

Arterial hypertension - experience of treatment with the "IMEDIS" equipment
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Treatment of arterial hypertension in the XXI century remains an urgent problem in medicine. The pharmaceutical industry has flooded the market with "wonderful" antihypertensive drugs, but there are no fewer hypertensive patients. It is necessary to take into account the mentality of Russians, many of whom, in the presence of chronic cardiovascular pathology, take medications only in case of poor health (hypertensive crisis, heart pain) and do not want to "get hooked" on a lifelong course of medications.

In December 2004, a 56-year-old man came to CEIM with complaints of a regular increase in blood pressure in the morning (at 4–5 o'clock) up to 200 and 120 mm Hg, accompanied by palpitations, heaviness in the back of the head, and dizziness. He has been suffering from hypertension for 2 years, in 2003 he was treated with a hypertensive crisis in a hospital, where a left kidney stone was revealed during examination.

The prescribed antihypertensive drugs (ACE inhibitors) were taken by the patient for 2 months. After being discharged from the hospital, he stopped taking medications when he felt better. With renewed hypertensive crises, the patient took clonidine.

Examination by the Voll and ART method revealed low measurements in the meridians of the lungs, endocrine system, and kidneys. Hypertension was associated with urolithiasis, an excess of angiotensin-converting enzyme in the renal arteries, an excess of adrenaline in the adrenal medulla due to viral load (in the adrenal glands and kidneys it was tested cytomegalovirus D60), the broncho-pulmonary system determined the burden of *Aspergilla fumigatus* mold, nosodes bronchitis, pleurisy D60 (in 2002 he suffered pneumonia). Determined prostatic hypertrophy (nosode prostate adenoma D5), arteriosclerosis, hypercholesterolemia.

According to the results of ultrasound: the calyx-pelvic system of the left kidney is moderately dilated, a rounded formation with clear contours of 6 mm in size with an acoustic shadow is visualized, the prostate gland is enlarged due to the middle lobe, calcifications. Residual urine - 50 ml.

ECG shows sinus bradycardia, signs of left ventricular hypertrophy (LVH). On ECHO-KG without hemodynamic disturbance, left ventricular hypertrophy, pulmonary arteriosclerosis. Doppler ultrasonography of the renal arteries - signs of arteriosclerosis; CDC of the vertebral arteries - a moderate decrease in blood flow along the vertebral artery on the right in segment 2 (extravasal compression).

Appointed:

- rational nutrition by the method of selection of food products through an effective and portable medication for urolithiasis;
- 10 sessions of resonance-frequency therapy for parasitic, fungal, bacterial flora (fixed frequencies are selected through the optimal step for adaptation reserves);
- hirudotherapy to improve the rheological properties of blood, reduce stagnation in the pelvic organs (12 sessions);

- Once a week, the induction therapy programs P15, P10, P22 were carried out (6 weeks).

The patient refused manual therapy.

After 1 month on the control diagnosis, the state of health is much better - blood pressure is stable 130 and 85 mm Hg. no headaches, dizziness, weakness, shortness of breath on exertion, nocturnal urge to urinate decreased from 3-4 to standing up once.

Parasitic and mycotic load was not determined by ART, cytomegalovirus was tested by D200.

The patient is under dynamic observation for 4 years. Homeopathy is selected to regulate the cardiovascular system, 2 times a year, a course of HRT is carried out to correct acid-base balance, dissolve kidney stones, and if the state of health worsens, BRT sessions are prescribed once a week. After repeated courses of hirudotherapy, cholesterol levels are normal, kidney stones, prostatic hyperplasia and residual urine by ultrasounds are limited. After a course of manual therapy in combination with not about the listed procedures quality life patient much improved in number days of incapacity for work reduced to a minimum, reserves adaptations on a scale are high 1-2 degrees.

Thus, arterial hypertension with complex treatment on the IMEDIS equipment and the use of naturopathic medicine is successfully treated and does not require the use of antihypertensive drugs, provided that the patient's condition is regularly monitored by R. Voll and ART.

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