

Bioresonance approach to the study of the mechanism of the influence of cosmic factors on the body in  
norm and pathology

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Even in ancient India and China, the doctrine of the movement of a special energy "Ki" along the meridians and biologically active points of the body was developed. In particular, in the "Yellow Emperor's Treatise on the Internal" it is indicated that the Emperor Huang Di asked Qi-Bo: "How does a person get" Ki "?" Qi-Bo replied: "... At dawn," Yang "(Yang meridians) receives" Ki ".... The sun sets, Yang ends, and Yin (Yin meridians) receives Ki. At dawn, Yin ends (depleted) and Yang receives Ki. The movement takes place without stopping, just like the sun and the moon move ".

Hundreds of thousands of specialists have read these lines, but they all seemed like an allegory. Meanwhile, the results of our research show that the ancient scientists of the East knew that cosmic factors control the movement of energy along the meridians.

One of the first to try to scientifically prove this was the Japanese professor M. Tokata, who in 1951 proposed a method for studying the body's reaction by the rate of sedimentation of blood serum proteins. He found that the diurnal rhythm of the flocculation reaction of these proteins in the most different geographical points of the Earth is similar. In particular, 6–8 minutes before sunrise, the rate of protein sedimentation suddenly increases, and before sunset, it slows down. M. Tokata suggested that the invisible "revitalizing radiation" of the Sun affects the body. These results have been confirmed in many scientific laboratories around the world. Much later, in 1979, the Soviet astrophysicist N.A. Kozyrev at the Crimean Astrophysical Laboratory found that a special invisible radiation was recorded by the telescope 8.3 minutes before sunrise. In 1990 g. these data were confirmed by a group of Novosibirsk scientists headed by Academician of the Russian Academy of Sciences M.M. Lavrentiev. Moreover, they found that this radiation stimulates the vital activity of a culture of microbes that are in suspended animation strictly 8.3 minutes before sunrise.

Taking this into account, with the help of a special attachment to the telescope, the radiation of the Sun, Moon, planets was recorded, which was recorded on an information carrier (water, homeopathic crumbs) and homeopathized bioresonance preparations were prepared in order to study their effect on the body, meridians, biologically active points using equipment center "IMEDIS".

The research involved 46 volunteers, who were diagnosed using the IMEDISTEST method of vegetative resonance test (ART) at different time intervals during the day, electrical conductivity (by the Voll, Nakatani method), thermal sensitivity of BAP (Akabane method), the intensity of oxidative processes (oxyhemometrically), well-being, activity, mood (SAN test), dynamometric muscle strength, blood flow velocity (rheographically) under normal conditions and after exposure to bioresonance drugs "Rising Sun", "Setting Sun", "Rising Moon", "Setting Moon".

It was found that 8.3 minutes before sunrise, the telescope records a special invisible solar radiation, which has a powerful biologically active effect on the body. In particular, the drug "Rising Sun", obtained at this particular time, had a strong biostimulating, catabolic effect. At the same time, the activity of the pineal gland increased ("the sea of twelve meridians"), and then, strictly according to the theory of ancient Chinese medicine, the activity of the meridian of the lungs, large intestine, stomach, etc.

The ancients wrote that morning energy is characterized by the Yang property. Indeed, in our research, the "Rising Sun" drug, accumulating this invisible radiation, activated the body's energy, stimulated metabolism. In particular, according to the data of the oximetric test, the metabolic rate increased on average by 25.2% ( $P < 0.05$ ), muscle strength (dynamometrically by 22.5%;  $P < 0.05$ ), blood flow rate (rheographically by 18, 2%;  $P < 0.05$ ), heart rate (by 16.8%;  $P < 0.05$ ), indicators of the SAN test improved. Subjectively, after exposure to the "Rising Sun" drug, the subjects noted a surge of strength, increased efficiency, tone, activity, and mood. The most interesting was the antitumor effect of the drug, which helps to reduce and even cure mastopathy, nodular goiter, prostate adenoma,

The setting Sun, on the contrary, had an anabolic effect on the body. Thus, metabolism decreased on average by 22.9% ( $P < 0.05$ ), muscle strength decreased (by 20.7%;  $P < 0.05$ ), blood flow rate decreased by 16.8%; heart rate by 20.4% ( $P < 0.05$ ). Subjectively surveyed

noted calming, relaxation, and improved sleep. With the help of ART, anti-stress, sedative, immunostimulating effects of the drug, acceleration of the rate of regeneration and a strong anti-inflammatory effect were found.

