Runes as a variant of the system of spiritual adaptations I.A. Bobrov (Center "IMEDIS", Moscow, Russia)

The rune system is a Scandinavian mantic system that describes the development of any process, including human life. This is a kind of "northern" version of the Chinese "Book of Changes" "I-tsin". Only instead of a sequence of traits - yin or yang - a sequence of symbols is used here. Each such symbol can be considered as archetypal in relation to any situation, including the life of a person, which was used by the Scandinavian shamans when conducting fortune-telling procedures. At the same time, both the meanings of "straight" ("not inverted") runes, and "inverted" runes, symbolizing the situation, the opposite, or negative, relative to the situation symbolized by the straight rune, were considered.

In addition, it is known that the same runic symbols were successfully used to achieve the goals symbolized by a particular rune, for which the necessary rune symbols were applied to cult objects, weapons, doors and other objects. Often, a series of runes were applied to the subject, symbolizing a complex task, consisting of a number of simpler tasks.

Electromagnetic copies of the runes placed in the selector can be used in two ways. First, with positive testing

in relation to this or that test-indicator, symbolizing a certain problem, or in relation to the organism as a whole, these copies can be used as a therapeutic energy-informational preparation. This drug can be used both independently and in conjunction with other drugs, including spiritual adapters. In this case, testing of drugs should be carried out both in the "direct" version and in the "inversion".

On the other hand, the fact of positive testing of an electromagnetic copy of a particular rune must be taken into account in terms of its meaning, both direct and "inverse". Positive testing of a copy of a particular rune in "inversion" can and should be interpreted as testing an "inverted" rune. Thus, the fact of positive testing of a rune with a "favorable mantle value" relative to the problem being solved should be considered as a prognostically favorable sign. Positive testing of the "unfavorable" rune or "favorable" rune, but in inversion, should be considered as a prognostically unfavorable sign. At the same time, it is necessary to take into account the meaning of the tested symbol, which can provide valuable information about the nature and nature of a difficult situation and help to choose a way to overcome it.

Energy-information drugs obtained from such testing should be used by selecting the optimal potency, for example, by "targeting" according to the KMX marker.

1. Ur, Uruz - Rune of strength; Power, masculinity; Wild bull; The beginning of everything.

Runa Uruz symbolizes the release of energy, including creative; unlimited potential, endless possibilities; renewal, sudden changes.

In the "inverted" ("inverse") state, the Uruz rune symbolizes stagnation, "waterlogging", lack of power, "de-energization" (or its incorrect application, when the force turns against its owner), lack of courage (or wrong or out of place its application).

2. Ters, Turisaz - Clearing the way; Gate; God Thor; Victory, efficiency; Blessing.

Runa Turisaz symbolizes the awakening of strength and initiative, active protection.

In the "inverted" ("inverse") state, the Turisaz rune symbolizes weakness, a warning against hasty, forced actions. This is the rune of "non-action": before doing it, you need to think, "do not seek to leave where you have not yet entered."

3. Ass, Ansuz - The mouth of creation; Signs; Rune of the messenger; God Loki.

The rune Ansuz symbolizes the receipt of gifts and signs, the creative and mental expression of the spirit, unity with the divine, good luck.

In the "inverted" ("inverse") state, the Ansuz rune symbolizes an interrupted connection, a lack of information, a lack of clarity or awareness, a lack of luck at the moment.

4. Raid, Raido - Rune of movement; Road, journey, direction; Communication, union, reunion.

Runa Raido symbolizes purposeful movement; communication and harmonization; reunion, regularity; control and direction, rhythm and balance; cyclical development; balanced judgment; expansion of consciousness.

In the "inverted" ("inverse") state, the Raido rune symbolizes a gap, a wrong direction of movement or applied efforts.

5. Ken, Kano - Inner Light; Disclosure, fire, torch; Update, clarity.

Rune Kano symbolizes the inner light that gives illumination; clarity of thought, analytical skills; clarity of view of the situation.

In the "inverted" ("inverse") state, the Kano rune symbolizes an inadequate understanding of the situation; violation of mutual understanding; termination of the partnership.

6. Gebo, Gifu - Gift; Gift of time; Partnership; Effective interaction.

The Gifu rune symbolizes giving and receiving, a fair exchange. The Gifu rune does not have an "inverted" position, but in the "inversion" it symbolizes the absence of the above qualities in this situation.

7. Viña, Vuno - Joy, light; The culminator.

The rune Vunyo was considered by the rune shamans to be a "wish-maker".

