

Treatment of menstrual irregularities with BRT

taking into account the time of activity of the meridians

I.V. Smagina

("Center for Energy Information Medicine", Samara, Russia)

From the point of view of Chinese classical medicine, the problem of menstrual irregularities is a deficiency of the kidney meridian. In such patients, in addition to complaints about a change in the cycle, there is hypotension, complaints of chills and chilliness of the legs. The usual complaints of the kidneys (swelling, pain and heaviness in the lower back, dysuria) may not be present. Urine tests may also be normal.

Examination by the ART method in women was found to have a depletion of the endocrine system of 3-5 degrees. Lack of hormones of the thyroid gland, adrenal glands, pituitary gland: in 20% of cases it was associated with chronic urogenital infections: chlamydia, ureaplasma, Trichomonas, in 50% of cases - with disturbance of intestinal flora, biliary dyskinesia, in 10% - with geopathogenic and electromagnetic load, in 20% - in mental stress. The treatment plan included:

1. Elimination of loads.
2. Treatment of infections with resonance frequency therapy.
3. Bioresonance therapy.

BRT was carried out on specific days and specific hours. According to the TsZY-U-LYU-CHZHU method, every day corresponds to the activity of a meridian. And within the day, every two hours also correspond to the activity of a certain meridian. BRT can be performed in various ways:

1. Ideally, BRT should be done on the day of kidney activity from 17-19 hours (time activity of the kidneys). It is possible along all the meridians, it is possible along the kidney meridian.

2. BRT to carry out on any Yin day, also from 17-19 hours (time to take local).

3. If there are problems with the onset of ovulation, three days before the expected ovulation period, BRT is performed at any Yin time, the kidney canal is selected, the frontal electrodes are placed on points J (XIV) 4 guanyuan and T (XIII) 4 min-men (under the spinous process of the second lumbar vertebra). According to this regime, BRT conducts three days in a row. Monitor the onset of ovulation by rectal temperature or an ovulation test.

This method was used to treat 18 women, 14 of them fully recovered their cycle. The follow-up period was 6-8 months.

I.V. Smagina Treatment of menstrual irregularities with the help of BRT, taking into account the time of activity of the meridians

- M.: "IMEDIS", 2009, v.2 - P.254-

255