The emergence of chronic foci and their treatment B. Koehler (Freiburg, Germany)

Summing up the results of all the studies of recent decades, we can say: the cell and the environment form a functional whole, but the environment controls the ability of cells to adapt (cf. Bruce Lipton). This aspect is essential for understanding the mechanism of regulation blockade. He is diametrically opposed to the idea that genes rule everything. The following comparison helps to understand this. The piano itself does not sound, but follows the movements of the pianist on the keys. A poorly played piece, as a rule, is not associated with the piano, but with the pianist (the diversity of life). A virtuoso pianist can play on a faulty instrument (constitutional weakness) even when a few keys are missing, so that others will not notice it. He'll just play those pieces

Health can be defined as "the ability to adapt as quickly as possible to changing environmental conditions."

In this case, the irritation of the adaptability of metabolism occurs from the outside, is determined by the environment. All loads can be combined under "outside" matrices. They force the cells of the tissue to constantly respond to a device, on the which is called gene regulation.

Already in this place it should be pointed out that in the constructed holographic ski the universe we live in has any number of correspondences. This means that the environment of our cells can be viewed as equivalent to our environment, that is, family, profession, friends, enemies, etc. - everything that constantly affects us.

However, this is not a one-way road. Friends, family, profession are not accidental, they were chosen by us. The living environment that follows from this is the product of our ideas, desires and emotions. Emotions, in particular, are often critical when it comes to decision making. Feelings and associated thoughts give emotions. They arise due to the coordination of both hemispheres of the brain. If they work synchronously, then we set something in motion - both good and bad. This aspect is often underestimated. With our emotions, we set in motion much more than we usually realize. Not wanting moves something forward, but an extremely strong feeling that is associated with it (desire for something new). If it is not there, nothing will change. Emotional action is like a robot. That, whoever goes through life this way - this can be called stupidity - becomes a plaything of his environment. Its influence on the formation of life is approaching zero.

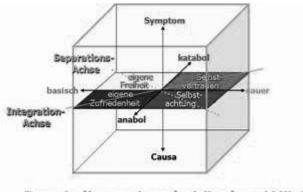
Pockets of disease also arise on the basis of certain emotions! At first this sounds somewhat strange, but it becomes clearer when one realizes that any change in matter presupposes an information flow. Information is a construct of a spiritual idea and the associated mental sensation. Information determines the material structure (puts into shape). But information matters to a person only when he walks

in resonance with her when he is interested in her. This requires some preliminary information (analogy). That is, a person has the right to information only if he already knows something from it. In relation to the fabric, this means that there is already something of it. As in society, money is for money, and poverty is for poverty, so similar things are accumulating more and more in the fabric. Therefore, they also speak of "accumulating diseases." This includes everything that is too much. This is countered by the phenomenon of scarcity, which can also express attitude. For example, an excess of calcium automatically leads to a relative deficiency of magnesium, with all its consequences.

According to the law of resonance in combination with holographic correspondences, we no longer need to search for too long what mental concurrence of circumstances is necessary for accumulating diseases or deficiency phenomena.

Max Luscher in his system of order, the 4-pole Luscher cube, used the concepts "receptively" for those who receive (accumulating), and also "directively" for those who bestow (waste). By applying this ordering system to various fourpole functional systems, interesting combinations are obtained. Accumulating diseases include all inflammatory diseases - from rheumatic clinical and morphological group up to allergies (as a result of overabundance - and satiety!). it shows the blue quadrant (anabolic-alkaline).

On the other hand, we see cancer, also as a consequence of accumulation in the yellow quadrant (catabolic-alkaline). The difference between the two forms of the disease is solely whether the environment contains many or few electrons. The electrical signal as signaling is a very interesting aspect!



Der 4-dimensionale Lüscher-Würfel

Dr Bodo Koeh

Rice. one.Various functional systems in the Luscher cube, the order system of viable medicine

We see deficiency states provoked by the patient himself in red and green. This is usually a consequence of a predatory attitude towards health, stress without regular breaks (red guadrant) leads to cardiovascular problems (a generous waste of energy). The pedantic manifestation of blunt principles (green quadrant) leads to hardening of the structure, for example, to urolithiasis, fibrosis, cirrhosis of the liver, etc. and with this

one-sidedness again to states of deficiency. In both cases, resources are wasted and restitution is neglected.

