

## Bioresonance therapy in the treatment of affective disorders

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The increased risk of developing stress and mental tension, which exists in modern society, dictates the need for the use of express methods of therapy and rehabilitation.

Bioresonance therapy, given the possibility of its selective focus in the correction of acute reactions to stress, is the most adequate in the treatment of post-traumatic stress disorders.

We studied patients who were in a psychiatric hospital after a severe traumatic situation (death or serious illness of loved ones, conflicts at work), as well as victims and relatives of victims of the terrorist act in Beslan, who were in the conditions of the neurological department of the multidisciplinary hospital Beslan.

Along with clinical and clinical-psychopathological studies, all patients underwent diagnostics using a vegetative resonance test.

In full accordance with the concept of the development of acute stress, all patients were diagnosed with signs of immunodeficiency, decreased activity of all hormones and, first of all, hormones of the thyroid gland, adrenal cortex and growth hormone. At the same time, deep dysregulation of the serotonergic and dopaminergic systems was detected.

The clinical condition of the patients was characterized by the presence of anxious, agitated or apathetic depression with sleep disturbance, decreased appetite up to a complete refusal to eat, often with hypotension, a decrease in body temperature and bradycardia, or, conversely, with hyperthermia and tachycardia.

The clinic of acute mental pathology necessitated the use of psychotropic drugs - antidepressants and neuroleptics in medium and high therapeutic dosages. However, this, as a rule, not only did not help, but also caused a general deterioration in the condition and the development of paradoxical reactions - increased psychomotor agitation and anxiety.

Carrying out a course of bioresonance therapy with correction of the immune and hormonal status, starting from the first session, caused a clear and fairly rapid improvement in the mental state: calming down, relieving mental and physical stress, and normalizing sleep. This is accompanied by normalization of temperature, pulse and blood pressure, increased appetite, rapid relief of acute and subacute infections, acceleration of inflammatory processes.

The need for the use of psychotropic and symptomatic drugs remained, however, the reception was effective and sufficient. subclinical doses of medicines. This made it possible to avoid the development of side effects and complications of pharmacotherapy.

