

Problematic issues of bioresonance therapy

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Zhen-chiu therapy and its resonant derivatives

When analyzing the problems and development of the theory of bioresonance therapy, one should keep in mind its historical roots. They go back centuries, but this does not diminish their important modern significance, but acquires new illumination and understanding. The doctrine of the vital energy "chi" and the form of its manifestation through the interaction of the polar forces "yang-yin" and the constitutional features of a person have been and remain the basis of the modern doctrine of homeostasis of the human body, but they receive a modern interpretation in connection with the progress of science and contribute to the creation of scientifically based approaches to the mechanisms of acupuncture effects. As experts say:

"Since the second half of the twentieth century, traditional acupuncture (zhen-chiu therapy) has gradually transformed into a wide variety of reflexology methods, which have received modern scientific substantiation and require new hardware for execution [1].

Traditional medicine includes various methods of treatment, among which reflexology, homeopathy and bioresonance therapy are the leading ones. A distinctive feature of these methods of treatment is that they are built on an information-field basis and functional physiological relationships based on homeostatics and synergetics [2, 3]. Introduction resonant-field type of interaction as a general biological regularity, made it possible to consider in a new way energy-informational connections in living systems and significantly advance in understanding the mechanisms of acting forces, both within biological systems, and the influence of various electromagnetic frequencies and radiation on them [4-6].

The development of this important direction in medical practice led to the creation of a new direction of electro-acupuncture and resonance homeopathy.

Further work in the field of reflexology and acupuncture points of a living organism showed the great importance of the discovered mechanism of electromagnetic influence in the diagnosis and treatment of various diseases in humans. Under the guidance of Professor Yu.V. Gotovsky carried out and carried out a lot of theoretical and practical work in this important area of medicine - in the study and improvement of methods of electropuncture diagnostics and therapy - electropuncture diagnostics according to R. Voll (EAF), vegetative resonance test (ART), bioresonance therapy (BRT) [7] etc. These methods allow one to obtain reliable information about the state of the functional systems of the body, the degree of their disorders and to carry out appropriate treatment [8].

In the detailed work of specialists from different countries in the field of BRT and ART, carried out over the past 15 years, tasks related to the development of these areas have been developed and,

in particular, increasing the sensitivity of diagnostic devices, eliminating interference in multilevel hierarchically complex systems in humans and solving psychological problems in the relationship between a doctor and a patient.

The result of this large and important work in our country was clear and methodological recommendations of leading experts [9-11].

The specified tasks for the study of the functional systems of the body, etiopathological mechanisms of the development of the disease and the degree of pathological disorders have been consistently solved for more than 15 years by a large team of doctors and specialists from Russia, the CIS and foreign countries (Austria, England, Great Britain, Germany, Israel, Latvia, Lithuania , USA, France). As a result, practical medicine has received a method of multivariate systemic analysis, which makes it possible to select an adequate combination of a complex of drugs for endogenous and exogenous BRT and to carry out highly effective therapy for patients. The methods of electroacupuncture diagnostics and bioresonance therapy have been tested for three decades in various clinical works in the field of evidence-based medicine. Based on the research carried out, specialists - doctors of the highest qualification state: "ART and BRT methods are currently one of the highly reliable methods of diagnosis and treatment" [12]. These methods have been mastered and used in everyday work by a large number of highly qualified doctors (more than 2 thousand!) For the diagnosis and treatment of various pathologies in patients of different ages, but, nevertheless, according to the Roszdrav register, they do not have the status medical specialty!

Individual differences in organisms

The issues of bioresonance diagnostics and treatment are connected with closely related to the fundamental features of the human body as a species. BRT specialist - L.V. Sharova, on the basis of her research, directly points to this: general biological features person "[13; my italics. HELL.].

The analysis shows that the following factors are the most important components here [49]:

- one) Resonant field interaction as a global phenomenon [4, 5];
- 2) The role of helio-geophysical factors in the entirety of solar-terrestrial links affecting homeostasis a person and his reactions [32];
- 3) Functional biosymmetry, reflecting manifold response reactions of different organisms to the same effect [19, 20];
- 4) Psychosomatic factors, where the most important general biological role plays Consciousness [18].