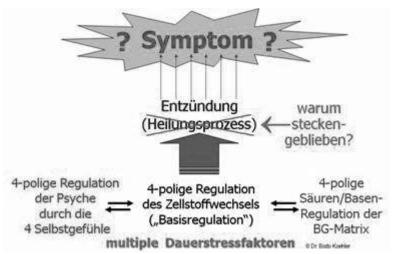
Whatever turn the case takes, it always hides ideas, intentions, goals and desires with corresponding emotions that lead to physical changes.

What is the body doing to deal with the matrix loads? Any foreign material and any focus provoke an inflammatory response to recovery, since only the immune system is responsible for eliminating these extraneous influences. True, it very often happens that the inflammatory process is not successful, lasts longer than usual and then becomes chronic. This is a consequence of the exhaustion of the system due to prolonged load. But the problem with this is not high demands, but the absence of interruptions, which makes regeneration impossible.

Rhythmic loads strengthen the system, long-term loads destroy it. Life is a rhythm.

Behind each symptom is an attempt at an inflammatory response to healing. Of course, usually any acute load should be relieved after 1 week at the latest. This one-week healing rhythm was very well described by stress researcher G. Selye. It begins with a 3-day anabolic shock phase (antibody production), most commonly associated with high fever, and then progresses to a 3-day anti-shock phase (macrophage phase, decontamination) with heavy sweating. Exactly after 7 days, this process ends - but only with healthy functional systems.

These processes are controlled by the 4-pole regulation of cellular metabolism according to Jurgen Cholet, however, in full interaction with the acidbase balance. Of course, here in no case should we neglect 4-pole psychoregulation, which is subordinate to all management processes. Multiple prolonged stress loads can place excessive demands on the cell-environment system and lead to collapse.



Rice. 2. Disruption of 4-pole regulation systems leads to symptom

Cellular metabolism is subdivided into anabolic activity (synthesis, antibody formation, regeneration), which occurs in the cytosol, and catabolic activity (energy production), which occurs

mitochondria (respiratory chain). This allows cell division and decontamination, among other things. However, both states should by no means be considered in isolation, they obey fuzzy logic (both). The catabolic process of disinfection is unthinkable without macrophages and enzymes, which must be synthesized anabolically. Regeneration and any other type of synthesis requires a lot of energy, which is produced catabolic. Thus, both processes are inextricably linked. Any consideration in isolation would be wrong.

Another aspect is membrane permeability. It plays almost no role in our medicine, which, of course, is a sin. Only due to the precise regulation of metabolism through the thinnest partitions, an incredibly high proportion of metabolism of 100,000 chemical reactions in each cell per second (!) Can be carried out. In the anabolic phase, the membrane permeability is increased, in the catabolic phase, it is reduced, which is absolutely logical. Thus, we clearly see how degenerative processes can begin in general: catabolic metabolism means closed membranes. Thus, anabolism, that is, regeneration stops and only catabolic metabolism prevails.

Of course, this has far-reaching implications. In the presence of "ozov", for example, arteriosclerosis, arthrosis, as well as osteoporosis, all catabolic active substances are contraindicated. This is also logical, but which ones relate to them? For example, cortisone. Its side effects are known and confirm this conclusion. True, little is known that calcium has an effect similar to that of cortisone. This is the only reason why it can be successfully used for allergies. It closes membranes, by the way, even mitochondrial membranes, and thereby immediately stops the respiratory chain of energy metabolism. Of course, it is unfavorable that with prolonged use, the cells are thereby agitated. Research in the United States has shown that cancer cell growth can be detected in this way. Still, calcium is used to treat osteoporosis? Probably worth

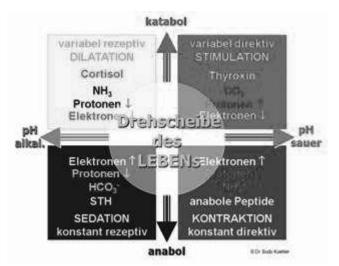
inquire about the mechanism of this strategy. Anyone who understands the principle of regulation of metabolism, he uses anabolic magnesium in osteoporosis and many other degenerative diseases, avoiding calcium (!). Nothing more can be said about this complex problem within the framework of this article (see references).

