

## Prevention and treatment of hypoxia in the elderly with BRT and aromatherapy

E.N. Kozlova, V.V. Dudoladov

(Marine State University named after G.I. Nevelskoy, LPC  
SYNERGY, Vladivostok, Russia)

Hypoxia is a condition that occurs as a result of insufficient oxygen supply to the tissues of the body or a violation of its assimilation during biological oxidation, leading to a violation of the energy supply of functional and plastic processes in the body.

In our work, we want to focus on the treatment of endogenous hypoxia, which occurs most often in old age and is the result of pathological processes and chronic diseases leading to insufficient transport and deficiency of oxygen and metabolic substrates in organs and tissues. The mechanisms of damage to cell membranes are realized in many pathological processes and diseases of infectious and non-infectious genesis, accompanied by disorders of breathing, blood circulation, nutrition, the development of immunopathological reactions and a number of other conditions. It is important that pronounced hypoxia of any type in itself activates many mechanisms leading to damage to membranes and cell enzymes with the development of tissue hypoxia.

When even moderate hypoxia occurs, the body triggers adaptation mechanisms aimed at maintaining the body's homeostasis in these conditions with the involvement of all levels of vital activity, including changes in behavioral reactions, the formation of dynamic functional systems to achieve and maintain the optimal level of biological oxidation in cells, activation of cellular metabolism. But with age, the mechanisms of adaptation weaken, which is accompanied by a disruption of the reserves of adaptation and dysfunctions of organs, tissues, and metabolism.

Prevention and treatment of hypoxia is based on the principles of etiotropic (treatment of the main pathological process), pathogenetic (elimination of acidosis, reducing the degree of membrane damage, increasing the effectiveness of biological oxidation) and symptomatic (eliminating unpleasant, painful sensations that aggravate the patient's condition) therapy.

We conducted a study and treatment of 12 patients aged 48–73 years receiving complex therapy with ART, BRT, essential oils, diet therapy (selection of products with alkaline properties), aimed at eliminating clinical symptoms, improving

the well-being of patients, an increase in the reserves of adaptation of the body to hypoxia.

IN program "IMEDIS-EXPERT" pointer on the Availability  
metabolic hypoxia is Cytochrome A D0.

Blood comp ↓ + cytochrome AD60 N ↓

Organopreparation Dx ↓ + Cytochrome AD60 N ↑

Treatment of hypoxia was carried out with endogenous rapie by  
bioresonance to the selected meridians, selected information copies  
homeopathic medicines. Heel preparations, OTI catalysts, GUNA bioscillators (Dr. Roy Martina) have proven themselves well.

The purpose of aromatherapy was also aimed at eliminating

toxic load caused by the accumulation of endogenous metabolic products and exogenous factors that damage the cell membrane; stimulation of the excretory functions of organs and systems, accompanied by an increase in the utilization of oxygen in the tissues of the body, elimination of toxins, an increase in the metabolic rate, activation of nonspecific and specific adaptation mechanisms; strengthening the walls of blood vessels, improving the rheological properties of lymph and blood, etc. In the process of treating hypoxia in the elderly, essential oils of sandalwood, rose, turmeric, neroli, fennel, juniper, cedar, verbena, rosemary, eucalyptus, tea tree, sage, oregano were used. The selection of essential oils was carried out using ART testing, by filtration through the main index. The methods of administration of the drug were determined by the general goal of therapy for a particular patient (oral administration,

As a result of the complex therapy, we noted a persistent and quick therapeutic effect, which manifested itself in an improvement in general well-being, relief of the symptoms of the leading disease, and the release of integrative indicators to the optimal level.

---

E.N. Kozlova, V.V. Dudoladov Prevention and treatment of hypoxia in the elderly using BRT and aromatherapy // XII

125