The drug "Rising Moon" worked similarly. He also had a distinct anabolic, sedative, anti-inflammatory effect.

The "Setting Moon" drug turned out to be close in effect to the effect of the rising sun. In particular, it was a biostimulant, increased blood flow rate, heart rate, metabolism, had a catabolic, antitumor, general stimulating, tonic effect.

In cross-sectional studies, it was found that the drugs "Rising Sun" and "Setting Moon", as well as "Rising Moon" and "Setting Sun" partially mutually neutralize the physiological effect of each other on the body. However, they differ in a number of ways, and it is better to use them as a complement to each other.

It turned out to be very interesting that the preparations "Rising Moon" and "Setting Moon" at first did not affect the 12 main meridians, but on the wonderful front (at sunrise) and back (at sunset) middle meridians, i.e. on the activity of the parasympathetic and sympathetic nervous systems.

It has been established that homeopathic remedies with a pathogenesis of "Worsening at sunrise", "from the Sun at dawn, dawn and at sunset" were more effective in persons of the "hot" type with increased metabolism (Natrium muriaticum, Hamomilla, etc.) ... Homeopathic remedies with the modalities "Worsening at sunset", "At dusk", "On the rising (rising) moon" were more often referred to vagotonics, persons of the "cold" type, with a sluggish, anabolic metabolism (Hina, Graphites, etc.) ...

So, our research has confirmed the existence of special invisible radiation from the Sun and Moon, recorded before their astronomical sunrise and sunset. This indicates in favor of the ideas of ancient thinkers that the Sun and the Moon trigger the movement of a special energy "Ki" along the meridians. Considering the priority of the authors, this energy can be called the "KI" (Kozyrev – Ivanchenko) energy. Moreover, it is obvious that it manifests itself in at least two forms: "Yang" (catabolic, biostimulating energy of the rising sun and the setting moon) and "Yin" (anabolic, calming energy of the setting sun and rising moon). It is obvious that the drugs obtained at

The rising and setting of the Sun and the Moon are physiological, natural regulators of the circadian (circadian) rhythm of the body's function, reflecting the daily rhythm of the movement of the Earth, the Sun and the Moon. Apparently, the ancient Chinese, using long-term pulse diagnostics, discovered the existence of two-hour rhythms of energy movement along the meridians. In particular, they postulated that the movement of the "Ki" energy begins from 3 to 5 am along the meridian of the lungs, then the large intestine, etc. In our studies, it was found that this time is not strictly fixed and depends on the month and season of the year in accordance with the astronomical movement of the Sun over the horizon. Similarly, in Eastern medicine it was believed that the anterior median meridian is most active from 24 to 12 noon, and the posterior median meridian is most active from 12 to 24 hours.

Since the sun's radiation is recorded 8.3 minutes before its astronomical rise, which corresponds to the time required for light to cover the distance from the Sun to the Earth, it is clear that biologically active invisible rays reach the Earth at a speed exceeding the speed of light, spreading in space almost instantly. In particular, they trigger the body's own energy meridian system, which contributes to the formation of his energy and human tone. These data force us to reconsider the formed opinion that only the alternation of rhythm (day - night, light - darkness) is the main synchronizer for pacemakers of the drivers of the circadian rhythm in the nuclei of the hypothalamus. Apparently, the primary synchronizers are the invisible radiations of the Sun and the Moon.

It should be especially noted that the clinical use of homeopathic medicines "Rising Sun", "Setting Sun", "Rising Moon" and "Setting Moon" is promising. At present, the drug "Luna" is used in homeopathy, tested by a number of authors. In the drug selector "IMEDIS" there are also resonant preparations: "Compound lunar water", "Pure lunar water", Rostock preparations: "Lunar eclipse", "General solar eclipse", "Partial solar eclipse", "Solar mixture" ... The action of these funds is largely due to the patterns we discovered, and can be used with much greater efficiency in accordance with them.

We are currently studying the influence of the planets of the solar system on the body.

Preliminary results show that they, too, have radiations with powerful biological effects.

