

## Bioresonance therapy for diffuse mastopathy

against the background of a macrobiotic diet

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Target: study of the combined effect of an electromagnetic field of non-thermal intensity and a macrobiotic diet on the effectiveness of treatment of diffuse mastopathy.

### Materials and methods

The object of the study were 36 patients, aged from 26 to 51 years with a diagnosis of diffuse mastopathy. The treatment was carried out in 2 stages.

Stage 1 of treatment - a macrobiotic diet with restriction of animal fats and proteins in combination with sorbents "Polyphepan", which was prescribed 1 teaspoon 3 times a day 1 hour before meals for 7-10 days. Then, against the background of the diet, the probiotic "Fervital" was prescribed for 1 tablespoon 2-3 times a day with food for 3-4 weeks. Duration of the diet therapy course is 5-6 weeks. Stage 2 - they were exposed to ultra-low range electromagnetic waves in the range of 1-1000 Hz and a power flux density of 1.0-1.2 mV / cm<sup>2</sup>, individually selected for each patient with a frequency corresponding to the appearance of "bioenergetic resonance" using the hardware and software complex "IMEDIS-EXPERT" (registration No. 95 / 311-121 LLC "CIMS IMEDIS", Moscow), with alternating periods of excitation in 3 s and relaxation in 1 s, with the location of the magnetic inductors in contact in the area of the mammary glands, for 17 minutes. and recording the patient's electromagnetic field through magnetic inductors on an inert carrier (sugar crumbs) for 3 minutes, followed by sublingual administration of the bioenergetic remedy for 2-3 weeks, while the course of treatment consisted of 2-3 procedures.

### results

The results were evaluated according to the data of subjective complaints, physical examination, ultrasound and X-ray studies.

As a result of the treatment of 36 patients, according to the data of subjective complaints, physical examination, ultrasound and X-ray studies, complete disappearance of the symptoms of diffuse mastopathy was obtained - in 29 patients, a decrease in the size of the pathological focus and the disappearance of subjective complaints - in 7 patients.

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