Symbolizes the potential of the all-encompassing power of love; correct calculation, release of personal energy; exclusively personal strength that brings delight in the struggle for perfection; unconditional love, climax, orgasm, joy of satisfaction. Helps to determine the best time for action in order to obtain the best results, to bring the conceived to the optimal result.

In the "inverted" ("inverse") state, the Vunyo rune symbolizes the approach of a crisis, trials leading to new realizations.

8. Hagal, Hagalaz - Incarnation in being; Destruction; Elemental forces; Grad.

Rune Hagalaz symbolizes developments, not controlled individuality, dramatic changes, release, restoration of lost balance; expression of the principle of evolution, enclosed in a rigid structure; focusing and transformation of primary energies into an ordered structure, a radical rupture. This is the rune of the primary crystal.

The Hagalaz rune does not have an "inverted" position, but in "inversion" it can symbolize a lack of structure, balance, untimely attempts to break.

9. Nautiz, Need - Time rotator; Need, compulsion; Suffering. The rune Niid symbolizes harsh coercion, pressure, difficulties, suffering, the power of embodiment in physical reality under their influence, resistance, self-generated energy; endurance;

self-sufficiency; stress; the crisis.

In the "inverted" ("inverse") state, the rune Niid symbolizes trials, the great teacher, the illusion of limitations; the pressure of the Shadow, that is, the negative complexes of a person, which integrates his integrity.

10. Iss, Isa - Stop; Loss; Ice; Formation.

The Isa rune symbolizes stagnation, obstacles, ice; stopping the driving forces. At the same time, it is a symbol of supporting and preserving strength, stability and immobility; inertia, concentration of purposeful intention; compression, seals, preservation of the traversed. These are symbol of inner strength; self-restraints; crystallization.

The "inverted" position of the Isa rune is not sweats, but in the "inversion" can to symbolize the lifting of restrictions, as well as the lack of stability; lack of self-restraint, peace of mind, concentration, will; unreasonable concern.

11. Yara, Hyera, Hyer - Cycles of change; Harvest; Harvest time; One year; Realization of hope; Favorable outcomes.

The rune Yer symbolizes an auspicious beginning; natural changes; prepared soil and seeds thrown into it; gradual development, consistent movement in the implementation of plans and ideas; requirement of patience.

The rune Yer does not have an "inverted" position, but in the "inversion" it can symbolize that the time has not come yet. It is a symbol of haste

lack of patience, premature beginnings.

12. Petra, Perth - Birth; Initiation; Dedication; What is hidden; Flight of the eagle; Change in perception of the world.

Rune Perth symbolizes possible surprises, unexpected benefits and rewards; an intensely experienced aspect of initiation; searching for a new position; preservation, vitality, strength, identification. The rune helps a person know himself for who he really is, and dispel misconceptions, as well as fulfill dreams and hopes, realize his hidden potential, adhere to the essence of things.

In the "inverted" ("inverse") state, the Perth rune symbolizes the exhaustion of the old tried and tested path, the need to search and accept a new path of development with peace of mind.

13. Yo, Eyvaz - Continuity of life; Protection, averting forces; Yew. The rune Eyvaz symbolizes the power that supports the various layers of being, connecting the frailty of physical existence with the immortality of the spirit; continuity in the process of transformation and development; supportive energy, stamina and longevity. The rune helps to get rid of unnecessary fears.

The rune Eyvaz does not have an "inverted" position, but in the "inversion" it can symbolize obstacles to development, violation of continuity, the need to change behavior that has created a dead-end situation.

14. Olgiz, Algiz - Instinctive defense; Patronage; Cane; Moose; Summoning the Gods.

The rune Algiz symbolizes uniting and rooting strength, instinctive protection, the ability to protect the aura, strengthen the determination to achieve the goal.

In the "inverted" ("inverse") state, the Algiz rune symbolizes a violation of protection, a vulnerability that can lead away from the true path; a threat to physical health.

15. Sol, Sovelu, Soulu - Integrity; Vitality; Energy of sun; Inner Light; Target; Success; Creation.

Runa Soulou symbolizes solar energy, which gives light and supporting a life; revelations true paths; true self-realization.

The Soulu rune does not have an "inverted" position, but in "inversion" can to symbolize "blackout", disconnection from life energy due to deviation from the true path of self-realization, for the same reason - obstacles to achieving success.

