

Experience of joint use of S. Hahnemann's homeopathy and knowledge
traditional chinese medicine

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The founder of homeopathy S. Hahnemann, analyzing a large number of clinical cases, showed that most diseases are based on an "intangible" cause - the defeat of the "vital force" [1]. By "life force" he understood a certain dynamic substance responsible for the control of normal physiological processes. For all the unusualness of the concept of "vital force" for orthodox science, all theoretical positions of S. Hahnemann found their confirmation in the works of famous physiologists, for example, in [2].

A similar category, qi, is found in traditional Chinese medicine (TCM). This energy can be influenced in various ways: with the help of drugs, acting on acupuncture points, and many other specific methods. If homeopathy is based on the observations of S. Hahnemann and his students, then traditional Chinese medicine is based on the knowledge of a powerful ancient civilization.

Unfortunately, much of the knowledge of traditional Chinese medicine has been lost. Homeopathic laws are derived from empirical material and have not yet taken this knowledge into account. As a result, there are many "white spots" in both traditional Chinese medicine and homeopathy that could be filled with a synthesis of the well-known laws of traditional Chinese medicine and the rich clinical material of homeopathy. Let's consider some of the possibilities of such a synthesis.

One of the fundamental concepts of traditional Chinese medicine is "time energy", which has several components. These components determine the dynamics of processes in the human body - growth, development, aging of the body, the development of pathology, the evolution of symptoms during treatment, and much more [3].

S. Hahnemann in his works often mentions certain temporal characteristics of physiological processes in the human body during pathology or when taking a drug. For example, "... favorable results will not be slow to appear, but in the case of very long-standing lingering illnesses, they can manifest themselves with all their strength no earlier than the twenty-fourth (thirtieth days).

The dose is likely to deplete its healing potential by about the fortieth (fiftieth day "(p. 162, [3]).) However, S. Hahnemann was not familiar with the category of "time energy" of traditional Chinese medicine, and he was not aware of the ancient Chinese calendar. Therefore, his ingenious guesses and observations could not be properly systematized. In the pathogenesis of drugs, specific temporal characteristics are very rare.

The dynamic (in itself) concept of the stage of a pathological process in the form as it is presented in homeopathy is, in fact, static, since describes only the sequence of state changes, without specifying specific time characteristics. An important characteristic of a symptom is the temporal modality, does not take into account many cycles hidden for the ordinary observer, and therefore is often overlooked.

In other words, almost all dynamic processes in homeopathy today are considered as a set (sequence) of states without specifying at least approximate time intervals between these states.

Modern knowledge of the test results and the appointment of homeopathic medicines, as well as the main chronobiological provisions of traditional Chinese medicine, allow us to solve the following problems:

1. Describe most dynamic processes as a sequence states with known duration.

2. Expand the concept of temporal modality and obtain a more complete a picture of characteristic symptoms.

3. Improve the effectiveness of treatment through more rational choice moment on the value of the medicinal product.

4. Provide a therapeutic effect by modeling the process dynamics with a detailed description of the dynamics of the development of a pathological condition (indicating the time intervals of the evolution of symptoms). This is especially true for the correct selection of the sequence of administration of several homeopathic remedies. not only the choice of drugs will determine the body's response, but also the time intervals between their prescriptions. Moreover, choosing the right intervals, you can cause an artificial disease (simulate a natural disease) much stronger than the actual set of drugs. In other words, modeling the temporal characteristics of the development of a pathological process is a type of homeopathic (prescribed by likeness) treatment and, with the right choice of the components of therapy, can have a strong therapeutic effect.

5. When included in the pathogenesis of drugs characteristics "Energy of time" (according to the laws of traditional Chinese medicine), which determine the moments of the onset of symptoms, there will be an opportunity for a simpler and more correct choice of the most similar drug.

An important aspect of traditional Chinese medicine is the description of the human energy system in the form of a set of points (acupuncture points), the impact on which regulates the energy processes in the human body. The points are combined into the so-called meridians - some of the major constituent parts of the energy system. The topography of points and meridians is described in the literature. There is a close connection between the localization of the pathological process and the defeat of the meridian (one or another part of the energy system). The change in the activity of the meridians is a dynamic process with known characteristics.

For example, hourly, daily, monthly, annual and other cycles are known. Their

knowledge makes it possible to predict the development of pathological conditions and the evolution of symptoms in the course of therapy.

As an example of the synthesis of classical homeopathy and TCM, consider the following clinical case.

Clinical case

Patient S.S., 23 years old. Received homeopathic therapy for skin rashes on the upper and lower extremities. After the appointment of the drug Sulfur 30 (one dose), on the 19th day, an abscess with edema appeared on the back of the left arm, which was perceived by the attending physician as a normal (adequate to the patient's condition) reaction. Three days later, the first abscess began to decrease, but a second (smaller) abscess appeared distal to the first. The patient maintained a normal state of health, there was no temperature reaction, he continued to work as usual. With the help of the author's program of chronological calculations "Chronos", which implements the chronobiological knowledge of traditional Chinese medicine, the possible deterioration of the patient's well-being was calculated after three days. This deterioration manifested itself in the form of a slight increase in hand edema and redness of the skin along the meridian of the heart. It is important to note that with the help of the "Chronos" program, deterioration along the meridian of the heart and on the right side was predicted on this day.



Rice. 1

Analysis of this case shows:

1. In some diseases, visualization of the course occurs acupuncture meridian (at least at the level of tendon-muscle meridians), which confirms the correctness of the ancient Chinese physicians about the existence of such.
2. The Chinese calendar operates in very specific categories, which manifest themselves in the form of objectively recorded phenomena. Using this calendar can greatly expand our understanding.

about the course of pathological processes and more accurately plan the treatment process.

Thus, the synthesis of the unique knowledge of traditional Chinese medicine and the richest experience in homeopathy can provide a new understanding of the dynamics of processes occurring in the human body, more accurately describe and predict local reactions, and also bring this knowledge closer to the conceptual apparatus of modern medicine.

Literature

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