Complex application of acupuncture, homeopathic, bioresonance and manual therapy in the treatment of obstetric postpartum complications

Nikitina N.S., Pechnikova E.Yu.

(Medical and psychological center "Family +", Moscow, Russia)

Postpartum inflammatory diseases remain actual the problem of obstetrics. In modern conditions, "blurred" pictures of diseases are not uncommon. Subinvolution of the uterus, endomyometritis without vivid clinical manifestations (no temperature reaction and chills, significant changes in hematological parameters) are often accompanied by bleeding of varying severity.

The usual management of such patients includes vacuum aspiration and lavage of the uterine cavity with solutions of antiseptics and antibiotics, early prescription of broad-spectrum antibiotics, as a rule, at least two antibiotics in maximum doses taking into account the sensitivity of microflora, immunomodulators, vitamins ("Obstetrics" edited by G. M. Saveleva, Moscow, Medicine, 2000).

Under our supervision from November 2003 to February 2005, there were four patients with bleeding in the postpartum period against the background of subinvolution of the uterus, who were discharged "on receipt" from the obstetric facility, due to the lack of effect from the therapy carried out there. Two of them after a repeated caesarean section, two after birth through the vaginal birth canal, two of them gave birth on the background of acute respiratory infections, and one of them developed acute respiratory infections in the postpartum period. In one of the patients, after repeated cesarean section for 12 days of the postpartum period, four curettage of the uterine cavity and one vacuum aspiration of the uterine cavity were performed (6 anesthesia in 12 days).

When examining at the "Family +" medical center on ultrasound, all patients showed an increase in the size of the uterus up to 11-12 weeks with an expansion of the cavity (up to a maximum of 26 mm).

Measurements were made at the points of the chakra plexuses before and after the procedures. All patients, except one, showed a pronounced decrease in the index at points Ch1, Ch2 to 5-15 units. One has an increase up to 70-80 conv. units

Palpation of the lumbosacral spine was performed; pain in these areas was revealed in all patients. Manual correction of the lumbosacral spine was performed. The indicators changed by 20-30 units towards normalization.

A combined session of acupuncture and BRT was carried out, after which control measurements were taken: the indicators returned to normal in all patients.

Prescribed bioresonance homeopathy: resistance - C6 and Ch2 – C6. The procedures were carried out in a short course (2-4 procedures per course). At the end of the course, the indicators of energy information centers remained stable and normal. On control ultrasound in all patients, the uterus corresponded to 5–6 weeks, the uterine cavity - 3–8 mm. Discharge scanty, bloody, corresponding to the day after childbirth.

Thus, it can be assumed that a significant predisposing factor for the development of such a condition as subinvolution of the uterus and endomyometritis after childbirth is blockade at the level of energy-information

centers, in particular the 2nd. And the combination of BRT, resonant homeopathy with manual therapy and IRT requires a short time for the procedure, is a gentle method of treatment and gives a quick and stable therapeutic effect.

Nikitina N.S., Pechnikova E.Yu. Complex application of acupuncture, homeopathic, bioresonance and manual therapy in the treatment of obstetric postpartum complications // XI