psychoemotional state, vegetative balance and adaptation processes in the body using a digital biorhythm analyzer (DAB) [8].

Slagging of the body (homotoxicosis according to H. Reckeweg) can be judged by external signs: pallor, lethargy of movements, reduced skin turgor, depression. The devices of the company "IMEDIS" allow you to determine the hepatotoxic syndrome (by the method of electropuncture), the presence of toxic loads and the most burdened organ, "acidification" of the body (by the method of ART). Indirect signs of slagging of the body are immunodeficiency, a decrease in adaptation indicators. The degree of slagging (homotoxicosis) of the body is determined by the level of the above indicators.

It is well known that the hardware diagnostic algorithm includes diabetes mellitus, electropuncture diagnostics, ART, and other research methods. As a result of the studies carried out, the specialist who conducts them receives data on the nosological form of pathology, on the functional state of organs and systems, and can assess the degree of damage to the body by the pathological process. In addition, hardware diagnostics allows you to determine the state of the general reactivity of the body, which indicate its resistance, the degree of immune disorders, the body's adaptive reserves. All these data are necessary for carrying out pathogenetically justified treatment and monitoring its effectiveness.

General principles of treatment. Difficulties in the treatment of psychosomatic diseases are caused not only by the complex pathogenesis of somatic and mental problems, but also by the peculiarities of the patient's perception of the onset and course of the disease. Therapy for this pathology should be comprehensive, combining effects on all links of pathogenesis.

According to the WHO, the level of health is 50-55% related to the conditions and way of life of a person. [2]. To obtain the maximum effect from the treatment, the patient should be convinced of the need to correct the formed life stereotype. For this, it is necessary to adhere to a certain rhythm and pace of life, work, rest. Smoking cessation is a must. Physical activity is important because it promotes the activation of blood circulation and metabolic processes.

Nutrition plays a significant role in the health of the body, because food is an exogenous source of information, energy and plastic resources. It is necessary to adhere to such general recommendations: rational separate fractional nutrition, limiting salt intake, excluding alcohol, fasting days, juice therapy. For each disease, taking into account the indicators of energy processes, body weight, physical activity, it is necessary to determine the quantity and quality of the necessary food and the rhythm of their use.

The psychological impact on the patient's personality follows. Negative emotions, depression, increased anxiety demoralize and demobilize the patient's personality. The doctor's task is to set an attitude (program) that sets sthenic (positive) emotions, mobilizes the mind, feelings, will for the necessary response and action.

Psychological problems can be solved with the help of resonant influences. Depending on the nature of psychological problems, one of the induction programs can be applied: stress, depression, overcoming fear, alpha rhythm, etc. A good result of influencing the structures of the brain and its functional activity can be obtained with the help of induction-frequency therapy with the placement of UMT on the head, along the spine, or on the projection of problem organs [7].

There are effective mechanisms for the regulation of impaired psychosomatic relationships using BRT and MRI [9]. When blocking the transmission of information, endogenous BRT allows you to restore information flows and their energy component. The effect is realized through the hypothalamic-pituitary system due to the regulation of bioelectric metabolic processes of neurotransmitters, activation of the immune, endocrine, and vascular systems. As a result, microcirculation, general and peripheral blood circulation are normalized, rheological properties of blood are improved, anti-inflammatory, desensitizing effects are formed [10]. An important mechanism of BRT action is the restoration of adaptation processes and immunocorrection. Thus, the effect of BRT can be called polyfactorial, polysystemic.

It should be noted that the effect of BRT, MRI, induction frequency therapy (ICT) is prolonged, enhanced and consolidated by the appointment of resonant homeopathic

drugs. Application resonant homeopathy - This whole direction in energy-informational therapy, which is developing and improving. Resonant homeopathic remedies can be prepared in accordance with BRT strategies, can be recorded on homeopathic grit from a selector, general and specific BR preparations can be prepared. They can be written in different potencies, in inversion. The possibilities of resonant homeopathy are truly endless [12, 13]. The appointment of resonant homeopathy depends on the nature of the pathology, the purpose of treatment, the effectiveness of therapy and the experience of the doctor who performs BRT.

In our practical work, we use various options for the preparation of resonant homeopathy, but we give preference to recording a general, if necessary - a particular preparation or preparation of homeopathy according to the fourth BRT strategy.

