

From evolution in homeopathy to evolution of hardware and software  
providing classical homeopathic practice

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Homeopathy is a medical system based on very simple to understand principles, the main of which - the principle of "similarity" - was discovered by the founder of homeopathy Samuel Hahnemann in the famous experiment with cinchona bark, which is described in almost all books on homeopathy. According to this principle, a medicine can cure if the symptoms of the disease match the effect (symptoms and sensations) of that medicine on healthy people. Hence the second principle - the need for tests (provings) of substances on healthy people to determine the indications for its appointment. In accordance with the third principle, medicines must be used in small doses and in a potentiated form.

In practice, choosing a remedy according to the principle of "similarity" has proven to be very difficult. As a result, homeopathy has gone through a difficult path with numerous ups and downs, with shuddering from unicism to complexism, from oblivion in the first half of the 20th century after its triumphant march in the 19th century. Today we are witnessing the rebirth of homeopathy, to which the world owes such masters as J. Vithoukas, J. Scholten, J. Sherr, R. Shankaran, J. Shah, R. Morrison, J. Schorr and others.

As more than 200 years of experience in homeopathy has shown, one of the most difficult tasks that a homeopathic doctor solves when choosing a medicine is to compare the picture of the disease with drug pathogenesis. You have to choose from more than 2000 drugs, of which about 200 are well described, most of which were tested by S. Hahnemann and his students and form the basis of modern *Materia Medica* and *Repertoria*.

The advent of computer technology and the corresponding software saved the doctor from the routine work associated with the compilation of lists of symptoms and their search in *Materia Medica*. At the same time, the experience of using various analytical methods with the help of technology has shown, in the words of G. Keller, that we very quickly become its slaves, and the comparison of qualitative categories using quantitative methods does more harm than good. At the same time, according to the masters of homeopathy, the methods of repertorization for a group of scattered symptoms can successfully solve this problem only in 15–20% of cases.

This state of affairs could not satisfy homeopaths who were determined to obtain high results in homeopathic therapy, so there was a search for approaches for a more accurate choice of medicines. These approaches form the basis of the evolution in homeopathy, which we have been witnessing in the last 10-15 years. First of all, this refers to the ideas of J. Vithoukas, J. Scholten, J. Sherr and R. Shankaran.

In this regard, when developing hardware and software, we refused to replicate approaches that did not justify themselves in practice, especially this applies to various methods of quantitative analysis embedded in modern computerized repertoria, regardless of the versions of book repertoires on the basis of which they are performed. , and

to focus on the development of a version of the MINI-EXPERT program, which would make it possible to fully implement in practice the approaches of J. Scholten and R. Shankaran. At the same time, the main feature of this version is the module "homeopathy", which, without replacing the case analysis, greatly simplifies the practice of a doctor who knows the method of "Taking a case" according to the method of R. Shankaran. This is achieved thanks to the structuring of the material Materia Medica and the interface, which is executed in accordance with the logic of analysis in the concepts of J. Scholten (minerals) and R. Shankaran (plants and animals).

The choice of a drug in accordance with the stated concepts can be represented as a choice on a topographic map at given coordinates, for example, a settlement. Knowing the longitude and latitude, this is quite easy to do. For the selection of a homeopathic remedy, the coordinates are miasm, kingdom, sub-kingdom and source, which are determined during the questioning and taking of the case. Hence, the task of the computer program is to provide quick access to reliable reference information characterizing all the "coordinates on the map."

The module consists of four main sections - Elements, Plants, Animals and Miasms.

The "elements" section is based on the well-known concept of the Dutch homeopath J. Scholten, according to which the Periodic Table can be associated with homeopathy. Moving down the table from the first period to the seventh period corresponds to the development from infancy to old age, from helplessness to power, from dependence to independence. For example, the 4th row of the table deals with people doing everyday tasks, while the 5th row deals with innovators, inventors and artists, people engaged in creativity, the 6th row deals with people in positions of power and responsibility: leaders of organizations, political leaders, dictators, kings. Very important is the discovery by J. Scholten of the fact that the left half of the table corresponds to efforts to move towards

success, while the right half represents progress and, finally, effort to keep failure. So he was able to face the state of the elements that had say sincere not yet been tested (like D.I. Mendeleev, predicted the properties of elements not yet discovered), which was later confirmed in provings and successful cases of clinical use. The author's concept is outlined in his works "Homeopathy and Minerals" and "Homeopathy and the Elements", published in many countries, including Russia.

