

Stress and BRT methods
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Sometimes the question arises - why the use of BRT does not give the desired effect, and the patient does not recover, despite our efforts and the use of such advanced technologies as bioresonance therapy, or why a properly selected homeopathic drug, even with the help of ART, does not give the desired effect. Stress is the cause. Translated from English, Stress is pressure, pressure, stress, effort of tension, arrest on property, to be exposed to an external force, to create or cause tension.

All these words allow you to feel more deeply what stress is, although each of us is exposed to it no less than our patients. Selye was one of the first to develop and study the effects of stress. But in this message I will rely on the work of Garkavi, Ukolova, Kvakina who showed that the effect of constant stress leads to the body ceasing to respond to information received from outside, its regulatory mechanisms are blocked, and it maintains its vital activity in a closed circuit.

In this case, BRT also has to be considered as an external influence to which the body does not respond with an adaptive response. And since the main role in regulatory reactions is played by the nervous system, and its main mediator is adrenaline, they proposed as a method of removing the body from a state of chronic stress and transferring it to more physiological response processes, such as training and adaptation, - the introduction of subcutaneous adrenaline solution very low concentration. The endocrine system is the second after the nervous system in chronic stress, and therefore, almost always when diagnosing, especially with the help of ART, you can find pathology in it. It is especially important to identify the missing hormones.

In order for our therapy to be more successful in removing the body from a state of chronic stress, another way of transferring the body to more physiological response mechanisms can be applied, and therefore, to correct its state, dynamized (homeopathic) Adrenalinum can be used in low dilutions from D3 to D12 (B30). Using this potency of Adrenalinum as a pointer to, one can find a kind of induction therapy. Conducting an BRT session for the selected type of induction therapy, the selected potency of Adrenalinum is also connected to the treatment circuit. At the end of the session, the patient receives the manufactured drug Adrenalinum, the amount of which is tested using ART through the indicator of the optimal medication.

This approach to solving the problems of chronic stress, in our opinion, is progressive and allows you to transfer the body from a depressed state to the level when the use of BRT and (or) homeopathic treatment becomes more successful.

It should also be mentioned that with this tactic of treating the patient, more frequent monitoring of his condition is necessary, because his condition begins to change rapidly, which requires the transfer of the patient to other more indicated medications and types of BRT used.

Another, in my opinion, the most important criterion in the choice of medication and treatment tactics is such an indicator as the reserves of adaptation, and, perhaps, it should serve as the main criterion for BRT.

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