An important place in the treatment of psychosomatic pathology is occupied by antihomotoxic therapy. Its purpose is to detoxify the body, eliminate damage caused by homotoxins, regenerate tissues and organs, restore their physiological and functional capabilities [6, 11].

In our opinion, based on a fairly large experience, detoxification is effective through activation of the intestines (bowel cleansing, hydrocolonotherapy), skin (water and thermal procedures), stimulation of liver and kidney function (BRT, MRI, ICT) and with the help of drainage homeopathic preparations (depending on the disease, ONOM drains, Detox or Endotox preparations were prescribed).

Summarizing the above, we can formulate the general principles of the treatment of psychosomatic pathology:

- 1) the formation of the necessary life stereotype in the patient;
- 2) dietary regimen (including juice therapy, fasting days);
- 3) regulation of psychological processes (verbal, BRT, MRI, homeopathy);
- 4) pathogenetic energy-informational methods of treatment (BRT, MRI, ICT, resonance homeopathy);
- 5) detoxification (through the intestines, skin, liver, kidneys, with the help of homeopathic drugs).

Treatment results energy-informational methods of some common diseases. Here are the data (for the last 3 years) on the successful treatment of three diseases that belong to different functional systems, have inherent pathogenetic features, are treated by doctors of the general medical network mainly with various pharmacological agents.

In accordance with the above principles, 390 people were treated, aged 18 to 72 years. Hypertension (HD) stage II - III was diagnosed in 258. All patients were repeatedly treated by a therapist with a temporary improvement in their condition and a short period of blood pressure decrease. Almost all patients were constantly taking antihypertensive drugs and various pharmacological means of regulating cardiovascular activity. Treatment according to the principles of energy-informational therapy outlined above led to the normalization of blood pressure in 8-10 days. The improvement was especially noticeable after intensive detoxification and juice therapy.

Type II diabetes mellitus was diagnosed in 108 people. Most of them (78%) had the disease of moderate severity, with moderate manifestations of retinopathy and angiopathy. 12 patients had a severe degree of diabetes mellitus, with changes in the central nervous system (encephalopathy), on the retina (retinopathy), and in peripheral vessels. 6 patients had edema or swelling of the lower extremities, trophic ulcers on the legs. The treatment was carried out according to the principles given above. A decrease in blood sugar levels in the overwhelming majority of patients was observed by the end of the first week of treatment, with insulin-dependent forms of the disease - by the end of the third week. After another week, the blood sugar level was slightly above normal and by the end of the sixth week of treatment, almost everyone had returned to normal. Trophic ulcers healed in all patients within six to nine weeks.

Peptic ulcer of the stomach and duodenum (PU) was diagnosed in 24 people. All of them were treated by a therapist or gastroenterologist, the disease was confirmed by EGD data. In 4 patients, the disease developed against the background of erosive gastritis, in 2 there were signs of gastroduodenal bleeding (dark stools, anemia according to blood tests). It should be noted that 6 (25%) patients with ulcer had complications caused by antibiotic therapy (dysbiosis, intestinal dyskinesia, allergies), and they had to stop the prescribed treatment. These patients, first of all, underwent intensive detoxification, restored bacterial

intestinal flora and bowel function with a special diet, BRT methods and resonant homeopathy. In all patients with ulcerative disease, subjective symptoms of the disease disappeared after 2-3 weeks, and after another week, signs of elimination of the inflammatory process on the gastric and duodenal mucosa and scarring of erosions and ulcers (data from BRT, ART and EGD) were noted.

Each patient was assigned a course of treatment individually, depending on the nosological form, examination data, individual psychological characteristics. In the course of treatment, the patient's condition was dynamically monitored according to the data of diabetes mellitus, ART, CAB with subsequent correction of the course of treatment.

Evaluation of treatment results was carried out according to subjective (complaints, assessment of the effect of treatment by the patients themselves) and objective data: normalization of blood pressure in hypertension, normalization of blood sugar in diabetes, scarring of ulcers or improvement of indicators obtained with diabetes, ART, EPD, CAB. The results of the treatment are shown in table. 1. They testify to the good results of the therapy. None of the patients had any complications during and after treatment.

