

Some Aspects of Allergy Treatment by a Naturopathic Physician  
E.L. Ermina, G.Sh. Kasimova  
(Homeopathic Center, Kirov, Russia)

IN the present time problem treatment of allergic reactions naturopathic remedies are very ь acutely. According to our observations, on homeopathic reception more and more often patients come who have not received the effect of classical therapy using hormonal drugs, blockers Hone-histamine receptors, mast cell membrane stabilizers. In our practice, over the past year, cases of patients appearing immediately after extracts from a specialized inpatient department of allergology. People of all ages turn to homeopaths with allergic reactions, but most often - children of preschool age.

Here is a sequence of measures for a client with an allergy to contact our Center.

1. Psychocorrection by an accessible method (including search constitutional homeopathic remedy).
2. Identification of central damage in the body (meridians / organs with high indices, "maximum" energy disturbances).
3. Identification of "key" meridians / organs.
4. Prescription of drainage preparations in low potencies, sorbents, adequate volumes of fluid.
5. Fight against exogenous aggravating influences (geopathogenic, electromagnetic, radioactive, a little later - the consequences of the effects of vaccinations, toxic metals, chemical agents).
6. Conducting BRT sessions (endogenous BRT session no more than 1 time in 2-3 weeks).
7. Identification of food / non-food allergens using the method Voll and elimination of their influence.
8. Identification of microbiological burdens and their correction.
9. Continuation of drainage (symptomatic) therapy

In our opinion, detection of allergens is quite accurate and fast when determining the difference in Voll values using 5 KTI (channels of a triple heater, EPD, allergy, pericardium, lungs.). However, we do not believe that identifying and eliminating a specific allergen is central to treatment. Much more importance is attached to adequate psychocorrection and drainage therapy.

We consider psycho-corrective measures to conduct an extensive consultation using the methods of R. Shankaran (search for a source of constitutional homeopathic remedies with the identification of the patient's "gesture energy"), cold dynamics, gestalt therapy.

In the course of treatment, much attention is paid to educational work with the patient, the reasons for allergy are explained as an "overprotective" function of the body, analogies of an allergic reaction with a long-term suppressed emotion, an autoimmune disease with an autoaggressive condition.

In the form of drains, both monopreparations of low dilutions are used, as well as

and complexons of various companies. Due to our availability, we often prescribe Heel preparations, which, along with excellent therapeutic effect when administered orally, we want to celebrate additional psychotherapeutic effect when parenteral use.

Gradually (according to the test results), previously excluded products are included in the diet, "+" - preparations of household and agricultural allergens are prescribed.

Usually, at this stage, the main clinical manifestations of an allergic reaction have already been stopped. Further treatment is symptomatic.

Thus, the most important in the treatment of allergies is an integrated approach, taking into account the significant psychosomatic component of this process.

---

E.L. Ermina, G.Sh. Kasimova Some aspects of allergy treatment by a naturopathic doctor // XII