

Moon phases in homeopathyV.V.
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Much has been written about the influence of the moon, but here we want to emphasize its importance in homeopathy.

Even Samuel Hahnemann himself, in his fundamental works, noted the influence of the moon not only on the ebb and flow of the sea, but also on the course and manifestation of diseases.

Thus, in the 6th edition of the Organon of Healing Art, in paragraph 11, he writes about the dynamic influence of the moon: "Our Earth, thanks to hidden invisible energy, makes the Moon revolve around itself in twenty-eight days and several hours, and the Moon, in turn, at strictly defined hours (taking into account the known differences associated with the waning and rising of the moon) causes the ebb and flow of our northern seas. "

In the book "Chronic Diseases" Hahnemann gives examples of the appearance of certain symptoms of the disease, depending on the phase of the moon. "Recurrent headache (every 28, 14 or fewer days), aggravated by the full moon or new moon, or after emotional excitement, colds, etc., a feeling of pressure or some other kind of pain in the upper part of or inside the head, or boring pain over the eye ".

In the same paragraph, in paragraph 102, he described the observed case, which also confirms the fact of the influence of the moon on the course of the disease: "A young man of 18 years old, rubbing mercury-containing preparations for scabies, after a few weeks began epilepsy, which manifested itself every month on the new moon."

These observations allowed S. Hahnemann and his followers to take into account the lunar cycle when studying the indications for prescribing homeopathic remedies. Thus, in *Materia Medica Riga*, S. Hahnemann describes the medicines he studied, noting the influence of the moon depending on its phase.

Currently, thanks to the extensive research work of many doctors from different countries of the world, unique databases have been created, which contain the generalized experience of many generations of homeopathic doctors. The most authoritative sources are used in computer programs Radar and Encyclopaedia Homeopathica (Archibei SA, Belgium), which allows not only to quickly find the information you need, but also to carry out mathematical analysis.

More than 50 homeopathic remedies in their indications have a deterioration in well-being on the new moon.

More than 30 - deterioration during the growth of the moon and more than 70 homeopathic remedies - deterioration of health on the full moon, more than 30 in the waning phase of the moon.

These features play an important role in the study and analysis of a case of a disease. They must be taken into account for the correct application of the homeopathic method of treatment. Drawing attention to these facts, we hope that this will allow for a more accurate selection of the necessary homeopathic medicine.

Here we provide a list of homeopathic remedies that are well studied and

no doubt from different authors on this issue.

MODALITIES GENERAL - IMPAIRMENT - MOON, new moon: Apis., Ars., Calc., Caust., Cina., Cupr., Nux-v., Phos., Puls., Rhus-t., Sep., Sil, Sult. ;

MODALITIES GENERAL - IMPROVEMENT - MOON, first phase of the lunar cycle, waxing moon: Ars., Calc., Phos., Puls., Sep., Sult., Thuj. ;

MODALITIES GENERAL - WORSE - MOON, full moon: Alum., Ars., Calc., Lyc., Phos., Puls., Sult. ;

MODALITIES GENERAL - IMPAIRMENT - MOON, phase of the lunar cycle, waning moon: Phos., Puls., Rhus-t., Sep., Sult.

In order to facilitate the analysis of the results of the appointments made, we use the calendar of the phases of the moon (see Fig. 1). This makes it possible to clarify the existing experience and continue research on the study of homeopathic medicines, taking into account the influence of the moon on the human body.




Calendar of Moon phases. Year 2004 (Local Time)			
			
04:44 LT 23 Dec 2003	05:04 LT 30 Dec 2003	10:42 LT 7 Jan 2004	23:47 LT 14 Jan 2004
16:07 LT 21 Jan 2004	01:04 LT 29 Jan 2004	03:49 LT 6 Feb 2004	08:41 LT 13 Feb 2004
04:20 LT 20 Feb 2004	22:24 LT 27 Feb 2004	18:17 LT 6 Mar 2004	16:02 LT 13 Mar 2004
17:44 LT 20 Mar 2004	18:48 LT 28 Mar 2004	06:05 LT 5 Apr 2004	22:48 LT 11 Apr 2004
09:24 LT 19 Apr 2004	12:33 LT 27 Apr 2004	15:35 LT 4 May 2004	06:06 LT 11 May 2004
23:54 LT 18 May 2004	02:58 LT 27 May 2004	23:20 LT 2 Jun 2004	15:04 LT 9 Jun 2004
15:28 LT 17 Jun 2004	14:09 LT 25 Jun 2004	06:09 LT 2 Jul 2004	02:35 LT 9 Jul 2004
06:25 LT 17 Jul 2004	22:38 LT 24 Jul 2004	13:06 LT 31 Jul 2004	17:02 LT 7 Aug 2004
20:24 LT 15 Aug 2004	05:13 LT 23 Aug 2004	21:22 LT 29 Aug 2004	10:11 LT 6 Sep 2004
09:28 LT 14 Sep 2004	10:55 LT 21 Sep 2004	08:09 LT 28 Sep 2004	05:12 LT 6 Oct 2004
21:47 LT 13 Oct 2004	17:00 LT 20 Oct 2004	22:07 LT 27 Oct 2004	00:55 LT 5 Nov 2004
09:26 LT 12 Nov 2004	00:51 LT 19 Nov 2004	15:08 LT 26 Nov 2004	19:54 LT 4 Dec 2004
20:28 LT 11 Dec 2004	11:40 LT 18 Dec 2004	10:07 LT 26 Dec 2004	12:47 LT 3 Jan 2005

Fig. 1. Moon phase calendar for 2004

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