16. Tir, Teyvaz - Warrior; Teve, heavenly God, spiritual warrior.

Runa Teivaz is a rune of courage and dedication. It symbolizes determination, purposefulness, courage, perseverance, battle, victory, personal wisdom.

In the "inverted" ("inverse") state, the Teivaz rune symbolizes

hasty or inappropriate actions, lack of faith, wrong motivation.

17. Bjarka, Berkana - Growth; Rebirth; Birch; Feminine power; Nourishing maternal energy; Fertility.

The rune of Berkana symbolizes motherhood, care and fertility, opportunities for growth, care and compassion, preservation and protection, fertility; the ability to form close (including family) relationships.

In the "inverted" ("inverse") state, the Berkan rune symbolizes obstacles to the development of a new life, despondency and passivity, a violation of family relations in the broad sense of the word.

18. Evaz, E - Communication; Movement; Progress; Way; Horse.

Runa Evaz symbolizes rapid progress, steady progress, dynamic harmony in relationships with partners, "changes continue." Runa Evaz contributes to the achievement of the plan.

In the "inverted" ("inverse") state, the Evaz rune symbolizes obstacles to movement, "no one is going anywhere," there is a dead end ahead, recommends refusal to act or move.

19. Mandr, Mannaz - Ego; Integration; Man.

The rune Mannaz symbolizes self-development, striving for perfection, helping others as overcoming selfishness, liberating the spirit, knowing oneself, one's strengths and weaknesses. Rune Mannaz helps to awaken potential abilities and discover hidden talents.

In the "inverted" ("inverse") state, the Mannaz rune symbolizes clamping, damage, requires honesty with oneself; "Isolation tests the boundaries of the ego."

20. Lagu, Laguz - Flow, including energy; Water; That which leads. Runa Laguz symbolizes the acquisition of the path of life, intuitive wisdom, the flowing power of the realized potential, well-being, as a result of "movement in the stream of life."

In the "inverted" ("inverse") state, the Laguz rune symbolizes "falling out of the stream", deviating from the true path, breaking with intuition, inability to draw from the source of intuitive wisdom, excessive efforts.

21. Ing, Inguz - Hero-God Ying; Fertility; New beginnings; Continuity of life.

Runa Inguz symbolizes completion and new beginnings, transformations, regeneration, continuity, renewal; accumulation of personal power; new areas of self-realization.

The Inguz rune does not have an "inverted" position, but in the "inversion" it can symbolize the untimeliness of new beginnings due to

incompleteness of the previous situation, due to which the continuity of development is disrupted and personal power is lost. 22. Odal, Otilia, Otil - Separation; Retreat; Inheritance;

Accomplishment.

The rune Otil symbolizes the power of accomplishment as a result of hard work, the acquisition and receipt of benefits, including with real estate; divergence of paths, radical break.

In the "inverted" ("inverse") state, the Otil rune symbolizes the need for a new path that requires increased adaptability, warns against hasty actions.

23. Dagaz - Breakthrough; Transformation; New day; Transforming light. Runa Dagaz symbolizes dawn, the onset of a new day, the opening of prospects; promotes development, including spiritual, and new beginnings.

The Dagaz rune does not have an "inverted" position, but in the "inversion" it can symbolize stagnation, "looping" within the old situation, the inability to complete the situation in this way.

24. Feh, Fehu - Execution; Ownership; Support; Livestock; Property.

Rune Fehu is the Rune of fullness. She symbolizes contentment ambition, receiving awards, acquisition, multiplication wealth, traditionally associated with movable property, winnings, in a general happiness in sense.

In the "inverted" ("inverse") state, the Fehu rune symbolizes the loss, loss, wrong disposition of what was received, a false acquisition, a dubious situation, as a result of which it is not possible to get what we want.

25. Vert, Vera - The unknown; Divine; One; The rune of fate.

The rune Vera is an empty rune symbolizing the entry into life guestioning the unknown, symbolizes the situation of free will.

IN Inverted ("Inverse") condition rune faith maybe to symbolize the illusion of free will and choice, self-deception.

## Bibliography

1. K. Anastasov M. Maine. Astrological interpretation of the runes. - Minsk: Harvest, 1999.

2. Ralph H. Blum. Book of runes. - M .: Sofia, 2000.

3. K. Meadows. The magic of the runes. - M .: Fair-press, 2000.

I.A. Bobrov Runes as a variant of the system of spiritual adaptants //

"- M.:" IMEDIS ", 2009, v.2 - P.106-115