Table 1

Treatment results for some psychosomatic diseases  
energy information methods

DISEASE	Quantity sick	Treatment results		
		Means. improvement, %	Improvement, %	No change
Hypertensive grade II-III disease	258	68.2	31.8	-
Diabetes mellitus 2 type	108	89.2	10.8	-
Peptic ulcer	24	83.4	16.6	-
TOTAL	390	80.3	19.7	-

The long-term results of the therapy performed depended on the patient's lifestyle and on his psychological characteristics: melancholic, persons prone to depression, pessimists periodically demanded a second course of treatment, but shorter than the first one.

In conclusion, several fundamental statements can be made.

1. In contrast to the principles of applying the "gold standards" of evidence-based medicine, the therapy of the above psychosomatic diseases was carried out according to the immutable canon of ancient eastern and modern western medicine: to treat the patient, not the disease.

2. The human body is a highly developed system of self-regulation. Energy information methods of treatment make it possible to include self-regulation mechanisms in the processes of restoring homeostasis disturbed by the disease. These mechanisms are psychophysiologicaly determined, and therefore the indicated therapeutic measures aimed at their activation are effective.

3. The success of the treatment of the above psychosomatic diseases and various other pathology is associated with the effectiveness of a complex of therapeutic measures withusing energy information technologies developed by the IMEDIS Center.

#### Literature

1. Topolyansky V.D., Strukovskaya M.D. Psychosomatic disorders. - M.: Medicine, 1986. -- 256 p.
2. Chaban O.S., Khaustova O.O. Psychosomatic medicine (aspects of diagnostics and treatment). - WHO IN. "DST Ltd", 2004. - 96 p.
3. Mendelevich V. D. Clinical and Medical Psychology: Textbook - M.: MEDpress-inform., 2005. -- 432 p.
4. Kempe N. Psychosomatic diseases and the possibilities of the "IMEDIS" system // Abstracts and reports. XI International Conference "Theoretical and Clinical Aspects of the Application of BRT and MRI". Part I. - M.: IMEDIS, 2005. - S. 329-331.
5. Svyadosch A.M. Neuroses. - L., 1982. -- 368 p.
6. Reiss G. Antihomotoxic therapy of respiratory diseases // Biological medicine, 1997 - No. 1 - P. 19-23. Publishing house Aurelia - Verlag GmbH., Baden-Baden, 2005. - Germany.
7. Maslova M.G., Volodarsky V.L., Bobrovich L.N., Druchilo T.F. Psychological aspects energy-informational influences on the human body // Abstracts and reports. XI International

conference "Theoretical and clinical aspects of the use of BRT and MRI". Part I. - M.: IMEDIS, 2005. - P. 258–266

8. Smirnov K.Yu. Principles of discrete neurodynamics and their application to analysis biophysical signals // Telemedicine. New information technologies on the threshold of the 21st century. - SPb.: RAS, 1998. - Ch. 5. - P. 194–208.

9. Gotovsky M.Yu., Perov Yu.F., Chernetsova LV. Bioresonance therapy. - M.: IMEDIS, 2008. -- 176 p.

10. Shraibman M., Green M. Fine-field component in information medicine // Abstracts and reports. XIV International Conference "Theoretical and Clinical Aspects of the Application of BRT and MRI". Part I. - M.: IMEDIS, 2008. -- P. 79.

11. Kempe N. Cleansing the body and optimizing homeostasis as a prerequisite for health // Abstracts and reports. XI International Conference "Theoretical and Clinical Aspects of the Application of BRT and MRI". Part I. - M.: IMEDIS, 2005. - S. 318–329.

12. Gotovsky Yu.V., Kosareva L. B., Sazonova I.M. and other Resonant homeopathy. FM complexes and FM-special preparations, Meridian complex preparations, FM-meridian chords: Methodical manual. - M.: IMEDIS, 1999. -- 192 p.

13. Avanesova E.G., Avanesova T.S., Gotovsky M.Yu., Bocharov D.G. Fundamental the provisions of the theory of Yu.V. Gotovsky in the clinical aspect of modern medicine // Abstracts and reports. XIII International Conference "Theoretical and Clinical Aspects of the Application of BRT and MRI". Part I. - M.: IMEDIS, 2007. - S. 32–48.

---

M.G. Maslova, L.K. Kurtseitov, V.L. Volodarsky Solving the problems of psychosomatic pathology using energy-information technologies

" - M.: "IMEDIS", 2010, v.1 - P.36-46