

## Frequency resonance diagnostics and therapy as an alternative to surgery for surgical cardiovascular diseases

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The title of the article is unusual. As a matter of fact, we propose to use therapeutic methods, when previously only operations were used. Is it possible? First of all, we selected a group of patients with coronary artery disease, severe coronary sclerosis (36 people). Most had obliteration of 3-4 trunks of the coronary artery (according to coronary angiography). All patients had a history of myocardial infarction, 12 people had a second, and 4 had a third. Since the usual therapeutic treatment was ineffective, all patients had indications for coronary artery bypass grafting. In the literature, we did not find work on the use of effective therapy for such a severe pathology and set the goal of increasing the reserves of the body and, in particular, the cardiovascular system. I emphasize that the task was set fundamentally different than in conventional cardiology. Not curing diseases and the identification and optimization of mechanisms for their compensation. For this, we have developed fundamentally new frequency-resonance indicators for the vegetative resonance test: general reserves of the heart of 1, 2, 3, 4, 5 degrees; oxygen reserves of the heart 1-5 degrees; regenerative reserves of the myocardium 1-5 degrees; regulatory reserves of the heart 1-5 degrees; capillary reserves of the heart 1-5 degrees. The technique for optimizing heart reserves is also new. It is based on the use of frequency resonance diagnostics (HRD) and frequency resonance therapy (HRT) with feedback. For this, special diagnostic sensors were used, applied to the chest in the area of the projection of the heart and on the head, connected to the apparatus for RRP and periodically tracking changes in heart reserves and brain centers, regulating cardiac activity. We also used color resonance therapy (CRT), since it is known that with certain spectral characteristics of color, the reserve capillaries of the internal organs open and the capillary blood flow increases. In particular, we applied the Rising Sun Spectrum. Indian scientists, who examined yogis who regularly watched the sunrise for 15 minutes, found that this synchronizes the biorhythms of most organs and systems. In this regard, we have developed a device for the CRT "Synchronizer of Life", which generates a spectrum of colors close to the spectrum of the rising sun. The device makes it possible to individually select the amplitude and spectral characteristics of the color. This is tested using a vegetative resonance test. since it is known that with certain spectral characteristics of color, the reserve capillaries of the internal organs open and the capillary blood flow increases. In particular, we applied the Rising Sun Spectrum. Indian scientists, who examined yogis who regularly watched the sunrise for 15 minutes, found that this synchronizes the biorhythms of most organs and systems. 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It was found that the number of HRT and CRT sessions depended on the degree of coronary artery disease and the amount of heart reserves. So, patient A. Maksimova, 62 years old, had 4 obliterated coronary vessels. When walking, I took nitroglycerin every 15-20 meters. Blood pressure is 160/110 mm. rt. Art. Due to severe thrombophlebitis, the operation was refused at the Research Institute of Surgery. We performed 26 sessions of complex MDG and HRT. Already after 2 sessions, the patient was able to walk more and more distance without drugs. An individual dosage program was developed for her.

physical activity. In addition, instead of tablets, they used resonance frequency preparations (homeopathic remedies of the 3 kingdoms - mineral, vegetable, animal according to R. Shankaran), organopreparations, potentiated cardiac ecotoxins. It is curious that in parallel with the increase in the reserves of the heart, other concomitant somatic diseases improved and disappeared: pyelonephritis, chronic colitis with severe constipation, perennial headaches. Working capacity increased sharply, sleep and appetite improved. Blood pressure gradually returned to normal. After 1.5 months of treatment, a control cardiological examination with a standard

Bicycle ergometric exercise showed an ECG within the age norm, even after exercise. Similar dynamics were observed in other patients.

New pathways of the pathogenesis of ischemic heart disease have been discovered. In the majority of patients (82%), not a high degree of coronary sclerosis, but dysregulation of the capillary circulation of the myocardium, was of decisive importance in the mechanism of coronary circulation insufficiency. This testifies in favor of our proposed dysregulatory theory of the pathogenesis of ischemic heart disease and myocardial infarction. According to her, coronary sclerosis is not a pathological, but a compensatory, protective reaction of the body, aimed at opening the capillary blood flow of the heart. Myocardial infarction occurs not in those areas that are supplied with blood by the arteries most affected by atherosclerosis, but where there is the greatest dysregulation of the capillary circulation, carried out by the autonomic nervous system. In other words, under conditions of nervous stress, motor overload, there is a breakdown of autonomic mechanisms of inclusion collateral capillary circulation. Normally, coronary and capillary circulation increased in parallel (opening of reserve capillaries). In coronary artery sclerosis, the flow of arterial blood through the coronary arteries did not change under these conditions, because they no longer responded to autonomic nervous regulation. When it breaks down, capillary circulation also fails, acute ischemia and myocardial infarction occur. That is why the most effective means that improve

collateral circulation, according to our data, turned out to be potentiated cardiac ecotoxins, affecting the intramural autonomic nervous system and the pathways of the heart. These are coffee, alcohol, certain food chemicals (preservatives, herbicides). This is evidenced by the development of a vago-insular cleansing crisis in some patients in the course of HRT and CRT: profuse urination, repeated stools, with pieces of mucous membrane, fecal stones and even parasites, profuse salivation, nausea, weakness, a sharp decrease in blood pressure. Within 1-2 days, these phenomena disappeared and a transition to a new stable, better state of health took place. It was during this period that a jump in the capillary cardiac circulation developed (on average by 215%;  $p < 0.01$ ), apparently due to the restoration of normal autonomic nervous regulation of the heart. At the same time, coronary circulation increased only moderately (by 19%;  $p < 0.05$ ). The general reserves of the heart increased by an average of 76%;  $R < 0.01$ ; capillary reserves of the heart by 169%;  $R < 0.01$ ; regenerative reserves of the heart by 64%;  $R < 0.05$ ; regulatory reserves of the heart by 310%;  $R < 0.001$ . The greatest increase in the regulatory reserves of the heart, apparently, is of decisive importance in increasing the capillary reserves of the heart and providing

its oxygen. That is why the greatest effect was obtained by us in persons of the sympatho-adrenal type, with severe hypertension, sympathicotonia, tachycardia, insomnia, and severe constipation. A long-term follow-up after 2 years showed that most of the former patients do not take pills, feel healthy, regularly engage in health jogging, ECG, within the range of age-related changes.

Thus, RRP, RRT and MDG allow to achieve good results even in severe cardiovascular diseases, which usually require complex surgery. Therefore, the opinion about the ineffectiveness of therapy for severe stages of coronary artery disease and atherosclerosis should be revised, and bioresonance medicine is undoubtedly the medicine of the future.

The methods used will be highlighted in more detail. in  
prepared by us monograph "Bioresonance Medicine".

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