

Psychocorrection of personality in the treatment of psychosomatic diseases in children. The use of projective techniques for psychodiagnostics

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Rehabilitation of children with psychosomatic diseases is one of the most difficult tasks in pediatrics. When treating frequently ill children, it is necessary not only to influence the child's somatics, but also to heal his soul, otherwise it is impossible to achieve good results. Not every physician involved in energy-informational medicine knows psychotherapeutic techniques or has the opportunity to work in collaboration with a psychologist. Therefore, the projective techniques described below, in our opinion, can help doctors in the rehabilitation of children. We would like to share our personal experience in solving this problem.

When treating schoolchildren, after establishing a trusting relationship, it is still possible to identify a traumatic situation, but in communicating with toddlers or preschoolers, this is quite difficult to do, since they do not know how to express their feelings. For the first time, we faced the need for psychocorrection of children fifteen years ago, when we began to treat with the use of the method of bioresonance therapy and electropuncture diagnostics according to R. Voll. These methods did not always give a complete recovery. Improvement after treatment could be replaced by relapses of the disease, the child's well-being worsened due to psychological problems in the family. We began to study the personality traits of babies, to look for the causes of conflicts. During the initial conversation with the psychologist, the parents of the sick child were not always sincere, they tried to preserve the honor of the family.

The true position was helped to reveal the projective methods of personality. The dialogue with the child began with Luscher's eight-color color test, adapted for our country by the leading specialist in personality psychology L.N. Sobchik. It was the children, unaware of their utmost frankness, with the help of projective methods, who gave a complete picture of intrafamily relations. Children of 4-8 years old, who were treated in our center, were examined, and some of them already in kindergarten had a diagnosis of mental retardation. They were asked to arrange 8 Luscher flowers as they liked, from the most pleasant to the most unpleasant. Preschoolers were easily involved in the "game", as it seemed to them, even if at first they were closed and did not go into contact with the doctor. The kids were not embarrassed by the conventionality of the test. To make sure the guys understand the task, and whether its fulfillment reflects their current emotional state, we asked to arrange the colors as if today is their happiest day in their lives. The color choice matched the mood - bright colors in the first positions. When sampling flowers on the most unlucky day in their life, the color range changed: black, gray, brown were in the first positions.

Then the children were given the task to lay out the colors, as if their loved ones would have completed this task: mom, dad, grandmother, sister, etc. Later, adults were given a similar task. The kids turned out to be such subtle observers that they gave a very accurate portrait of loved ones. This test makes it possible to see the most important aspects of a person's personality, and also indicates the zones of his

psychological and physical stress. It is excellent for the express methodology of the current mental state and allows you to predict the likelihood of its occurrence long before the onset of the disease.

It is often difficult for parents to give objective psychological characterization of their children, and this is necessary for the doctor to psychocorrection of the child's personality. For doctors working with toddlers, a modified version of Shmishek's method of personality accentuation for preschool and primary school children may be of great interest. It is not widely used. You can get information and interpretation of it in the book by I.V. Circle "Cerebrastenic conditions in preschool children". The test is easy to use and does not require basic psychological knowledge.

Another projective method "Drawing of a family" can help in the study of intra-family problems for their further correction. Invite your child to draw his family, but this should be done unobtrusively. After completing the assignment, pay attention to whether he drew all family members, what is the distance between relatives, whether they hold hands or stand far from each other. The most beloved family member will certainly be embellished, the most authoritative one is drawn the largest of all. The kid forgot to draw or depicted himself in a corner, lonely - this indicates low self-esteem and serious family conflicts. The colors of the picture are also informative. If his family is decorated with bright flowers, his mood is all right. Someone is painted in black, the child has a negative attitude towards this family member. A detailed interpretation of the "Family drawing" test can be found in the "Handbook of a Practical Psychologist" by E.I. Rogov, volume 1.

Also, a good addition to the study of this problem is the children's projective method by Rene Gilles. The child is shown pictures of children and adults. At the table, family members are depicted, the place of the parents is indicated, he must decide where he would like to sit. Some of the pictures depict everyday scenes in kindergarten, on the playground, in the classroom. It is interesting that children do not just passively depict their place in the family or in the children's team in pictures, they seem to relive these situations, suffer from their rejection, or, on the contrary, happily report how good they are with the children.

The doctor unobtrusively directs the conversation with the child, finds out the reasons for the difficulty of interpersonal contacts. You can use some other projective techniques, for example, tests "House, tree, person", "Non-existent animal".

