

The professional standard of a reflexologist

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Professional standard for physician of acupuncture

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SUMMARY

The main goal of a physician in medical rehabilitation is prevention, diagnosis of violations of the functions and structures of the human body and the subsequent restrictions on life due to diseases and (or) conditions, medical rehabilitation of patients with these restrictions and disorders in the process of providing medical care. Medical rehabilitation specialists include: a medical rehabilitation doctor, a physiotherapist, a reflexologist and a physiotherapist.

Keywords: professional standard, medical specialist rehabilitation, reflexologist.

RESUME

The main objective of medical rehabilitation is prevention, diagnosis of disorders of functions and structures of the human body and the resultant disability due to diseases and (or) conditions and medical rehabilitation of patients with the specified restrictions and disturbances in the process of medical care. Specialists in medical rehabilitation are: doctor of medical rehabilitation, physiotherapist, physician of acupuncture and doctor in physical therapy.

Keywords: professional standard specialist in medical rehabilitation, physician reflexologist.

Modern medicine can be thought of as a bird whose wings are medication and non-medication therapy. If one of the wings takes precedence over the other, normal flight should not be expected. Only in harmony can they effectively fulfill their mission of restoring health to sick people.

All over the world, non-drug therapy is developing rapidly, traditional medicine plays a serious role in this movement, in particular traditional oriental medicine, one of the components of which in Russia is reflexology (RT).

In 1997, reflexology was included in the nomenclature of medical and pharmacist specialties (order of the Ministry of Health of Russia No. 364 of December 10, 1997). A year later, the Ministry of Health of Russia issued order No. 38 of 02/02/1999 "On measures to

further development of reflexology in the Russian Federation ". These orders were the official recognition of reflexology. And only in 2015, after the signing of the order of the Ministry of Health of Russia No. 707n "On the approval of the qualification requirements for medical and pharmaceutical workers with higher education in the direction of training" Health and Medical Sciences ", doctors of other specialties, and not only doctors, received the opportunity to undergo reflexology training. neurologists [1, 2, 3, 4, 5].

For a long time, reflexology has proven its effectiveness in the diagnosis and treatment of various diseases at different stages of medical care. Today reflexology is developing on a scientific basis thanks to the modern interpretation of the traditional canons of oriental medicine. Scientific achievements of recent years in the field of biophysics, electronics, medicine, associated with understanding the molecular foundations of pathological processes, have allowed reflexology to reach a new level in its development. In rehabilitation, reflexology is recognized as a universal scientifically grounded method capable of regulating changes in the body, taking into account the variety of physiological and clinical manifestations of diseases [1, 2].

In this regard, it became obvious and relevant to the Professional Standard (PS) "Specialist in Medical Rehabilitation" (order of the Ministry of Labor and Social Protection of the Russian Federation dated 03.09.2018, No. 572n), which leaves in the past the disunity of specialists employed in the field of rehabilitation. The PS includes 4 medical specialties on equal terms: a physician of physical and rehabilitation medicine, a physician-physiotherapist, a physician in physiotherapy exercises (LFK) and a physician-reflexologist [6].

The new Professional Standard describes a "generalized labor function" that reveals the essence of the specialty: "The use of reflexology for diseases and (or) conditions" (qualification level 8, specialist doctor). It is proposed to realize the fulfillment of the generalized labor function of the "reflexologist" by performing six "labor functions". In the aggregate, the performance of labor functions is aimed at the implementation of the main goal of professional activity: the provision of qualified medical services for preventive, therapeutic and rehabilitation purposes at different age periods of the patient's life.

The following labor functions are included in the Professional Standard of a reflexologist: 1) examination of patients with diseases and (or) conditions in order to prescribe reflexotherapy; 2) the appointment of reflexology for diseases and (or) conditions; 3) carrying out and monitoring the effectiveness of the use of reflexology for diseases and (or) conditions, including in the implementation of individual rehabilitation or habilitation programs for the disabled; 4) carrying out and monitoring the effectiveness of measures for the prevention and formation of a healthy lifestyle and sanitary and hygienic education of the population; 5) analysis of medical and statistical information, maintenance of medical records, organization of the activities of the medical personnel at the disposal; 6) provision of emergency medical care.

Further, in each work function, specific "labor actions", "necessary skills", "necessary knowledge" are described.

For example, the labor functions "Examination of patients with diseases and (or) conditions in order to prescribe reflexotherapy" include the following labor actions:

- collection of complaints, anamnesis of life and disease in patients with diseases and (or) conditions, aimed at reflexology, as well as in practically healthy individuals;
- referral of patients with diseases and (or) conditions for instrumental examination in accordance with the current procedures for the provision of medical care, clinical recommendations (treatment protocols) on the provision of medical care, taking into account the standards of medical care;
- referral of patients with diseases and conditions for laboratory examination in accordance with the current procedures for the provision of medical care, clinical guidelines (treatment protocols) on the provision of medical care, taking into account the standards of medical care;
- referral of patients with diseases and conditions for consultation with specialist doctors in accordance with the current procedures for the provision of medical care, clinical guidelines (treatment protocols) on the provision of medical care, taking into account the standards of medical care;
- carrying out computer reflexodiagnostics according to Nakatani, R. Voll, Akabane, computer diagnostics by pulse, method of assessing the functional state of acupuncture points, diagnostics by pulse, diagnostics by tongue, abdomen.