We have proposed a method for determining the so-called "open" points of acupuncture meridians. According to our data, these are BAPs in which the maximum energy of the Sun or the Moon is at a given time. A computer program is being developed for the quick calculation of "open" points, which makes it possible to significantly increase the effectiveness of acupuncture, moxibustion, laser puncture, color puncture, magnetopuncture, phytopuncture, acupressure, bioresonance therapy for active points, especially when using the equipment of the Center "IMEDIS".

Apparently, most of the physiological and biochemical processes are supported by radiation from the Sun, the Moon and, possibly, planets. The ancients knew this well.

Undoubtedly, our new data explains the effect of many health-improving methods aimed at the intake of cosmic energy. For example, yoga breathing exercises "Surya namaskar" (worship of the Sun), solar breathing "Ha", lunar breathing "Tha", etc. The recommendations of yogis to engage in Hatha yoga at sunrise become understandable and not accidental. This gives the catabolic energy "KI" for daytime tone and high performance. In the evening, before sunset, we recommend calming breathing techniques, pranayama, to promote deeper and more restorative sleep.

By the way, in Russia at the beginning of the 20th century, the method of old Russian "dawn" medicine was widespread, that is, the use of meditative exercises at the dawn. And in general, our ancestors, apparently, intuitively got up at sunrise, and went to bed at sunset, that is, they lived in the rhythm of the Sun, thereby maximally supporting the circadian circadian 24-hour rhythm of human activity - the main biorhythm of life.

In our practice, already now, knowing the time of sunrise, sunset and moonset, we give recommendations to patients on how to prevent an exacerbation of their chronic diseases. In addition, with the help of BRT and other methods, effective prevention of relapses and pulsotherapy (chronotherapy) of diseases is carried out. For this, the most dangerous days and hours are calculated at which disease provocations can occur. In principle, three options are possible:

1. Inflammatory processes, allergic conditions and autoimmune diseases, for example, acute respiratory infections, bronchitis, cystitis, allergic rhinitis, asthma, rheumatism, rheumatoid arthritis and many others can be provoked by the catabolic energy "Ki" of the Sun and the Moon.

2. Benign and malignant tumors (nodular goiter, uterine myoma, mastopathy, prostate adenoma, cancer, sarcoma, melanoma), hyperplastic (growth) processes, for example, arthrosis, osteochondrosis of the spine are activated by the anabolic energy "KI" of the Sun and the Moon.

3. Diseases in the pathogenesis of which there are combinations of inflammatory and hyperplastic processes (endometriosis, periodontal disease, psoriasis, gout, etc.). Their continuously recurrent course, possibly, is supported by the combined effect 4 times a day of the catabolic and anabolic energy "KI", in fact, both at sunrise and at sunset of the Sun and Moon.

Apparently, there are no spontaneously exacerbating and continuously recurrent chronic diseases. Their development mathematically exactly fits into the days and hours of the most powerful influence of the Sun and the Moon. The main thing is the influence of the combination of external cosmic facts on the prepared soil (the weakest links of the organism at a given day, hour, and even minute).

Thus, humanity lives in the rhythm of the Cosmos, first of all, under the influence of radiation from the Sun and the Moon, which affect its health and determine the pathogenesis of many diseases. The study of frequency-resonant preparations of the rising and setting sun and moon allows us to evaluate them as very promising for the prevention and treatment of a wide variety of severe pathologies.

table

Mechanism impacts	Traditions. h-ka	Exchange substances	Nervous system	Immune naya system	Reserves adaptations	Regene-walkie-talkie	Allergies and inflammation	Tumor left growth
A drug "Sunrise-yashchee The sun", "Incoming Moon"	"Jan"	Katabo-personal the effect	Tonis-roaring, exciting giving action	Immuno-modulation	Use calling	Brake living	Provocation	Against whoop cholic the effect
A drug "Incoming The sun", "Rising Moon"	"Yin"	Anabo-personal the effect	Sedative ny, an-tistress owl the effect	Immuno-stimulation	Increase-nie reserves	Stimu-llation	Against proinflammatory and antialler-gic effect	Acceleration growth tumors

In conclusion, we present a summary table of the influence of the preparations of the Sun and the Moon on various organs and systems.

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