

The use of BRT in the treatment of spondylolisthesis

A. Musaev
(Athens, Greece)

Spondylolisthesis is one of the most difficult diseases to treat, which is an absolute vertebral absolute contraindication for manual therapy, recurrent after surgical treatment, is often accompanied by neurovascular dysfunction, compression radicular syndromes, personality neuroticization, complicating all stages of medical help - from diagnostics to rehabilitation.

Soft tissue manual techniques therapy special methods kinesiotherapy, individually manufactured orthopedic aids and other modern methods of care for patients with spondylolisthesis do not give satisfactory results.

BRT was first used in a patient with a complex clinical syndrome based on L4-L5 spondylolisthesis, with a palliative purpose. The BRT method was used, general and specific BR preparations were made. The result of one procedure was unexpectedly stable - the patient felt better for the next three days. The next 9 procedures were carried out with an interval of 1 time in 3 days, but the regression of symptoms was no longer so pronounced.

Three weeks after the end of the course of therapy, the patient's state of health and motor abilities were even better than immediately after the end of therapy.

Over the past 3 years, another 12 patients with a verified diagnosis of spondylolisthesis have been treated with the BRT method.

In all cases, a positive and sustainable clinical effect was achieved. Magnetic resonance imaging was repeated in three patients. Along with the improvement of intervertebral relations, the degree of prosthesis was noticeably reduced. In all 7 cases, the displacement of the vertebral bodies did not exceed one third of their size.

Conclusion: bioresonance therapy can be recommended as a promising method for treating vertebral patients with spinal dysfunction, including spondylolisthesis. Most likely, BRT provides normalizing action on the relationship antagonist muscles, participating in active fixation of spine, mainly due to relaxation of hypertonicity.