Excessive local requirements on the tissue, for example, by loading the focus, lead to an anabolic disruption of cellular metabolism, because one, two or even all 3 hormones that regulate cellular metabolism are present in insufficient quantities in cells or cell nuclei (cf. J. Cholet, Fig. 3). Since this testimony is critical to understanding the entire process, these critical points should be re-worked.

Essential and unconditional for the emergence of chronic areas of inflammation, which have the character of a focus, are permanent excessive loads (primarily due to emotional stress!) And the resulting deficiency of regulators in the cell and the cell nucleus.

As a consequence of prolonged exertion, this condition would subjectively lead to chronic fatigue and decreased performance. If this symptomatology is accepted by the patient, then it should be assessed as especially unfavorable, since it remains in anabolic state and can no longer be corrected. If this continues for a long time, then not only the general tendency to inflammation increases, but also pains and allergies. Further, there is a tendency towards obesity.

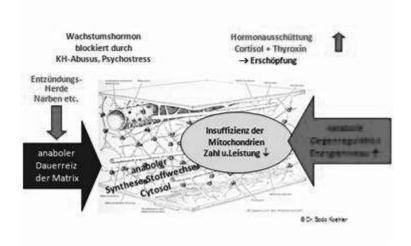
As long as the possibilities of regulators exist, the body tries compensate for this load and regulate it, increasing catabolic activity. But then it can also lead to unpleasant subsequent symptoms, such as heart rhythm disturbances, hypertension, profuse sweating, etc.



Rice. 3.Potter's wheel of life (according to Bodo Köhler)

Anabolic disturbance of cellular metabolism additionally leads to further changes in the system of basic regulation itself. 4-pole circuit in fig. 3 shows the obligatory relationship of cellular metabolism with acid-base regulation (through charge carriers). Thanks to

correspondences in Luscher's cube can be immediately considered subordinate regulation through the psyche. Chronic inflammations can be found either in the blue quadrant (with tissue edema, such as rheumatism) or in the green (dry inflammation). Associated with them is alkalosis (blue) or acidosis (green), which, however, no longer obey biological rhythms in order to be able to be regulated depending on the load. Alkaline conditions mean regeneration, resting phase and fatigue, which is especially desirable at night. In the morning, you should switch to sour in order to achieve a state of vigor, efficiency and stress resistance. This circadian rhythm is essential for maintaining health. But if it does not exist, then there is an immobility of regulation in the matrix with all the consequences of degenerative changes, because almost all enzyme systems function depending on the pH.



Rice. 4.The emergence of a focus through local long-term loading of the system

In practice, it is very common that patients complain of catabolic symptoms such as nervousness, hypertension, Angina pectoris, cardiac arrhythmias, as well as chronic pyelonephritis, and the therapist tends to treat these symptoms with "appropriate" countermeasures. In many cases, beta blockers would actually help and lead to instant pain relief. But is this a cure?

This catabolic symptomatology, which is understood as counter-regulation, always, as a rule, hides an anabolic disorder with a focal character (locally), or the sum of several such loads, for example, scars, foreign bodies, remnants of inflammatory processes, etc. It is believed that they can be detected and sanitized according to a certain hierarchy (pre-check for priorities). How this should be done is up to everyone to decide individually. In isolated cases, it can also be an operation, if we are talking, for example, about a tooth granuloma.

Already after the sanitation of the first foci, the catabolic symptoms spontaneously disappear. Sometimes after the first sessions. After all, if the sum of the loads is compared with the well-known barrel, which is overfilled with the last drop, then any withdrawal can stop this process. The barrel must not be emptied completely. It would be uneconomical and unnecessary. But the most important unloading should be done.

From this point of view, it also becomes clear why amalgam debridement is advisable, even if the patient has no signs of intoxication. Then this is prevention and therapy in one. Reducing the catabolic counter-regulation saves the reserves of regulators and thus represents a real contribution to maintaining health during a long life. From this point of view, diagnostics of the lesion, sanitation of the lesion, and revitalization of cells and the environment (ZMR) receive a much higher value.

