Use of color in dentistry N.V. Grushina (Moscow, Russia)

Our body is a single system connected by inseparable chains, which allows it to work with the precision of a clockwork. As a dentist, I see that if there are changes (that is, lesions) in the internal organs, all this is also reflected in the damage to the tissues of the tooth, periodontium and the oral mucosa.

I believe that the degree of organ damage corresponds to the damage to the tooth (caries - acute pulpitis - chronic pulpitis - periodontitis - periostitis osteomyelitis). This means that one can heal and affect the other. This is confirmed in the canons of Tibetan medicine, where the connection between teeth and internal organs is clearly indicated.

Central and lateral incisors correspond to the projection of the bladder (yang), kidneys (yin), holes - ears, body structure - bones.

The fangs correspond to the projection of the gallbladder (yang), the liver (yin), the holes correspond to the eyes, and the body structure to the ligaments.

Premolars correspond to the projection of the lungs (yin), the large intestine (yang), openings - nose, body structure - hair, skin.

Molars correspond to the projection of the stomach (yang), spleen and pancreas (yin), openings - mouth, body structure - muscles.

The wisdom tooth corresponds to the projection of the heart (yin), small intestine (yang), holes - tongue, body structure - vessels [1].

Recently, following the advice of my colleagues, interior therapists Alexei and Ekaterina Shornikovs, who study the influence of the interior, and therefore color on human health, I began to pay more attention to color therapy, since it is possible to simultaneously treat teeth and influence color on the equipment of the IMEDIS Center. the relevant authority.

Correspondence of color and "primary elements" [2]: Cutters color black primary element "water" Fangs color green primary element "wood" Premolars white primary element "metal" Molars color yellow primary element "earth" Wisdom tooth color red primary element "fire"

Since I do not have the MINI-EXPERT-CT apparatus, I used the IMEDIS-BRT-A apparatus for the treatment of patients. I put the desired color in the form of a specially prepared aqueous solution in the 2nd container of the apparatus, and in the 1st container I placed the powder of the insulating pad under the light seal. Recording time is 5 minutes. Then the spacer was applied directly to the tooth cavity and covered with a light-curing filling material. Thus, the patient received a long-term effect through the tooth on the projection organ.

I also use induction programs 5, 7, 8 and 19 with an intensity of 100 on the MINI-EXPERT-DT apparatus, which allows me to get a favorable response from the patient's body to the effect (deeper anesthesia, calm,

relaxed state during treatment).

Patient A. - carious process in the canine. Marks heaviness in the right hypochondrium. During the treatment, the green color was used, induction programs 5 and 8. The condition is good, no heaviness in the hypochondrium is noted.

Patient I. - carious process in the central incisor, history of chronic cystitis, rare urination. After treatment with black and

induction programs 7 and 8, the state of urination is sharp improved, profuse, corresponding to the norm.

I express my gratitude to the IMEDIS Center. Thanks to this equipment, as well as the work of Yu.V. Gotovsky, L.B. Kosareva and others dedicated to color light therapy, I was able to implement this method.

Literature

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