In this regard, it should be recalled that in Indian philosophy, "consciousness" is added to the five primary elements (earth, water, fire, metal, wood)

[fourteen].

All physiological and neurophysiological reactions are mediated through the brain and mental connection in the human body: "Thoughts are material and therefore must be positive, and this is not an easy task. The patient must work, work on a complex restructuring of his worldview, the creation of a positive dominant in his brain," indicate experts in the field of energy-informational medicine [15].

Since BRT is based on recovery natural

biorhythmic regulation of the somatosensory system, it is necessary first of all to dwell on the classification of biorhythms, carried out by us on the basis of the analysis of numerous works in this area of biology and medicine [19, 20]. Based on the study of the biorhythmics of various types of living organisms at the level of the whole organism and cells, it was revealed that it is characterized by vector orientation, reflecting a wide range of individual responses and changes in functional indicators to any external influence.

One of the important manifestations of this regularity is the physiological and biochemical inequality of living organisms for a variety of signs and properties - metabolism, respiration intensity, functional reactions and biorhythms. Vector character response reactions makes it possible to divide any organisms into conditionally "left", "symmetrical" and "right" forms that have the same mechanisms of metabolism, respiration, enzymatic activity and reactivity, but they are carried out different ways. Thus, a person (and any other living organisms) has a huge biorhythmic variety of functional indicators and each of them is characterized by a different vector orientation, those. the type of dissymmetry of the sign (its leftism-rightness). Therefore, during functional diagnostics and bioresonance therapy, doctors are faced with a variety of responses of the patient's body, which reflect not only his altered pathological and physiological state of the body, but its inherent special dissymmetric properties functional systems of his body and their vector orientation [21].

BRT specialists emphasize the importance of the vector character of the functional systems of the body: "... resonance is a factor abruptly changing the vectoriality of the trajectories of cyclic movements of objects in multilevel systems of different scales, making the environment (space, volume, etc.) either more homogeneous, ordered, of the same type, synchronous, or, conversely, more chaotic, disorderly, heterogeneous, unstable, unsynchronized "[22, p. 394].

Separation of study patients is very important in the work of BRT specialists. by types of individual reactions, for example, when studying the energy of the body, which significantly affects the endurance and performance of the body. The data of quadrant measurements by EAF make it possible to assess the energy level of the body, and to understand which patient the doctor is dealing with - normo- or hyperergic, hypoergic, asthenic with functional activity corresponding to this type and psychosomatics [23].

At the same time, as specialists rightly note in their work, gerontologists: "It is important to keep in mind that constitutional features a person is determined by the uneven aging of various tissues ... and the uneven aging of various tissues and organs leads to the fact that sometimes the correct selection of drugs corresponding to the main disease does not lead to a cure. The impact of Konium drugs (including inverted ones) restores the dynamic parameters of the hypothalamic-pituitary system as the most sensitive to the processes

aging "[24; my italics. HELL.].

In addition to the constitution, the work should take into account the role of planetary constellations in the responses of both healthy and sick people. The point is that the planetary arrangement at the moment of conception (birth) has a strong effect on the functional and psychosomatic properties of the organism, since the formation of the organism occurs under the strong influence of cosmic factors and especially the planets of the solar system due to their gravitational influence [25, 26]

This finds its vivid expression also in chronosemantics, where papillary patterns characterize the psychotype of a person and the dynamics of his ontogenetic development in close connection with planetary constellations [27]. If the influence of weak and superweak cosmic fields and radiation is recognized as important and justified, then it should be recognized multifactorial influence per person of planetary constellations that form individual peculiarities of people in biorhythms and reactivity [28].

As an example, consider the problem of infertility [29, 30]. It is known that the problem of infertility in marriage is an important medical and social problem, and infertility of unknown origin deserves special attention. Experts note: "Observations show that, despite the special attention that is paid to this problem, the chances of eliminating infertility of unknown origin are extremely low.... Approximately 10% of infertile married couples no pathology can be detected"[29, p. 192; my italics. HELL.].

