Theoretical foundations of IHCH (individual characteristic frequency), as a constitutional feature of a person
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Modern medicine today has a wide range of different diagnostic techniques and methods of examining the human body. Despite this, practical public health is still experiencing significant difficulties in establishing the root cause of the disease and identifying the mechanisms of the development of the disease. This is primarily due to the fact that the number of pathognomonic symptoms and syndromes (that is, those whose presence indicates a single disease) is small. Most of them are associated with infectious processes (when the isolation of a specific pathogen unambiguously proves the presence of a tuberculous process or

brucellosis), with hereditary pathology, a number of oncological or oncohematological diseases characterized by the presence specific signs. Therefore, it is emphasized that diagnosis is a relative concept that does not always fully reflect the real-life picture [12].

Today, doctors who practice EPD (electropunctural diagnostics) methods do not doubt that in the hierarchy of control and functioning of a living organism, the information (wave) level is higher than the biochemical and structural levels. Modern examination methods, starting with examination and ending with various "scopes" and "graphs" (macrolevel), cyto- and histological studies (microlevel), as well as laboratory diagnostic methods, starting with a general analysis of blood and urine and ending with the determination of tumor markers (CA 125, CA 19-9, CEA, etc.) by ELISA (enzyme-linked immunosorbent assay), are based on detecting changes in tissues and organs on the biochemical and morphological, i.e. at the lower levels of management and functioning of the living. As a result, changes occurring at the information level (cause-and-effect relationships) are lost,

If we consider the human body as an integral system, it is possible to characterize its state using a small number of parameters, but the main, characteristic, taking into account constitutionality, i.e. a set of all the most pronounced somatic and mental signs of a person. There is a concept of constitutional types of people, differing in height, color of skin and hair, physique and even blood group, as well as temperament. In medicine, it is widely known about the predisposition of people with certain constitutional types to certain diseases. However, this dependence is not statistically reliable, and, as a result, constitutional signs are not used as independent and reliable signs of the disease.

To the parameters reflecting the human constitution at the information (wave) level of the functioning of a living organism and having high reliability in the diagnosis of diseases, in our opinion, of course,

refers to the IHC (individual characteristic frequency) of a person.

In biological systems of the cellular type, the material carrier of information in the physical world is millimeter-wave waves lying in the EHF (extremely high frequencies) range. (EHF frequency range from 30 to 300 GHz corresponds to the millimeter wavelength range from 10 to 1 mm).

For the first time, the role of low-power electromagnetic radiation of the millimeter wavelength range (which does not cause tissue heating by more than 0.1 °C) on living organisms of varying complexity of organization, from bacteria to mammals, incl. and man, began to study in the USSR. In 1964, ND Devyatkov and M.B. Goland expressed the idea of specific effect of millimeter-wave electromagnetic radiation (EMR MMD) on biological structures and the human body. The first experiments were carried out on microorganisms, and clinical trials began in the mid-1970s. The research results were discussed at all-Union seminars, the so-called. "Zvenigorod conferences". In 1991 a monograph was published by a group of authors: ND Devyatkov, M.B. Goland, OV Betsky. Scientists, in particular, have come to the conclusion that that the effect of the therapeutic effect is explained by the resonant absorption of millimeter radiation by molecular components, and the resonant response of the system to radiation is characteristic of living organisms. It was also shown that electromagnetic radiation of the millimeter range (EMR MMD) has an informational nature of the effect, and the investigated radiation only imitates the signals that are generated by living organisms to control the processes in the biological objects themselves. The action of the control signals generated by the EHF cell is always reduced to the restoration and maintenance of homeostasis [3]. Figuratively speaking, it was concluded that electromagnetic waves of the millimeter range are the "language" of intercellular communication of a living granism, moreover, the resonant response of the system to radiation is characteristic of living organisms. It was also shown that electromagnetic radiation of the millimeter range (EMR MMD) has an informational nature of the effect, and the investigated radiation only imitates the signals that are generated by living organisms to control the processes in the biological objects themselves. The action of the control signals generated by the EHF cell is always reduced to the restoration and maintenance of homeostasis [3]. Figuratively speaking, it was concluded that electromagnetic waves of the millimeter range are the "language" of intercellular communication of a living organism. moreover, the resonant response of the system to radiation is characteristic of living organisms. It was also shown that electromagnetic radiation of the millimeter range (EMR MMD) has an informational nature of the effect, and the investigated radiation only imitates the signals that are generated by living organisms to control the processes in the biological objects themselves. The action of the control signals generated by the EHF cell is always reduced to the restoration and maintenance of homeostasis [3]. Figuratively speaking, it was concluded that electromagnetic waves of the millimeter range are the "language" of intercellular communication of a living organism. which are produced by living organisms to control the processes in the biological objects themselves. The action of the control signals generated by the EHF cell is always reduced to the restoration and maintenance of homeostasis [3]. Figuratively speaking, it was concluded that electromagnetic waves of the millimeter range are the "language" of intercellular communication of a living organism. which are produced by living organisms to control the processes in the biological objects themselves. The action of the control signals generated by the EHF cell is always reduced to the restoration and maintenance of homeostasis [3]. Figuratively speaking, it was concluded that electromagnetic waves of the millimeter range are the "language" of intercellular communication of a living organism.

