

Acidic and alkaline water as nosodes of acid-base balance

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In this work, we understand a nosode as an information signal about a pathological process or an element of this process in the body. Thus, as an information signal, the nosode is a test indicator of a necessary, but by no means insufficient criterion for the existence of a whole class of pathological processes in the body.

Determination of the acid-base state (ACS) of the body in the process of diagnostics and therapy remains relevant at the current time, as well as methods for correcting this state.

In ART, there are methods for determining acid base balance through markers: Acidum and Calcium oxalicum, Litium carbonicum and benzoicum. Which is (in some sense) an indirect method.

The direct method is to determine the acid base balance using nosodes. To date, such an opportunity has emerged. Potentized acidic and alkaline water was used as nosodes.

Both types of water are the product of the electrolysis of distilled water in a diaphragm cell. As a result of the cathodic reaction, catholyte, that is, water with an alkaline reaction, respectively, in the region of the anode is formed anolyte, that is, acidic water. For the preparation of homeopathic preparations, electrolysis of water was carried out on water apelectrolyzer AP-1. Was taken alkaline water with a pH = 10.3, and acidic water with a pH = 2.8. Subsequently, both types of freshly prepared water underwent potentiation according to the Hahnemann method. As a result, we got homeopathic remedies: "water" and "alkaline water" in the required potency.

Provings (tests on conventionally healthy patients) were carried out for both drugs in the C6 and C30 potencies. The following results were obtained.

For acidic water:

1. General nervous irritability, impatience, - it is necessary to go somewhere hurry; decreased attention and concentration.
2. Rapid exhaustion when performing monotonous work.
3. It is impossible to communicate with one person for a long time: there is a feeling irritation.
4. Aching sensation in muscles, as after overtraining; wherein, muscle strength and activity are good.
5. Infrequent, profuse urine leakage after urination.
6. In general, an increase in urine output.
7. On the skin, first, a decrease in the number of rashes in the form of abscesses and comedones, with a decrease in the fat content of the skin, and then their increase.
8. Sleep is intermittent, waking up to 2-3 times a night for no apparent reason in a week. Early awakening: with a feeling that I have not slept, my head is somewhat bad, but I do not want to sleep anymore. At the same time, the general condition is vigorous, working capacity is high, but not for very long, as a feeling of fatigue and irritability appears.
9. Dreams are vivid, abundant, despite the fact that usually there are no dreams.

The main themes of dreams:

- escapes from places of detention, requiring large physical costs and accompanied by severe fatigue;
- hard physical work, for example, digging the ground, again with severe fatigue;
- long winding road; the journey through it is difficult;
- long and exhausting reflections.

As you can see, the tests showed properties that, to one degree or another, are characteristic of all acids. Asthenia of different types: physical, psychasthenia, neurasthenia, as a result of previous increased activity. Impact on the processes of urination and urination, in part, as a reaction to increased load. In general, the picture corresponds to the picture of acidosis, described by E. Revich.

For alkaline water:

1. Throughout daytime relaxation, laziness, benevolence, daydreaming.
2. Against the background of laziness, depressive moods, a feeling of absence perspectives.
3. At the end of the day, a strong desire for gin and tonic.
4. Low alcohol tolerance with the development of drowsiness.
5. Difficulty falling asleep due to palpitations.
6. Shallow sleep. Frequent awakenings, with difficult follow-up falling asleep because of thoughts. Thoughts on current topics (difficult cases, articles). Further, either he was asleep, or not, but the thoughts persisted. Good sleep in the morning, but late awakening, not getting much sleep: the head is stale, the body is lethargic.
7. Recurrent nasal congestion followed by complete cleansing.
8. Seizures of palpitations, according to the type of junctional tachycardia, rhythmic rapid heartbeat, "heart thumps in chest."
9. Interruptions in the work of the heart by the type of extrasystole, arrhythmia runs.
10. Several times (2-3) per day urge to stool, stool decorated. After stool, weakness is general for a short time, but for a long time there is a feeling of weakness and emptiness in the abdomen.
11. Discomfort in the temporomandibular joint. Worse with full opening the mouth. Feeling of "sticking" with some soreness.
12. Stiffness in all joints, incl. in vertebrates (moderate).
13. A feeling of decreased elasticity of muscles and ligaments (poorly stretched).

In women: swelling of the mammary glands with discomfort in the second half of the cycle. Due to the intensity, manifestations were arrested on days 3-4.

Thus, the picture of testing the drug "alkaline water" gives a picture close to the picture of acidosis described by E. Revich. In part, we see features of pathogenesis that are close to the Caustic preparation.

Of course, further testing of the described drugs on a large number of subjects may expand the list of characteristic symptoms. But now we can conclude that potentiated drugs Sour and Alkaline waters can be viewed as homeopathic remedies with their own indications, which, as the author hopes, will be expanded over time. In addition, these drugs are nosodes of the acid and alkaline state of the body and can be used as markers of acid base balance for ART. At the same time, an increase in the potency of the tested drug indicates an increase in

the degree of deviation of homeostasis in one direction or another. The author used a number of standard pharmacy dilutions C6, C30, C200, C1000.

The described drugs can be used not only to identify a certain state of acid base balance by the ART method, but also for its direct correction by prescribing a tested drug, as a homeopathic one, prescribing it as a single drug or in combination with others, including nosodes.

Since the described drugs are new, in the future, as they are used, the amount of information about them will grow. This concerns both their homeopathic applications and trials, and their use as markers of ART.

Literature

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