Meanwhile, the view on the problem of infertility has long undergone significant changes, since new ways and directions have appeared in its study and treatment. As an example, we will give brief information about the long-term work from 1956 to 2006 by the Slovak scientist Dr. Eugen Ionash on the problems of natural regulation of sex and infertility [31]. The author of this work conducts astroplanetary calculations (taking into account the exact time of birth of the expectant mother), contributing to the conception of a child of a certain gender, including in the case of prolonged infertility with a normally functioning sexual sphere of the spouses. The method of natural sex regulation has been tested for 50 years in different countries of the world, where the Centers according to the method of Dr. E. Ionash have been established, and has justified itself with a high degree of probability of the desired result.

Confirmation of our conclusion about the individuality of patient responses and the effectiveness of the methods of BRT and ART are the final results of large medical and statistical data obtained by doctors over many years, indicating that an improvement in the treatment of diseases was noted in 70% of patients, and 30% showed ambiguous results. impact [32].

Here, the specificity of the diseases should be borne in mind: for example, long-term follow-up observations (a year or more) show that in the treatment of multiple sclerosis, the following results were obtained for 13 individual symptoms and syndromes (physical activity, headaches, subfebrile condition, fatigue and others) - a significant improvement in 40.9%, moderate (18.2%) and insignificant (18.2%) and no noticeable effect 22.7% of cases [33]. The data presented indicate that the use of BRT methods slows down neurological dysfunction in many indicators of the functional activity of patients, but requires a long

individual approach and treatment.

Synergetics and integral nature of the disease

To understand the mechanisms of bioresonance therapy, the provisions of synergetics as a science of self-organization of biological systems are of great importance.

Synergetics shows that for complex systems there are several qualitatively different ways of development, first of all, biorhythms, which are the basis for the functioning of a living organism controlled by consciousness [16–18]. In addition, one should not forget that intracellular and interorgan regulation of functional processes in a living organism has a very complex nature, including various neurohumoral processes and specific primary mental mechanisms of action [18].

It is also necessary to keep in mind an important fact that specialists point out in the diagnosis and treatment of children with pathology.

psycho-neurological sphere of psychosomatic disorders:

"... the pathological process affected many integrating systems (immune, endocrine, mesenchymal-metabolic exchange, the state of microelements ") and further emphasize:" ... the division of these pathologies on the etiological basis is very arbitrary. In the clinic, mixed forms are often found, i.e. action is observed several pathological factors"[34; my italics A.D.]. This confirms the long-standing rule - "the doctor should treat the patient, and not the manifested disease." In connection with the above, the opinion of A.N. Mathison: "... you can often find that the methods of examination of the patient we use often do not coincide with the diagnoses established in other medical institutions that use classical examination methods." The author rightly notes that this difference is associated with a different approach of a BRT specialist doctor, who investigates the foundations (core) of pathology, and its symptomatic manifestations "which is basically what classical medicine does" [35]. As experts point out: "The hypothesis of the dominant individual characteristic frequencies and the patterns of their change,

bifurcations, both in norm and in pathology, and about the fallacy of ideas teleology (tough predeterminedness, purposefulness) in medicine "[46, p. 365].

Psychosomatics as the basis of BRT

BRT specialists of any qualification and specialty need to take into account the psychosomatic state of the patient, since often a person is burdened with mental problems, which manifest themselves in various kinds of autonomic reactions and painful conditions of various origins. It is important to emphasize that the available diagnostic and treatment methods - segmental diagnostics, quadrant measurements, ART, electro-acupuncture diagnostics of the sympathetic and parasympathetic systems, the thalamic zone and the hypothalamus, the state of connective tissue and other important zones - make it possible to identify the qualitative and quantitative characteristics of the psychosomatic characteristics of a person and carry out the necessary correction.

Dr. N. Kempe, in one of his principal works, notes the following: "By and large, all diseases are psychosomatic. The only question is the degree of influence of the psyche. The psyche (soul and spirit) and the soma are inextricably linked ... Moreover, taking into account the mental state of the patient leads to a general recovery of the body. " At the same time, the author of the work emphasizes: "... At the same time, we quite quickly felt how multidimensional and complex this task is" [36].