Practical reorganization fields interference at stock appropriate education and the necessary equipment is almost commonplace, although for each patient the sanitation is completely individual. Already a general overview gives a thorough history. Any trauma, as well as any oppressed healing process (antibiotics, antipyretics, antirheumatic drugs) provide important information. General condition gives us information about cellular metabolism. Fatigue, lethargy, depression and similar disturbances in well-being reveal permanent anabolic disturbances. With the carried out catabolic counter-regulation, excitement, anxiety, sweating, insomnia dominate - with and without the participation of the cardiovascular system.

This general impression can be verified using measurement methods such as decoder, thermoregulation diagnostics, DFM, etc. and most often gives information about the main loads. But even without devices, for example, using kinesiology, you can get a clean diagnosis of the focus. Nosodes can also help on specific issues.

Metabolism can be measured with instruments such as STT (combined with kinesiology or biotensor), or SRT and similarly functioning methods.

Thus, in principle, the diagnosis is complete. The time spent is minimal (minutes), the result is reliable. Nevertheless - we still do not know the reason! In the beginning, I talked about subordinate psychoregulation. Anyone who really would like to cure the cause and start the real healing processes, he must thoroughly consider the correspondence between the psyche and the soma. This is not difficult at all, but easily done using the Luscher color test.

With physical symptoms, it is not about the consequences of mental mismanagement, but about its expression.

This difference is significant because everything happens at the same time. Just as an embittered person distorts his face and happens with his fist, so we must understand the interference fields in the body as frozen emotions. There, early conflicts appear, which, by repression, slide into consciousness and therefore can no longer be resolved. Interference fields show the same characteristic - they are silent and not so easy to detect, but they show remote action.

Anyone who wants to heal according to the rules LKM, Viable Medicine, for that there is no question at what level he should approach the patient. In principle, all 3 aspects of life can be covered diagnostically and therapeutically - psychoregulation, regulation of cellular metabolism, as well as a matrix with acid-base balance. All three levels are interconnected, so that from one aspect one can conclude about the other two. This makes complex processes in the body visible again. This simplifies diagnosis, as does therapy. Yes, we can even automate a lot, because the body functions according to clear patterns.

How should one imagine such a bioenergy treatment? This is possible only because the body regulates the input of information (Input) through sensitivity. Under excessive load, it can switch to an uncontrolled increase in performance.

By stimulating catabolic metabolism, the proportion of metabolism in the cells of the inflammatory area increases. This applies to tissue as well as cells of the immune system. Thus, the process is activated again, which can sometimes be perceived by the patient in the form of mild pain or a feeling of warmth. These are the best signs for the elimination of anabolic metabolic disorders. After that, the path for complete healing with tissue regeneration becomes free. At the same time, the symptoms of catabolic counter-regulation disappear. This is quite often it succeeds already with the first treatment. Only sometimes it is necessary up to 3 sessions.

The old understanding of treatment by the forces of nature in such a way that most pains are caused by deposits in the tissue and disappear only when appropriate cleansing measures are taken, proves not only its correctness, but is additionally substantiated by new scientific knowledge. True, in this case, the load on the focus is a peculiarity, because it is concentrated on the described area and remote influence is possible. It is essential that the cause is taken into account at the same time, and thus real healing can occur. Therefore, the 3 aspects of human existence necessarily interact. Spirit guides matter. Fabric changes follow our desires and actions. This knowledge is, in fact, progress in medicine. Can't be the goal to constantly discover new facts with the help of which only scientists can start any research. Life is made up of connections and possibilities that occur between facts. Life is dynamic, change and constant new beginning. This is reflected in TCM, which is thousands of years old, as well as in modern quantum physics. Therefore, real progress is manifested in the scientific renewal of the old eternal knowledge thanks to quantum biophysics and mastering with the help of modern diagnostic and therapeutic methods with the involvement of subordinate regulatory self-government of the psyche. This is the only way to get a kind of wholeness. Therefore, real progress is manifested in the scientific renewal of the old eternal knowledge thanks to quantum biophysics and mastering with the help of modern diagnostic and therapeutic methods with the involvement of subordinate regulatory self-government of the psyche. This is the only way to get a kind of wholeness. Therefore, real progress is manifested in the scientific renewal of the old eternal knowledge thanks to quantum biophysics and mastering with the help of modern diagnostic and therapeutic methods with the involvement of subordinate regulatory self-government of the psyche. This is the only way to get a kind of wholeness.

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