

Problems of the ART method

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Today, many doctors cannot imagine life and work without a vegetative resonance test (ART). It's nice to read and hear about the successes of colleagues working with this technique. It inspires and helps to work. At the same time, I consider it necessary to pay attention to the problems and difficulties faced by doctors using the ART technique. For success does not come instantly, but sometimes it is achieved through trial and error, and sometimes on the verge of despair. Whoever worked knows what I'm talking about.

All ingenious is simple. This is true. And at the same time, it requires a lot of work, knowledge and courage to demonstrate what is achieved by everyday diligence.

The FIRST thing a novice doctor encounters is the choice of a biologically active point (BAP) that is suitable for its parameters. There is only one recommendation - to train to "calluses" on your hands. This is the only way to feel the "point" and the difference between the answer "yes" and "no". A musician is fluent in the instrument if he exercises daily. The same thing happens with ART. Daily practice will lead you to "feel" the point with your eyes closed.

SECOND - the choice of the research algorithm. The task is determined by the purpose for which the patient came to you. Your task is to answer a specific question of the patient and convincingly "show" him the possibility of solving those health problems that he may not even know about. For if you carry out a "brilliant" diagnosis, but do not answer his "little" question, consider that you worked in vain.

THIRD - testing itself. It is important to remember here that our method is called VEGETATIVE RESONANCE TEST. Here the key word "vegetative". In practice, we assess the state and dynamic change of the autonomic nervous system. It doesn't matter how much information you look at and what infections you find. The human body is a constantly changing environment. And tomorrow's test will already be somewhat different from today's, it is important to recognize the main thing. And the ART method gives us such a unique opportunity. We can investigate the human body at the deepest and most subtle levels, those that are not available to other laboratory and clinical methods, which allows us to identify and establish causal relationships that led a person to disease.

But there is also a problem here. Many physicians today are not in the mood to think clinically and tie the results together. It is rather a problem of today's medical education and the health care system in general. A lot of narrow specialists are being trained who know their job perfectly. But, as one of my colleagues said, the problem is that there are a lot of "specialists", and doctors few.

A doctor using ART must know a lot, think creatively and constantly learn. An attempt to "squeeze" a person into the so-called medical "standards" will not lead to anything good. Each patient is a unique combination of internal and external factors leading to illness.

The ART method allows you to identify and eliminate them, incl. the causes that give rise to them. Wasn't that what the father of medicine was talking about: "There is no reason - there is no disease."

Of course, you can work differently (for the benefit of your wallet), surprising patients with "special effects". For example, to change the hormonal background of the body or relieve inflammation, spasm. Stunning effect! The methods of the Center "IMEDIS" allow you to do this quickly and easily. However, when you have a cannon (ART method) at your disposal, it is foolish to kill flies with it. When we can identify and eliminate the causes that led a person to the disease, which requires much more effort, time and knowledge, we must do it. But these are already questions of morality. And morality and business, as they say, are incompatible. Here, I urge physicians to remain physicians in the broadest sense of the word, without succumbing to the temptation to "impress" and / or "make money." Your patients will speak for you!

FOURTH - the discrepancy between the test results and clinical methods. Sometimes patients do not trust the research and look for "confirmation" in other methods. It is important to understand and explain to them that our methods reveal pathology, both current and preclinical forms, which may appear after some time. Each technique has its own sensitivity, specificity and reliability of the method. Consider this.

FIFTH - environmental friendliness. We are obliged to take care of patients, but as the ancients said: "doctor, heal yourself." Reasonable working hours and applying the same techniques to yourself will help you maintain good health and performance for years to come.

SIXTH - PS I consider it expedient to hold seminars on the problems of the ART method, because this article reflects only part of the real problems.

Good luck to you, colleagues!

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