Drug Testing (Optimization Ways)
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In 1954, R. Voll (Germany) discovered the phenomenon of "testing medicines", H. Schimmel (Germany, 1978) improved this method. In Russia, along with R. Voll's method, the vegetative resonance test, modified by Yu.V. Gotovsky.

12 years of experience in the use of individual selection of drug therapy made it possible to create an algorithm for drug testing.

The study must be carried out with the consent of the patient.

On the eve of the proposed drug testing, all medications must be canceled in 2 days.

If it is impossible to fulfill this requirement on the day of the study, a session of bioresonance therapy with inversion is carried out (after preliminary testing), after which drug testing is carried out.

It is advisable to conduct the study in the morning; a number of doctors recommend that the patient drink a glass of ecologically clean water.

If the patient has dentures, joint endoprostheses, heart rate drivers, intrauterine devices, braces,

metal jewelry embedded in the skin - at the time of testing, it is necessary to cancel their influence also in the inverse mode.

In a patient with an allergic history, it is necessary to test not only medicines, but also food, personal hygiene items, washing powders and other detergents, house dust, house plants, wool and down of pets and birds, fluff from pillows, flowering plants from the environment, and other surrounding burdening objects (for example, mobile phones, etc.). This work is carried out in several stages and an agreed recipe is selected scrupulously in each individual case.

Necessary test specific a drug or drugs, intended for the course of treatment, since there are many manufacturers on the pharmacological market with different efficacy of the same drug.

Drug testing of patients with severe metabolic disorders is also a lengthy and not very rewarding work. The arsenal of effective drugs in such patients is not large due to the rapid cessation of their action, due to a general metabolic disorder.

Therefore, in such patients, along with individually selected drugs, it is necessary) to use sorbents, intestinal colonohydrotherapy, transfer to homeopathic treatment or other ways to optimize metabolic processes. When choosing drugs for a long course of treatment (for example, with ischemic heart disease, hypertension), it is necessary, in addition to the cost, to take into account the color of the drug shell, because preparations with brown, red, orange color cease to be effective much faster (seen in a lot of observations).

It is necessary to take into account the metabolic department and protect pathways for example, if a long-term them. taking non-steroidal

anti-inflammatory drugs need to adequately protect the mucous membrane of the stomach and duodenum, because ulcers, erosion and bleeding occur quite often.

The workplace requirement must be strictly followed. The cabinet should settle down in the distance from X-ray installations, Ultrasound cabinets, physiotherapy cabin of Comrade S. the electromagnetic background from the devices, should be workers is adequately illuminated by uniformly distant lighting lamps. The floor should be wooden, there should be no synthetic coverings near the workplace, the patient should be dressed in cotton clothing, there should be no switched on, working electrical appliances near the workplace. The study should be carried out one-on-one with the patient.

The doctor must be healthy on the day of the drug test. After work, the health status of the doctor should be assessed by the electropuncture method and, if necessary, it is desirable to conduct a session of bioresonance therapy, possibly with inversion, especially during long-term work with seriously ill patients. You can use other options to restore lost health reserves.

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