The interface of the section is made in the form of the Periodic Table (columns and rows), at the intersection of which are the elements of the Periodic Table. All elements of the table (numbers of rows (periods), columns (columns) and cells that contain the name of the element and its designation) are active. When the column number is activated, a description of the column opens in the lower window in accordance with the concept of J. Scholten, supplemented with comments by R. Shankaran and J. Shah. Similarly, the activation of the row number is accompanied by a description of the concepts of rows by J. Scholten with comments by R. Shankaran and J. Shah. Highlighting a cell with the cursor activates the menu of the lower window (element, acids, salts, description, sensation), which allows you to view the lists of drugs and their descriptions. For convenience, tooltips are provided for each element, where the sensation according to R. Shankaran is indicated.

Example of application of the concept

The case of a 38-year-old female patient (abridged) with sciatic nerve neuralgia. During the survey, the pain in the leg was described as a thick tight rope, and its opposite - as a relaxed, comfortable state, when your body is stretched out on a feather bed or a cloud, and what you are on takes the shape of your body. "Then lightness appears in the body, you feel not a separate organ, but you feel your whole body, but comfortable, this is not weightlessness, there is a fulcrum. Relaxation is the absence of tension, tension, the body does not feel painful, but as a whole, and when the leg is sore, it is felt as a part, a detail of a whole, a piece. " When she is not sick, she feels that the body is a single whole, a relaxed state, this feeling of the body as a whole. Another phrase: "this is a good part, but it is temporarily unscrewed, like a robot, removed to lubricate, then it does not function, and unnecessary, then the feeling of loss, something important for you, is not a desire to replace, but the loss of your own, functioning and good. This is the loss of my Self, it appeared after 30 ".

Proceeding from the fact that the patient presents her problem in terms of structure (part, whole, detail, unscrewed, robot, support), she needs the means of the mineral kingdom. Loss of your Self is a problem of the 3rd row, one of the important topics of which is the problem of self-identification. J. Scholten: "Problems with self-identification are associated with the role of the social circle in their life: the question arises which part belongs to them and which part belongs to others". The information from the description of the third series concepts based on the works of J. Scholten, R. Shanakran and J. Shah was sufficient for a confident choice of the drug. The study of Materia Medica and the subsequent drug test confirmed the correctness of the choice of Alumina C30, and then, after 3 months, the dose in the C200 potency, which solved the problems with sciatica and with the feeling of losing one's own self.

One of the most significant advances in modern homeopathy is the development of the concept of "vital sensation" and the systematization of herbal remedies according to this concept and the 10 miasms. This concept is the merit of the Indian homeopathic physician R. Shankaran. His outstanding works "Understanding Plants" in 2 volumes, and "Feeling in Homeopathy". published in Russia.

The essence of the concept of "vital sensation" and its application in the systematization of herbal remedies is that each family of plants is characterized by a specific sensation inherent only to it, which has a different depth (miasm) in different representatives of this family. The definition of sensation and miasm in the clinical case allows with greater confidence to choose the right drugs, the prescription of which turns out to be very effective. It is very important that along with well-known drugs, little-known and practically untested drugs began to be successfully prescribed. And without them, the patient, at best, can count on a temporary improvement.

The interface of the "plants" section, developed in accordance with this concept by R. Shankaran, is a table, where, by analogy with the Periodic Table, there are rows (plant families) and columns

(miasms), at the intersection of which the desired drug is located. In total, information is provided on 32 plant families, approximately 10 drugs in each family. All 320 cells of the table, including the cells of families and miasms, are active and open access to descriptions that represent the sensations of families, miasms and individual remedies based on the fundamental works of R. Shankaran, which were mentioned above.

