

Some results of diagnostics and treatment of psychological stress

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The clinical experience accumulated over the years of working with patients in the family diagnostic center allowed us to form our own opinion about the role of psychological problems in the formation of chronic diseases.

Long-term observation and work on the ART method gave new interesting data on this topic, which made it possible to identify some patterns that helped to improve the quality of their correction.

Diagnostics using the ART method allows you to form a chain of disease (or ART diagnosis) taking into account many factors. The internal picture of the disease includes both environmental and infectious factors (congenital and acquired), and metabolic disorders, and food intolerance, and a deficiency of vitamins and minerals.

In addition, in the overwhelming majority of patients, psychological stress is included in the picture of the disease.

As a result, all patients who come for treatment are divided into 2 groups. Patients of the 1st group solve the problem with which they turned, after which they are treated sporadically, as needed. They remained patients of the doctor's clinical practice and continued their visits in the same mode (450 people, initially examined per year, 65% of the total number of visitors), with the solution of the problem within 3-4 months, who were then able to maintain and stabilize their condition with their own resources. ... Of these, 5% were long-term walkers with episodic attendance, the recovery rate, which correlates approximately as 1 per month of recovery for 1 per year of the previous chronic illness. A separate group of them are those who applied once (15%) for a diagnosis and who cannot be corrected by the methods of BRT, ART. They were sent to surgical, oncological and psychiatric hospitals. As well as hormone-dependent and patients of extreme exhaustion who need inpatient treatment with a purely medication.

The goal of treating patients of the 2nd group (35% of the total number of visitors, 250 people initially examined per year) was, after the initial examination and stabilization of the state, to maintain the stability of the adaptive work of the body, as well as to solve psychological problems. It is the psychological constitution of a person and its resource capacity that is the basis for human health, the foundation for self-realization and business success.

The prerequisites for this work were the observation of a number of patients whose neuroendocrine system was, as a result of the first stage of treatment, in a stable state. But after solving the problem, they prefer to continue scheduled observation with an interval of 3-5 weeks and move on to the second stage - support and stabilization of functions. At the same time, functional periodic disorders of the neuroendocrine system and the musculoskeletal system were determined in patients of this group. Patients of this group, even at the first stage, often needed brain rhythm programs - stress, depression, overcoming their fear, etc.

programs of brain rhythms, the degree of psychological stress decreased.

But with the onset of self-realization, there was a deterioration in mood, anxiety, a sense of fear, a sense of guilt when performing an ordinary life scenario. This was what caused the observed periodic destabilization and dysfunction of the neuroendocrine system and, correspondingly, the deviation of the correlates of behavior. There was a depletion of the motivational sphere, the appearance in the hierarchy of motives of the main destructive motive - "I need to get well", a change in the direction of the client's event series, avoidance of decision-making.

That made it possible to draw a conclusion about the connection between the client's problems and psychological stress. At the same time, there was a certain need to visit a doctor and the need to share their experiences.

That required, in order to clarify the internal picture of the patients of the 2nd group, to include in it typological characteristics of the indicators of the psychological constitution of a person and to identify the influence of psychological stress on the client's condition by the method of FTC by the psychologist of the center.

So using test pointers KDT, we we get an additional tool that allows with a high degree of reliability to determine the pathological adaptive reaction of a person's psychological makeup, often hiding under the guise of other diseases and often not being tested directly, on ART indicators or using other diagnostic chains.

The revealed relationship between exhaustion, functional disturbance of the neuroendocrine system and deviations in human behavioral reactions allows the center psychologist to analyze and model correctional compositions based on the individual constitutional characteristics of the patient's psyche. And also to carry out a multilevel intervention with BRT methods of correction of the neuroendocrine system, in order to form correlation with behavior. This entails changes in thinking, human activity, reactions to him around him "from renovating an apartment" to "getting a new job."

The fact is that at the first stage, the doctor most often proceeds from the level of the patient's personal experience, which determines the internal state and well-being. Psychological problems of this level lie on the surface and are solved by our methods of correction with various private sets of homeopathic medicines that support the adaptive state of the patient for the period of the disease, even if the effect of the sets is short-lived. Such a short duration is in patients of the 1st group (one month for one year of chronic disease). Which satisfies the need for support before moving to the capabilities of its own resources.

But, the deeper in the level of the psychological constitution is the problem that aggravates and chronoses the disease, the more difficult the problem is to detect and the more difficult it is to correct it. When a person feels weak and unbalanced in himself, due to the manifestation of individual characteristics of the psychological constitution, then the usual sets homeopathic preparations according to the scheme "FM-meridians - Drainage complex preparations - BSD" do not bring the expected result. A person cannot "raise himself to his feet" on these sets. In these cases, it is required

reinforcement at a deeper psychological level.