Analyzing possible approaches in the treatment of patients and considering the classical triad of health - "biochemistry-structure-psyche", the specialists of traditional medicine Torshin V.A. and Voronovich P.Yu. come to an unambiguous conclusion, "... that the psyche is the base side of the triangle. Psycho-emotional perception of the surrounding world is the essence individuality: the more complex the patient, as a creative and multifaceted personality, the more drugs resonate with the indicators of deep psychological problems "" [37].

Well-known experts in this field point to the importance of this problem: "The psychosomatic genesis of most chronic diseases sets before the doctor the task of organizing a treatment process with an equivalent active effect on both physiological processes and the human psyche. Each emotion in the human body has its own individual paths of distribution and "tropism" to individual meridians, and, consequently, to the organs associated with them "[38]. Specialists emphasize: "Chronic pathology, polysystemic diseases most often begin with psychological problems, are accompanied by them, aggravating the development of these problems and pathological changes in the human body" [39].

In this regard, the work of BRT specialists in the field of creating special Systemic Spiritual Adaptants should be noted [40,41]. Considering the deep foundations of the connection between human diseases and his psyche, Dr. N. Kempe (Graz, Austria) notes: "It seems to me that the so-called psychosomatic problems can be finally and successfully resolved only with active the participation of the patient's consciousness and subconsciousness. " and continues his thought: "So, our task at any therapy try work directed with the activation of consciousness and subconsciousness patient "[42; highlighted by the author. HELL.].

At the same time, a specialist in electropuncture medicine and homeopathy Postnikova O.A. summarizes the existing situation in this area as follows: "All diagnostic criteria currently used in the ART method do not sufficiently reflect the emotional and mental sphere of human activity" [43]. For the diagnosis and control of treatment, the author has developed extended scales for assessing the status of the nervous system in the emotional sphere, memory and other functions based on the state of various nervous structures. These scales for assessing the functional state of the hippocampus, cingulate gyrus, thalamus, hypothalamus, gray tubercle make it possible to choose a regulatory therapy and allow not only assessing various disorders in these structures, but also effectively optimizing the treatment process [ibid. P. 392].

Problematic issues in BRT
A huge front of ongoing work in the field of BRT and ART requires

a certain unification of medical work. The opinion of specialists here is expressed quite clearly and reasonably: "At the present stage of development of medicine, in order for doctors of different specialties to understand each other and to be able to carry out continuity in the treatment of a patient, it is necessary to clearly regulate the requirements for the registration of the medical history.... This will allow the doctor to objectify his decisions when prescribing treatment and in its dynamics, as well as to objectively assess the results of the therapy from the standpoint of evidence-based medicine "[44]. The above position, expressed by BRT specialists, is methodologically important, since during the subsequent visit of the patient to the doctor or during the continuation of the treatment being carried out, the individual response of the patient's body to the conducted bioresonance treatment will be clear. constitutional a sign of a person [45, 46].

Bioresonance therapy is a rapidly developing field of medicine and biology, and therefore, along with great success in the treatment of various diseases, doctors have many methodological questions that require deep instrumental and theoretical developments. As an example, we can cite the questions that arise before specialists when using an effective method that has seemingly been approved for a long time in the clinic. autonosodal therapy. As follows from the analysis carried out by the well-known specialist in the field of energy-information medicine, Dr. N. Kempe (Austria), when using this method, many questions arise of a methodological nature: picking up, introducing, inverting pathogenic information and conducting therapy (inductor, electrodes, "loop ", " Belt "), and the most important question - when should autonosode therapy be used. Long-term studies have shown that the only application criterion is an the patient's energy potential (emphasized by the author. A.D). Further such stages follow - removal of pathological information

(area, time, methods), determining the required potency of a given nosode, the time and amount of injection of direct and potentiated nosodes into the therapy circuit and, finally, the final stage, - conducting therapy - a conventional basic BRT or with time or frequency modulation, an induction program and the last one is testing of prescribed drugs [47].

