

Time of action of the homeopathic medicine
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The question, the importance of which I would like to discuss in this article, worries homeopaths all over the world. To date, this question has not been answered.

The considerations expressed in this article are the conclusions of the author based on his own clinical experience and the experience of the classics of homeopathy.

The list of factors influencing the duration of action of a homeopathic medicine can be presented as follows.

1st factor - human nutrition. In most patients, substances shortening the effect of the homeopathic remedy were products containing vinegar (including ketchup, mayonnaise). Another group of substances that shorten the effect of the drug were coffee, green tea, and to a lesser extent black tea. Spices: cinnamon, pepper, poppy, onion, garlic - also affect homeopathic treatment. Moreover, these products are presented in order of decreasing strength of their effect on homeopathic treatment. Alcohol also antidotes homeopathic treatment. Vodka, beer, red wine have the strongest effect, good cognac and white wine have a milder effect.

2nd factor - stressful situations, a factor that inevitably affects everyone human and has an even more powerful effect than food. Relationships in the family, at work - all this often affects the effectiveness of homeopathic treatment.

3rd factor - traditional chemical allopathic drugs. General the conclusion for a combination of homeopathic and allopathic remedies is that homeopathic remedies enhance the effect of allopathic remedies, while, against the background of homeopathic treatment, the dose of an allopathic remedy can be reduced by two or more times. At the same time, massive chemical therapy in some cases makes effective homeopathic treatment impossible.

4th factor - the duration of the action of the homeopathic medicine, which determined by the drug itself. Different homeopathic medicines work at different times. The duration of action of a homeopathic medicine ranges from 14 days to 1.5 years. Antipsoric homeopathic remedies have the longest duration of action. Having an experimental base, a production laboratory "OLLO", we were able to confirm this fact.

Another question: how often should the homeopathic medicine be repeated? The answer was left by S. Hahnemann: repeated administration of the drug is carried out after the effect of the first appointment ends. The observation that all homeopathic medicines are compatible with each other is also common. The incompatibility problems of homeopathic medicines are not

exists. If a physician wants to reduce the activity of homeopathic treatment, he must apply an antidote, that is, select a remedy based on the symptoms that are obtained as a result of the previous prescription and which, from the physician's point of view, are unfavorable for the patient. More frequent prescription of antipsoric homeopathic medicines is possible in aqueous solutions, with sequential dynamization (the method described by S. Hahnemann in the monograph "Treatment of Chronic Diseases"). From the point of view of S. Hahnemann, a long-term chronic disease should be treated for at least a year. In cases of severe chronic illness, antipsoric drugs are usually alternated sequentially throughout the year.

5th factor - physiotherapy treatment. Physiotherapy procedures associated with electrophoresis and various electrical influences reduce the effectiveness of homeopathic treatment. Even a hot bath for a short period can remove the effect of the homeopathic remedy.

The 6th factor is the relationship between the doctor and the patient. Plays great importance the trust that has developed between the doctor and the patient. In the presence of this factor, the effect of the homeopathic medicine will always be more effective. The word, intonation, the doctor's thoughts are also factors that influence the effect of a homeopathic medicine.

7th factor - individual patient sensitivity to exposure homeopathic remedy.

Any patient has an almost individual response time to a homeopathic medicine.

Factors such as the state of the nervous system, the nature of the temperature reaction in case of previously transferred diseases, heredity, affect the response time to homeopathic medicine. The same factors influence the choice of dilution in the therapy of a homeopathic physician.

In nervous, exhausted people, quick in thoughts and actions, as well as those with a history of high temperature reactions in various diseases, a dilution of the drug is required to start homeopathic treatment with 6CH. The response to this dilution will be faster and more efficient than the higher dilutions. At the same time, for people who are inhibited both in thoughts and actions, as well as for the elderly, the initial breeding will be 30CH,

Exceptions to this situation are people with weakened vitality, the elderly, suffering from severe chronic diseases - it is advisable for them to start therapy with 6CH dilution.

In addition, certain groups of patients have a pronounced reaction to homeopathic medicine, which manifests itself in the symptoms of pathogenesis. Their reaction usually occurs in the first hours-days (from 1 to 4) after taking a homeopathic remedy; these types of people, according to homeopathic terminology, suffer from "idiosyncratic". The symptoms observed in patients of this type are very important in the practical work of a homeopathic physician.

A common observation on the response time to homeopathic treatment is that with the right choice of the remedy, the response in an acute condition occurs almost instantly.

In the treatment of chronic disease, the response to homeopathic treatment occurs over a period of 7 to 40 days. In the treatment of chronic diseases, it is not uncommon for several years to pass before a stable result is achieved, and throughout this period it is necessary to alternate antipsoric drugs in accordance with the totality of symptoms at a given point in time.

Empirically, you can observe the duration of the action of drugs such as sulfur, lycopodium, conium, phosphorus for several months.

The factors that enhance the effect of homeopathic medicines also include physical exercise in the fresh air, a calm state of mind with positive emotions, and, in certain cases, acupuncture.

Describing in this article the factors influencing the duration of the homeopathic medicine, the author does not claim to be the ultimate truth, but only reflects 15 years of experience as a homeopathic physician in accordance with the approaches left by S. Hahnemann.

All of the above once again emphasizes the impossibility of clinical trials of homeopathic medicines according to the principles of modern allopathic medicine.

LITERATURE

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