For psychocorrection of the relationship between parents and children, the test - a questionnaire of parental attitudes by A.Ya. Varga, V.V. Stolin (ORO). Parents can easily take the test, it is available to people with different levels of intellectual development. Since it does not contain socially significant statements, they do not have an attitude reaction, a desire to embellish themselves. The test allows you to determine the characteristics of the parents' perception of the character and personality of their child. There are the following types of family relationships: acceptance or rejection, authoritarian hypersocialization, symbiosis, cooperation and the perception of your child as a little loser, a disabled person. When the baby is still helpless, the parents feel like they are with him.

as a whole, but as they grow up, children need to be given independence so that they grow up socially adapted.

Naturally, we need both control over children and reasonable rigor, but the most fruitful in family relationships are cooperative relationships, when parents understand their children, are proud of them, develop initiative and independence.

The use of these tests helps the doctor see problem situations in the family and track how they negatively affect the child's psyche, constantly traumatizing him. Of course, problems often arise not only in families, but also in communication with teachers, with peers in kindergarten or school. They also need to be taken into account and ways to resolve conflicts must be found. Psychocorrection of a child's personality and family relationships, in combination with various methods of bioresonance and multiresonance therapy, makes it possible to achieve success in the treatment and lasting improvement in the health of children. Here are some examples from our practice.

Clinical example 1. A child of 6 years old, suffers from bronchitis with an asthmatic component. He was treated in a polyclinic and hospitals with no visible improvement. Raised by a mother in an incomplete family. When examining the EAF according to R. Voll, the Cocksackie virus was detected on the lung meridian, insufficiency of the large intestine meridian. This is one of our first patients, ART had not yet been introduced. Bioresonance therapy was carried out with inversion of the nosode of the detected virus, drainage, detoxification therapy, homeopathy, and BR-drugs were prescribed. The boy recovered, but the remission was unstable; a month later, the mother again asked for help. During the BRT session, the baby, usually reserved, suggested a solution to the problem himself. "My mother loves me when I am sick, and when healthy, she is angry." The parental attitude test revealed rejection of the child, as unconsciously the mother transferred the offense from the father of the child to the son. When the boy fell ill, motherly love intensified. Moreover, the mother herself was not aware of the duality of her feelings. Serious psychocorrectional work was carried out with my mother, relations in the family improved. The boy was made an inversion of his experiences, applied the method of M.M. Shraibman to determine the core of the pathology and correction of the energetically low and excess meridian using color on the BRT. His health improved significantly, there were no relapses of the disease. Shraibman to determine the core of the pathology and correction of the energetically low and excess meridian using color on the BRT. His health improved significantly, there were no relapses of the disease. Shraibman to determine the core of the pathology and correction of the energetically low and excess meridian using color on the BRT. His health improved significantly, there were no relapses of the disease.

Clinical example 2. Boy 10 years old, studied in the 2nd grade for children with mental retardation. The mother complained of a strong weakness, frequent head pain, inability of the son to master the teaching material, especially on language. The teachers insisted on transferring it to Russian auxiliary school. geopathogenic load, cytomegalovirus and Epstein-Barr virus. Conducted an experimental psychological study of the child's personality. The child's intellectual development corresponded to the age norm, but due to the pronounced depletion of mental processes, he could not memorize educational material, from weakness he even fell asleep in the classroom. The child was the subject of ridicule of his classmates, physically developed, but with low intelligence, which also

increased mental burden. However, he studied in parallel at a music school, always willingly attended classes there, and received excellent grades.

After removing the geopathogenic load, the boy was restored to the energy balance, and he was prescribed drugs from the companies "OHOM", "GUNA", and drainage means. Resonance-frequency therapy of the detected viruses was carried out, OBR and PBS-preparations with inversion of cytomegalovirus and Epstein-Barr virus nosodes in tested potencies, organopreparations were made. Color therapy and the use of the "Clear Memory" preparation from GUNA proved to be especially effective in eliminating psycho-vegetative loads. Soon after the appointment of this drug, the director's dictation was held at the school, and our patient shocked the teachers by writing it perfectly. Mom did not have the opportunity to transfer the boy to another school, since they lived in a village where there was no other school. We recommended that teachers find an individual approach to the child, taking into account his increased exhaustion of mental processes. Gradually, the attitude of classmates towards him improved, he began to show ingenuity and resourcefulness, which was not the case before. After participating in a school concert, the boy generally gained popularity in the class.