In the work of specialists on BRT and ART, modern developments in the field of biological action of weak and ultra-weak fields and radiation should be taken into account [48]. Works in this direction are not only important, but one might say, even fundamental, for the BRT problems we are considering. Influence of fields of cosmic origin - solar flares, ionospheric frequencies shki, magnetic storms, and ionization, dynamics of atmospheric pressure in the oxygen content surface layer are exerted by a doctor using the BRT constant action, and method, you should know and take this influence into account, since it is a factor that aggravates the patient's condition, and can minimize the efforts of the doctor in the treatment of various diseases [49].

BRT has a wide range of medical applications, and its foundations are laid in the information properties of water and cellular structures [50, 51], taking into account the action of the signal characteristics of EM fields, since a living organism is their emitter in a wide frequency range - muscle

(0.05-0.3 Hz), neurogenic (2-30 Hz), metabolic (0.01-10¹⁸ Hz) activity. But here one should pay attention to an important remark of the famous biophysicist V.A. Likhareva: "Those electromagnetic fluctuations, which can register in the patient with the help of appropriate sensors, a mixture of "normal" and "pathological" vibrations. They display response of the body, and to divide them into "normal" "pathological" is a serious methodological problem, as well as all medicine "[52].

Problematic issues of bioresonance therapy are closely related with geophysical factors of the surrounding space, affecting the diseased organism. Among them, one of the most important are geoecological factors that have a strong impact on the human environment and health, associated with geological faults in the earth's crust. In the regions of these anomalies, the so-called geopathogenic zones are formed where the main role is played by geologically active faults, fracturing, intersections of underground water flows, energy local places with altered parameters of the geomagnetic field, geoelectric potential and radioactive radiation of radon and its decay products [53].

Specialists - geophysicists note in their works: "From the standpoint of the science of physics of the Earth, geopathogenic zones can be considered as areas of anomalous manifestation of the properties of the atmosphere, hydrosphere, lithosphere and deep bowels of the planet, which negatively affects the state phyto-, biocenoses and the human body".

The authors emphasize that pathogenesis is such tectonic zones of action due to the presence high level of geophysical and geochemical fields exceeding the accepted sanitary and hygienic standards [54].

The only one correct way eliminating human from the damaging effect of abnormal geophysical factors is its removal from the highly active zone. The opinion on this matter of well-known medical specialists in BRT is absolutely categorical: "To treat a patient who is sleeping, working or resting in a geopathogenic zone is a thankless and ineffective task ...remove from geopathogenic zone"[55; 56; highlighted by the authors. HELL.]

Conclusion

Bioresonance therapy is a dynamically developing field of reflex and psychotherapy, which has fundamental justifications in the works of Russian and foreign scientists. With the aim of further fruitful development of this direction, it is necessary to create specialized centers in the regions of the country - medical institutions of various profiles for the development of methodological and theoretical issues of bioresonance therapy. On the basis of the work carried out, we should now begin to create a multivolume guide to diagnostics and treatment by methods of bioresonance and multiresonance therapy. First of all, this must be done in such areas where, over a twenty-year period of research, a huge, practically valuable arsenal of information has been accumulated on such diseases as: diseases of the cardiovascular system, genital area, musculoskeletal

locomotor system, central and peripheral nervous system, kidney and urinary system and other nosologies. All of the above confirms the need to create a special service in the field of bioresonance therapy, as an important link in the Russian healthcare system. In conclusion, the opinion of a well-known specialist in the field of reflexology, psychiatrist V.S. Katorgina: "... bioresonance medicine has received a new birth in Russia and a huge number of supporters, not only among doctors, but also among leaders and organizers of healthcare. All this inspires confidence that no corporate interests can stop the advancement of science along the path of a holistic understanding of the relationships in the body [58]. The ancient Eastern doctrine of zhen-chiu therapy has received its fundamental justification in modern bioresonance and multiresonance therapy. It is effective at all levels of exposure and with any means of exposure - needles, moxa, wormwood cigars or an electromagnetic field. The advantage of the latter lies in the possibility of directed fine differentiation of the level of influence from the cellular matrix to any micro- and macro-structures and regulatory systems of the body [59].

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