

Integration of homeopathy into public health as an opportunity
providing better quality medical care to the population
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In the direction of integration of various areas of medicine with public health services are developing with the use of new technologies. In recent years, the search for the most effective directions for integrating homeopathy as a method of traditional medicine into public health has become relevant. At the same time, the interaction of homeopathy and public health in the following areas turned out to be especially effective: pediatrics, geriatrics, internal medicine, pharmacology. This is determined, first of all, by the essence of the homeopathic method: a holistic effect on the body; regulatory impact; the absence of side effects due to the use of small doses and substances from natural raw materials, which in some cases makes it the method of choice; initiation; stimulation; drug therapy based on the "law of similarity" and individual selection of homeopathic remedies.

Our studies on a fairly large array of patients (13,900 people) have shown that to solve medical, social and organizational problems of integrating homeopathy into public health, there are such objective factors as a high level of chronicity of diseases; a high degree of sensitization and allergization of the population, including food and drug allergies; low efficiency of modern clinical medicine with high resource costs; high cost of modern medicines; high prevalence of iatrogenies; aging of the population; excessive narrow specialization of modern medicine and medical specialties; systemogenesis of modern human diseases; intensive integration of classical, academic, traditional and oriental medicine; "Specialist" - "group of specialists" other - "person" - "health" - "healthy society" - "safe world".

Statistical analysis of the incidence of the population and the use of homeopathic care, a sociological survey of the population and an expert assessment made it possible to determine the main directions of integration of homeopathy into public health, which are determined by the solution of the following problems:

1) development and adoption of regulatory legal acts and national standards governing the activities of the homeopathic service in the system

health care and drug supply of the population;

2) training of teachers on the basis of specialized departments (cycles) of medical universities (GIDUVov);

3) training of highly qualified specialists in the field homeopathy, which requires unified scientifically based training programs and clinical bases with highly qualified personnel (starting with familiarization with the method of homeopathy for subordinates, interns - introduction of lecture hours into training programs);

4) development of priority directions of homeopathic service within the framework territorial target programs;

5) improvement of outpatient care to the population subject of the Federation on the basis of specialized homeopathic care and the use of homeopathic medicines by doctors of medical and preventive institutions;

6) improvement of inpatient care for the population based on the inclusion homeopathic medicines in clinical treatment regimens for patients (including homeopathic medicines in hospital formularies);

7) improvement of drug supply to the population based on organization of homeopathic industrial pharmacies, pharmacies of finished dosage forms of various forms of ownership and specialized departments in allopathic pharmacies.

The main directions of integration of homeopathy into clinical medicine, as our research has shown, include:

1) inclusion of homeopathic mono- and complex preparations as elements of complex therapy for diseases of the respiratory system, blood circulation, musculoskeletal system and connective tissue, genitourinary system and digestive organs;

2) prevention of side effects of allopathic drugs used in medical institutions in the treatment of diseases of the respiratory system, cardiovascular system, diseases of the musculoskeletal system and gastrointestinal tract, ARVI;

3) an alternative type of treatment for patients with allergic reactions to medications.

The solution of the above tasks of integrating the homeopathic method and methods of academic medicine allows achieving better treatment results and improving the quality of life of patients.

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