The "required skills" are described below:

- collect complaints, anamnesis of life from patients (their legal representatives) with diseases and (or) conditions for which the patient is referred for reflexotherapy, taking into account all concomitant diseases at the moment for the appointment and conduct of reflexotherapy in accordance with the approved medical indications and medical contraindications;
- to determine in a patient with diseases and conditions pathological conditions, symptoms, syndromes of diseases, nosological forms in accordance with the ICD and health problems, in order to make a decision on the appointment of reflexotherapy;
- interpret and analyze the results of examination and examination of a patient with diseases and (or) conditions for which the patient is referred for reflexology;
- substantiate and plan the scope of instrumental examination of a patient with diseases and (or) conditions for which the patient is referred for reflexology;

- interpret and analyze the results of an instrumental examination of a patient with diseases and (or) conditions for which the patient is referred for reflexology;
- substantiate and plan the volume of laboratory examination of a patient with diseases and (or) conditions for which the patient is referred for reflexology;
- interpret and analyze the results of laboratory examination of a patient with diseases and (or) conditions for which the patient is referred for reflexology;
- interpret and analyze results inspection medical specialists of patients with diseases and (or) conditions;
- to identify clinical symptoms and syndromes in patients with diseases and (or) conditions in accordance with the current procedures for the provision of medical care, clinical recommendations (treatment protocols) on the provision of medical care, taking into account the standards of medical care;
- interpret and analyze information about the examinations carried out, confirming the main and concomitant diagnoses, the stage and features of the course of the disease, about which a decision is made about the possibility of prescribing reflexotherapy;
- to carry out computerized reflexodiagnostics according to Nakatani, according to R. Voll, according to Akabana, computer diagnostics by pulse, by the method of assessing the functional state of acupuncture points, diagnostics by pulse, diagnostics by tongue, abdomen;
- choose and analyze methods (clinical, laboratory and instrumental) for assessing the effectiveness and safety of the use of reflexology for diagnostic purposes in a patient, taking into account his individual characteristics.

The "necessary knowledge" is given: the main clinical manifestations of diseases and (or) conditions of the nervous, immune, cardiovascular, respiratory, digestive, genitourinary systems and blood systems, leading to severe complications and (or) life-threatening, determining the tactics of managing the patient with the aim of their prevention; the procedure for organizing medical rehabilitation; procedures for the provision of medical care, clinical recommendations (treatment protocols) on the provision of medical care, on medical rehabilitation; standards of primary specialized health care, specialized, including high-tech, medical care for diseases and (or) conditions in connection with which the patient is referred for reflexology; methodology for collecting complaints, anamnesis of life in patients (their legal representatives) with diseases and (or) conditions; a technique for examining patients with diseases and (or) conditions.

All six "job functions" are described in detail in a similar vein. An important section is the description of the "Requirements for education and training": higher education - specialty in the specialty "General Medicine" or "Pediatrics" and

"Pulmonology", "Rheumatology", "Cardiovascular Surgery", "Ambulance", "Thoracic Surgery", "Therapy", "Traumatology and Orthopedics", "Urology", "Physiotherapy", "Phthisiology", "Surgery", "Maxillofacial Surgery", "Endocrinology" and additional professional education (DPO) - professional retraining programs in the specialty "Reflexotherapy". Special conditions for admission to work: a certificate of a specialist in the specialty "Reflexotherapy" and (or) a certificate of accreditation of a specialist in the specialty "Reflexotherapy". "Endocrinology" and additional professional education (APE) - professional retraining programs in the specialty "Reflexology". Special conditions for admission to work: a certificate of a specialist in the specialty "Reflexotherapy" and (or) a certificate of accreditation of a specialist in the specialty "Reflexotherapy". "Endocrinology" and additional professional education (APE) - professional retraining programs in the specialty "Reflexology". Special conditions for admission to work: a certificate of a specialist in the specialty "Reflexotherapy" and (or) a certificate of accreditation of a specialist in the specialty "Reflexotherapy".

For the purpose of professional growth and the assignment of qualification categories, it is envisaged: additional professional education (advanced training programs and professional retraining programs); building professional skills through mentoring; internship; use of modern distance educational technologies (educational portal and webinars); trainings in simulation centers; participation in congresses, conferences, master classes and other educational events.

Thus, the professional standard combines actions, skills, knowledge inherent in reflexology doctors, as well as requirements for education and training, other conditions for admitting specialists to practice in the field of reflexology as a type of professional activity. The professional standard can be used by employers to control the activities of employees in order to improve the efficiency of their work, personnel management.

The professional standard can be used to plan and organize activities for the professional development of employees, for example: to develop an individual plan for professional development and career development of employees; to assess the performance of personnel in order to optimize the use of the potential of employees; to organize training for additional professional programs; to organize and conduct the certification procedure for the relevant medical workers for the qualification category.

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