

Prevention and treatment of major pathological conditions
with the help of an individual anti-stress drug
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The idea presented in the article is to create and use an individual anti-stress drug without side effects. As you know, the main generalized nonspecific reaction of the body to the action of various factors is stress. It is characterized by staged nonspecific changes in the body, activation of protective processes and an increase in its general resistance with a possible subsequent decrease in it and the development of pathological processes, diseases and disease states. In the process of development of a stress reaction, stages are conventionally distinguished - anxiety, resistance and exhaustion. The stage of exhaustion is characterized by a disorder of the mechanisms of nervous and humoral regulation, the dominance of catabolic processes in tissues and organs, followed by a disruption of their functioning. As a result, the overall resistance and adaptability of the organism decreases, and its vital activity is disrupted. That is, the cause of the main pathological conditions is acute and high in strength, or chronic stress. Based on the above, the creation of individual anti-stress drugs without side effects and a wide range of applications in all age groups is one of the most urgent works at the present time. The drug will consist of a combination of resonant homeopathic, pharmaceutical and phytotherapeutic components. The homeopathic component works at the level of physical fields, pharmaceutical with molecular and supramolecular structures, phytotherapeutic with cellular-organ or chronic stress. Based on the above, the creation of individual anti-stress drugs without side effects and a wide range of applications in all age groups is one of the most urgent works at the present time. The drug will consist of a combination of resonant homeopathic, pharmaceutical and phytotherapeutic components. The homeopathic component works at the level of physical fields, pharmaceutical with molecular and supramolecular structures, phytotherapeutic with cellular-organ or chronic stress. Based on the above, the creation of individual anti-stress drugs without side effects and a wide range of applications in all age groups is one of the most urgent works at the present time. The drug will consist of a combination of resonant homeopathic, pharmaceutical and phytotherapeutic components. The homeopathic component works at the level of physical fields, pharmaceutical with molecular and supramolecular structures, phytotherapeutic with cellular-organ pharmaceutical and phytotherapeutic components. The homeopathic component works at the level of physical fields, pharmaceutical with molecular and supramolecular structures, phytotherapeutic with cellular-organ pharmaceutical and phytotherapeutic components. The homeopathic component works at the level of physical fields, pharmaceutical with molecular and supramolecular structures, phytotherapeutic with cellular-organ structures. Multilevel action is most effective in treating this problem. The pharmaceutical element will consist of glycine (with individual selection of the dose and frequency of administration), the resonant homeopathic component includes caffeine D0-50, adrenaline D0-50, norepinephrine D0-50, glucagon D0-50, thyroxine D0-50, triiodothyronine D0- 50, corticosterone D0-50, the selection of the necessary potencies of these stress hormones is carried out using ART. Phytotherapeutic will include original Tibetan herbal teas with a pronounced antistressor effect (with individual selection of dose and frequency of intake). All these substances and their combinations have a pronounced anti-stress effect aimed at optimizing functions stress-initiating systems of the body, with practically no side effects. These components can be combined into a common dosage form in the form of lozenges and sublingual tablets with a pleasant taste, to reveal the full therapeutic effect, or separately. Correction of therapy will occur with the help of a test of indicators of stress reactions and changes in the activity of the organs of the endocrine system.

We have carried out preliminary studies on the effectiveness of this preventive and therapeutic drug, which have shown good results.

In the future, with a consistently good efficiency, it is possible to establish the release and introduction of a biological active additive with a pronounced

anti-stress action without side effects.

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