Example of application of the concept

The case of a 26-year-old woman with a curled uterus, which is abbreviated here. Complaints of severe fatigue, painful periods, infertility. Between menstruation, severe abdominal pain with a feeling of enlargement of the uterus and pressure on the anus, pain in the anus, which worsens with sudden movements, walking, standing, sitting, and improves lying on the back with raised legs. Periodically nausea and vomiting, teeth grinding at night.

She fell ill at the age of 16, when she experienced severe stress in connection with the divorce of her parents, who left her and her brother to the mercy of fate. The patient describes her condition in this way: when this happened, I began to work hard and prove to them (parents) that I can live without them, I can protect my younger brother (I have a weak character). In relation to my parents, anger and hatred, at the same time I love them in my own way, they came to me for help, when I began to earn money, I helped them, but did not forgive (cries).

Feels like a hunted animal, dirty, abandoned, nondescript, hungry, wet, covered in blood. A feeling of pity and a desire to help, it's dark all the time, then the desire to achieve something, to prove.

Fears: fear of an accident, so that there is no deformity of the face or body after the accident, especially the face, so that there are no scars. Fear of loneliness, of being abandoned, that there is no one to turn to for help,

At work, the constant expectation of a comment from the authorities and that they will be fired is always in tension.

Analysis. In the case, the main topic is the topic of trauma, emotional or physical (fear of an accident, scars, blood when talking about the animal, fear of remarks), which indicates the Compositum family. The depth of the experience is close to the syphilitic miasm (hatred, anger, blood) and precisely to the leprosy (abandoned, dirty, hungry).

In the program, at the intersection of the Compositum family and the leprosy miasm, we select, on the recommendation of R. Shankaran, *Lappa arctium*. In *Materia Medica*, *Lappa arctium* is presented with a very brief description by Bericke, according to which the drug is an excellent remedy for rashes on the face (fear of ugliness!) And for dislocation of the uterus (uterine bend!).

The drug test confirmed the correctness of the choice and the patient received a dose of the drug in the C200 potency, which significantly improved the patient's emotional state and eliminated pain in the anus and the feeling of pressure from the uterus.

The section "Animals" is similarly structured, represented by 7 subkingdoms (mammals, birds, reptiles, spiders, insects, amphibians, mollusks). A general description of each subkingdom is given, key features

sub-kingdoms, which are important when choosing a medicine in homeopathy, the natural characteristic of the source (for example, a tiger or a particular spider), which is important for understanding the case, a list of drugs from each kingdom that have found application in homeopathy.

The section "Miasms" is built on the basis of R. Shankaran's concept of 10 miasms, which is widely recognized by homeopaths around the world, including Russia. The interface consists of two windows and is a diagram of the author of the concept, where the miasm is presented in the form of a certain "point", which in R. Shankaran's understanding is the depth of despair in connection with the development of a disease (sensation). Each "item" is active, a click of the mouse activates the menu in the lower window, which has a submenu: "drugs" - a list of drugs assigned to this miasm, and they are classified by kingdoms ("minerals", "plants", "animals", "nosodes"), "description" is a description of the depth of despair of the corresponding miasm, "keywords" are words with which the patient can convey this depth.

Such systematization is convenient, firstly, for studying modern approaches of classical homeopathy, and secondly, it allows you to very quickly get access to the drug, both for testing and studying it. On the toolbar, the "i", "information" button allows, if necessary, to quickly display in a new window a description of the pathogenesis in any of the 16 most popular Materia Medica (both classics of homeopathy and modern authors).

Unlike all other computer programs created for homeopaths, this program also serves to control equipment manufactured by IMEDIS, including a drug selector, which allows you to quickly access the drug, test it for "tolerance" and "Efficiency" and cook in the required potency.

The development of a new version of the program required a significant addition to the list of drugs in the selector. As a result, almost all the elements of the Periodic System in various potencies and their most important salts became available, as well as a large number of animal preparations (including rare preparations of birds, mammals and reptiles) and plant groups, which may be in demand when applying R. Shankaran's methodology. ...

The experience of using the new version of the hardware-software complex has shown that it greatly simplifies homeopathic practice, and the list of medicines in the drug selector brings the homeopath's workplace, equipped with the hardware-software complex of the Center "IMEDIS", to the best homeopathic pharmacies in the world.

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