The scientific and practical significance of the research carried out over the years is evidenced by the fact that in 2000 a large group of scientists and doctors was awarded the State Prize of the Russian Federation in the field of science and technology for "... for the development and implementation of equipment for treatment and functional diagnostics using low intensity electromagnetic oscillations in the millimeter wavelength range. " [eleven].

Simultaneously with the group of ND Devyatkov, similar studies were carried out in Ukraine. On the initiative of S.P. Sitko in 1983, an interfaculty laboratory of physical methods of early diagnosis was created there. IN

1984 at the NA session, Ukrainian SSR made a message [1], which was the study

the starting point for of the patterns of diagnosis of some diseases. In him the authors reported that the impact of

fixed frequencies

sick feeling

he authors reported that the impact of certain
EMR MMD causes characteristic and is subjective
accompanied by pronounced changes

physiological condition—yaniya (heart rate, blood pressure, renal plasma flow, acidity gastric juice, etc.). Moreover, the "response" in the body of the subjects is clearly (resonantly) tied to the frequency of exposure, and the zones of maximum sensitivity of the skin to the effects of EMR are correlated with the classical scheme of the location of acupuncture zones. The frequency of electromagnetic radiation in the millimeter range, causing a "response" in the human body, the authors called the "natural characteristic frequency", later in

literature became be used another term - "Individual characteristic frequency "(ИХЧ). The use of IChC in medical practice significantly increased the therapeutic efficiency of EMR MMD.

For practical use, a large number of different modifications of devices were created, the therapeutic effect of which was based on the radiation of electromagnetic oscillations of various powers in the millimeter wavelength range - these are "Yav", "Threshold", "Minitag", "Electronics-EHF", "Malysh", "Stella", "AMT-04-02", etc. They received the name: devices for EHF (extremely high frequencies) - therapy and MRI (microresonant therapy). (Sometimes "MRI" decrypts how "Millimeter Resonance Therapy").

To enhance the effect of the therapeutic effect, radiation frequency (ICH) it is recommended to select according to the patient's subjective feelings, which undoubtedly reduces the reliability of the results. A number of authors [2, 4] suggested instrumental **IHCH** through way definitions method electropuncture diagnostics (EPD). IN further, with perennials, patterns research on thousands of patients were in diagnostics of some diseases, which consist in a combination of certain HCI of the patient and the presence of this or that pathology. A large research work was carried out by P.D. Klimenko, carefully analyzing and summarizing the survey results. Some of these patterns were published in print after clinical trials [5–10].

There is no doubt that many of the provisions of this communication may seem controversial and cause fair criticism. We cannot claim the ultimate truth. All of the above should be interpreted only as an attempt to theoretically substantiate the facts observed by us during daily examinations of patients over the course of many years. We proceed from the premise that the combination in the body of patients with certain HCI and the presence of this or that pathology, demonstrated with a high correlation (96–98%), cannot be accidental. As a result, we consider HCI as the most important indicator of the constitutionality of the human body, in

within "Information fields" whom happens realization certain diseases.

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