The therapy was carried out once a month during the year, since they lived in a remote area of the region. Induction programs, BR-drugs and resonance-frequency therapy during the session were recorded on crumbs, the frequency of administration was mentally tested, the dosage was selected by testing through Cu met. D400 is the optimal biological age, the drugs were necessarily tested for an agreed prescription, efficacy and tolerance. A year later, the boy was transferred to a regular class and satisfactorily assimilated the school curriculum. There were no health complaints for 4 years.

Clinical example 3. An 11-year-old boy suffered from oncopress for a year. Examination at the polyclinic did not reveal any serious pathology in the work of the gastrointestinal tract. He developed his neatness skills at the age of 1.5. Developed normally, attended kindergarten, studied well at school. Relations with children and teachers are not broken. Raised by his mother and grandmother, his parents separated soon after his birth. Oncopress emerged when my mother tried to establish her personal life. The son and grandmother greeted the appearance of the stepfather negatively, the mother went to live with the stepfather, and then there were cases of fecal incontinence. Mom had to forget about her personal life, she returned to the family and began to treat her son. The boy has a hysterical accentuation of the personality. According to the Parental Relationship Test (PER), the mother's tendency towards disability of her son prevailed. ART diagnostics: the boy has a 4 degree mental load, the target organ is the large intestine. With the help of the chronobiological software package "Astromed", congenital and acquired pathologies were identified, and a choice of treatment strategy was made. An unfavorable external environment for the boy was stress - resentment against his mother. Since he was an obedient adaptive child, he could not openly express his disagreement. Unconsciously, he chose this form of protest. The treatment was carried out on BRT on key depletion meridians according to the U-Xing system. In the course of therapy, attitudes were used, meditation exercises on He could not openly express his disagreement. Unconsciously, he chose this form of protest. The treatment was carried out on BRT on key depletion meridians according to the U-Xing system. In the course of therapy, attitudes were used, meditation exercises on He could not openly express his disagreement. Unconsciously, he chose this form of protest. The treatment was carried out on BRT on key depletion meridians according to the U-Xing system. In the course of therapy, attitudes were used, meditation exercises on

In the 12 Dragons system, the lead dragon was selected according to the Astromeda readings. By the way, the large intestine meridian corresponds to the dragon of greed, that is, the boy did not want to share his mother's love with anyone. In addition, he was prescribed drugs from the company "GUNA" "Inner Peace", "Inner Child". It took a serious correction of the relationship of all family members: mother, grandmother, son and stepfather. Mom and grandmother were advised to consider the problem situation not as a serious illness of her son, but as cases of untidiness, the boy was offered to wash his soiled clothes himself. I found common interests with my stepfather - a passion for the car. Six months later, my son had a stable remission. There was no exacerbation for three years.

Clinical example 4. The kid is 4 years old, his enuresis appeared unexpectedly for his relatives. In the drawing of the family, he drew all the relatives, except for the dad. There was even a place for a cat and a dog. When asked why dad was absent, he logically explained: "he left." My father's work is indeed connected with frequent business trips, but this was not the reason. Mom was surprised, in her words, the son idolized his father, and there were no conflicts. Later it turned out that there was a quarrel between the parents, which they quickly forgot. The boy accidentally witnessed a rude, unpleasant conversation, which the adults did not even know about. The child's psyche is very vulnerable, what for us is a simple everyday situation can be perceived by a child as a tragedy.

Diagnostics using the ART method showed that the key meridian in exhaustion in the child turned out to be the kidney meridian, which is closely related to the emotion of fear. Bioresonance therapy was carried out on the key meridian with the load of the GUNA preparation "Elimination of the emotion of fear", with the recording of the BR-preparation. SIN 1, SIN 3, DRE 11 by OHOM were also appointed. During the "Children's Program" induction therapy, dad asked for forgiveness from mom and son. The kid was taught before going to bed to repeat the "magic" words three times: "the bubble, when you are full, wake me up at night." The therapy was carried out for a month, after which a stable remission occurred.

Thus, the complexity of the treatment of psychosomatic diseases in children presupposes a combination of various methods of energy-informational medicine with psychodiagnostics, psychocorrection, impact on microsocial factors. Be sure to follow the principle partnerships: a doctor, a sick child and his parents, and there should be an active position of all participants in the treatment process. When carrying out psychodiagnostics and psychocorrectional measures, projective methods of studying the personality of a child can be of great help to a doctor.

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