Practically healthy, he retains the observed flaws at the psychological level and goes to the 2nd group, under the further supervision of the center's psychologist. When conducting a survey by the method of KDT and Chronosemantics, the psychological constitution of a person is analyzed. The possibility is modeled not only to cancel the negative state of the psyche, but also to include in the patient's individual composition the components of energy-informational adaptation that form a positive vector model of the future event series. Then we influence the human habitus in order to restore the lost functions of the neuroendocrine system, anxious and dependent forms of behavior, purposefully shaping the circumstances for changes in the direction of the most optimal plan for self-realization.

Such an influence puts a person in front of a choice on the path of self-realization, which in itself is a change in the direction of the motivational sphere.

As a result, we get the opportunity to obtain the necessary insight and reconstruction semantic structures. Interactions with the circumstances of the and the outside world that caused the pathological internal adaptive response, can to be compensated for by a new opportunity purposeful self-realization in conditions influence compositions homeopathic kits and systemic spiritual adaptations.

In the future, it should be borne in mind that not all issues have been resolved yet. Psychological counseling practice shows that the scenario the correction process, from the point of view of our group of employees of the family medical center, should also contain the formative circumstances that support the patient in conditions of an adaptive response.

Thus, we ignore the states that have arisen under the influence of the general field of meanings formed in the course of fulfilling the role of the family scenario, as well as generic dynamics and business events. Detected such cyclical reactions have cumulative causes in chronobiological predisposition and in the individual program of self-realization of the personality in the series of events of the person. These internal neurotic reactions are outwardly little expressed, stable, but they are diagnosed by the KDT method, corrected by homeopathic compositions with the inclusion of SDA and correctors of the patient's life scenario.

These cyclical reactions caused the observed periodically deviating behavior due to psychological stress and the quality of contacts with the world around him, supported and experienced by the person himself. When analyzing the problem, we observe that the patient, being in the circumstances of the problem situation, is forced to react to the cumulatively formed event series of the life scenario in a negative (unsuccessful) or positive (successful) way, depending on the availability of his own resources. And if this scenario is negative, the patient does not even realize that this is only one of the possible variants of the event series and

therefore it cannot get out of it on its own.

Psychological practice of application methodology KDT, methods Chronosemantics, BRT correction, showed that in a number of cases due

using the compositions "private homeopathic set - systemic spiritual adaptant - corrector of cyclical reactions of a person's life scenario" the client breaks the "circle of problems" in which he finds himself and leaves the negative scenario of his life.

In the 2nd group of patients, depending on the characteristics of their psychological constitution and taking into account the event series of the life scenario, in a number of cases, a division into two streams was observed. The first stream (70 people) received compositions according to the scheme of short intake 3 times a week for 12 sessions of correction, and then a way out of the negative scenario was observed. The second stream (180 people) received the compositions according to the long-term intake scheme once a week for 12–15 sessions, after which the state was stabilized.

The assimilation and consolidation in memory of positive (successful) programs of self-realization, formed under the influence of compositions, had an effect on a high level of psychological systemic regulation, thereby controlling the processes of systemic reparation, compensation and regeneration.

Experiencing the newly lost states of peace, spiritual harmony, joy and enlightenment, the patient receives the need to realize them again and again. These states expand the impoverished motivational sphere, complicate the hierarchy of motives, and form changes in the patient's life scenario.

Hence, we conclude that the use of electropunctural diagnostics and methods of bioresonance therapy is relevant in the practice of correction.

First, it makes it possible to identify with the help of test indicators ART and CDT: typological characteristics of the psychological constitution of a person and to determine the scheme of individual initial potentials of circumstances, including in the neuroendocrine subsystem of the human body.

Secondly, with the help of the compositions "homeopathic set - SDA - life scenario corrector", according to certain schemes, influence the patient's character and assist him in finding the optimal means of self-realization.

Thirdly, taking into account the influence on the normal adaptive response exerted by internal chronobiological characteristics and external event series. Such circumstances of the event series as family-role scenarios, generic dynamics and business contacts. Facilitate through the resourcing of an individualized program

self-realization of the individual in the development of a protective attitude of the client to the problem situation.

The use of compositions allows the patient to correlate the changes in the surrounding world in accordance with the change in his internal picture of the world, due to the imposition of the general positive dynamics of the collective field of meanings.

It appears expedient use drawn up homeopathic compositions and the resulting scheme for solving human event problems.

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