

A case of diffuse goiter treatment
Strelnik O.V.

(LLC "Center for Energy Information Medicine, Samara, Russia)

Diffuse toxic goiter (Graves-Basedow disease) is an autoimmune disease characterized by persistent pathological hypersecretion of thyroid hormones, usually by a diffusely enlarged thyroid gland. The term "goiter" should be understood as a pathological enlargement of the thyroid gland, without specifying its functional state. The normal volume of the thyroid gland, determined by ultrasound, is 9–25 ml in men and 9–18 ml in women. The pathogenesis of diffuse toxic goiter is based on the production of stimulating autoantibodies to TSH receptors, probably as a result of a congenital defect in the immune system. Women get sick 5-10 times more often than men. As a rule, diffuse toxic goiter manifests itself in young and middle age.

Patient A.B. addressed 30.03.2004, with complaints and an increase in the thyroid gland. Ultrasound from March 17, 2004: the thyroid gland is in a normal position, horseshoe-shaped, deformed, clear contours, sharply increased size, left lobe 26.9 70.4 28.9 mm, V = 28.7 ml, right lobe 33.9 72.3 33 * 6 mm, V = 43.1 ml, isthmus 15.0 mm, echo structure is diffusely heterogeneous, echogenicity is reduced. Conclusion: diffuse goiter. Thyroiditis? In addition, the patient has been experiencing recurrent pain in the lumbar spine over the past 15 years. Weight 3 years ago - 62–63 kg, upon treatment - weight 80 kg, since January 2004 she gained 6 kg. Heartburn several times a week. Stool every other day. Swelling under the eyes in the morning, swelling of the legs in the evening. The menstrual cycle is regular.

Diagnostics using the ART method revealed: the most affected organ of the pancreas with burdening with yeast fungi, erosive gastritis, Trichinella spiralis D26, pyelitis of bacterial etiology - streptococcus green, hormone deficiency: melatonin, triiodothyronine T3, endorphin, estrogen. Thyroid gland D6 with radioactive load of 4 degrees. The goiter is not tested. Severe depletion of the immune system.

Were prescribed OBR, PBS of the pancreas, drains of the company "ONOM" and a frequency of 6.2 Hz, frequency therapy for the identified infection and removal of the radioactive load.

The patient was followed up for several months. She took homeopathic remedies, followed a diet for weight loss - in 6 months the weight decreased by 10 kg and amounted to 70 kg with an increase of 158 cm. Heartburn and edema ceased to bother me.

On November 3, 2004, ultrasound control was carried out on the same device, at the same doctor: the shape of the thyroid gland is horseshoe-shaped, the isthmus is 9.7 mm in size, the right lobe is 51.9 18.3 23.9 mm, V = 11.9 ml, left lobe 55.5 23.1 23.1 mm, V = 15.4 ml (according to Brown), the contours are uneven, clear, mixed echogenicity, heterogeneous echo structure.

The patient continues to be monitored at the center, and further weight correction is carried out.

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