

Experience in the complex treatment of discogenic diseases of the spine

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A large number of middle-aged people have low back pain, sometimes the pain radiates to the lower extremities, sometimes these extremities begin to lose sensitivity, and only then the patient begins to worry about his health.

Patient A., 48 years old, businessman. He complained of "numbness of the feet of both legs." Before contacting the MC "Help Yourself", he was repeatedly treated in the neurological department of one of the Moscow hospitals with variable (insignificant) success with a diagnosis of discogenic L4L5-S1 disease.

The examination revealed: a patient with a height of 166 cm has a weight of 82 kg, suffers from insomnia, which alternates with daytime sleepiness, decreased cognitive abilities, blood pressure up to 200 by 110 mm Hg, tachycardia up to 90 beats per minute, drinks (large doses of vodka after playing in hockey - weekly "trainings", games of veterans), smokes more packs of cigarettes a day. A year ago, she was diagnosed with prostatitis.

Diagnostics was carried out according to BAZ, EPD according to R. Voll, ART, according to the results of which the diagnosis was made: DE1-2 (discirculatory encephalopathy), GB 2 (hypertension of the 2nd degree), Osteochondrosis of the cervical and lumbar spine, discogenic disease L4-L5 -S1. Hepatotoxicemic syndrome. Dysbacteriosis of the large intestine. Chronic prostatitis.

Given that the patient had several confirmed diagnoses, the algorithm of combined bioresonance therapy was used for treatment. BRT was carried out on the HSC "IMEDIS-EXPERT" with the help of electromagnetic oscillations inherent to the patient himself, which are removed from the surface of his skin, processed in a special way and returned to the body (Gotovsky Yu.V.) Methods of normalizing the activity of the brain were used in the combination of BRT, which made it possible to overcome blockades and interference fields. Testing of programs (alpha-rhythm, "rest", "muscle relaxation") was carried out using the ART and EPD methods according to R. Voll. The following combinations of endogenous and exogenous BRT were used:

1. Endogenous BRT with cardiovascular drugs and exogenous BRT using with "antiarrhythmic", "antiangiospastic", "Coronary" and other effects.

2. Exogenous BRT through the frontal electrodes according to the program of brain rhythms or the program "rest" and exogenous BRT with selected frequencies for nosologies.

3. Exogenous BRT through the frontal electrodes according to the program "muscle relaxation" and exogenous BRT using the effect "regulation of the lymphatic system".

In the treatment, not only the combined method of BRT was used, but also informational analogs of complex and mono-homeopathic drugs, organopreparations, BR-preparations, native complex preparations both during BRT and outside it. In addition, separate meals were included in the treatment process, the patient almost completely abandoned alcohol, the amount of liquid he drank per day increased,

hiking.

On a mandatory basis, each treatment session after the "muscle relaxation" programs included a manual therapy session using lymphatic drainage techniques and techniques from craniosacral therapy.

The treatment lasted 4 incomplete months. During this time, the patient's weight decreased by 12 kg, discomfort disappeared and normal sensitivity in the feet was restored, blood pressure stabilized at 130 to 80 mm Hg, heart rhythm disturbances were not disturbed, the pulse was even, complaints of pain in the prostate and urinary disorders no. Improvement of the patient's condition was confirmed by the EPD values according to R. Voll and ART.

I must say that with such an integrated approach to patient management decrease in blood pressure, recovery heart rate rhythm and recovery sensitivity in the feet was observed already during the first week of treatment. The sessions were carried out at first 2 times a week, and then, as the condition improved, once a week and then once every 10 days.

In conclusion, I would like to note a significant acceleration of the patient's recovery process due to the use of endogenous and exogenous BRT and especially the "muscle relaxation" program before manual therapy (mostly osteopathic techniques were used).

Currently, 5 more patients with similar disorders have been treated. On average, it takes 5-7 visits to get an effect for one patient.

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