The use of devices manufactured by the "IMEDIS" company in interiorotherapy® Shornikov A.V., Shornikova E.N. (LLC "KITTInteriorS", Moscow, Russia)

In the course of many years of practice as interior designers, we involuntarily noted that a person and the interior that surrounds him are in constant natural interaction.

As you know, color is a reflected electromagnetic wave with a certain frequency and intensity. And this means that by claiming an elementary color scheme of the room, the designer deliberately exposes the person who will be in this room to the influence of electromagnetic waves that directly affect both the body as a whole and the organs separately, thus conducting a course of color therapy through the interior.

But in addition to color, the influence is also exerted by the form and the semantic saturation of the objects that make up the interior, and logistics, that is, the distribution of premises by purpose and routes of movement, and, accordingly, smells (aromatherapy), sounds (music therapy), as well as, for example, sensations (fine motor skills and at the same time tactile therapy), etc.

As a result of the influence of the interior, changes occur in the physiological state of our body, and, as a consequence, in our social status, and this should be important and significant for all specialists in this sector of activity, since in our established opinion, the main task of the designer is to create an interior that does not apply harm to the health of a person living in a house, working in an office or moving in the interior of his car, in connection with which we a priori consider the future interior of our clients as a complex medical and therapeutic system that obeys well-known and scientifically proven rules and laws.

After our additional analysis, it was found that a person who is in a comfortable state is not engaged in rebuilding his home and purchasing interior items, unless they are to replace broken or worn-out things.

However, in the process of our life, we are exposed to a fairly large number of external stress factors, not to mention the chronic and hereditary diseases we have, and, receiving signals from the body about failures occurring in it, we subconsciously begin to search for compensators that would help to overcome the increased requirements and early adaptation to both changes in the external environment and our internal state.

And, therefore, the direct desire of a person to reorganize his home and his subsequent appeal to the designer already testifies to the activation by the client's body of the mechanism for searching for compensators to create a positive bioresonance environment that returns him to his usual feelings of comfort.

In the process of a deeper study of the influence of the interior on a person, we got acquainted with the IMEDIS Center and began to work with the appropriate devices, which allowed us not only to diagnose the condition the health of our clients, but also to determine the impact on a person of individual interior items as well as the room as a whole.

The result of our activity can be considered the development of a methodology for creating a healthy interior in accordance with the basic principles the concept of interiorotherapy®, registered earlier by us, which is interpreted as a complex and gradual influence of the interior with the aim of positive correction and normalization of human life.

Using devices manufactured by IMEDIS, we examine premises for the presence of geopathogenic zones, radioactive and electromagnetic radiation, and as a result, it is sometimes necessary to offer a client to change an apartment or house if they are unsafe for his health.

In addition, we consider it appropriate to ask our customers about the presence of chronic and hereditary diseases of all members of his family who will live together, as well as additionally examine them on the hardware and software complex of the company "IMEDIS".

The data obtained make it possible to create interiors that not only do not harm health, but, on the contrary, have an effective sanitizing effect.

For example, our client L. had an increased activity of the pancreas, which, in turn, negatively affected the activity of the heart.

To correct this condition, 2 colors were used - orange and light green. Based on the data obtained for individual rooms, recommendations were made for the designer, who corrected the overall color of the apartment, especially the bedroom.

In another case, client O. also contacted us for the purpose of conducting a survey of a but independently repaired premises, Kryriy herself is a designer, so much in the apartment was done according to fashionable trends.

After the examination, it was found that it had a negative effect premises on liver function, and a strong psycho-vegetative breast appeared at the dinner table. To the client O. was

it is recommended to change the color of the bedroom and visually hide a number of elements in the living room. After that, the client's well-being improved and a week later became consistently good.

Client P. contacted us for the purpose of examining the newly acquired and renovated apartment, into which the family was going to move. A particularly unfavorable area was unexpectedly the room for a two-year-old child, which the parents decorated based on their ideas about a "cheerful and cheerful nursery." However, bright orange-brown, contrasting colors and small stylized drawings of animal faces on the wallpaper not only did not raise either mood or performance, but also greatly worsened them, including those of their parents. So, the indicators of the state of the pancreas were sharply reduced directly in the father, which then came to a relative norm in the harmoniously decorated bedroom of the parents. Based on the recommendations, the children's room was re-registered before the family moved to a new apartment.

As a rule, a good designer is a sensitive bio-locator,

coming into resonance with the client and "reading" his state. However, usually clients come to designers tired after a working day and, accordingly, burdened with various problems, as a result of which the client's position regarding the created interior can suddenly change from meeting to meeting, which makes it difficult for even a professional to work, and leads to various production complications and conflict situations.

Having at his disposal the appropriate equipment, the designer is able not only to visually show and explain to the client the real reaction of his body to the future interior, but also to minimize the client's stress state and remove the superficial problems of "today" in order to identify more significant problems at the chronic and hereditary levels. and their subsequent solution through the interior.

In our opinion, the client's condition can be influenced by the general coloristic background and architectural forms, as well as by the logistics of the premises and the optimization of living areas and travel routes, and here it should be noted as an example that the shortest path is far from always optimal. In some cases, it is recommended to artificially lengthen the routes so that, moving from one room to another, a person can calm down or, conversely, increase his tone and, approaching the destination, feel as comfortable as possible.

The same approach must be used when configuring the volume of the premises themselves, and here it should be taken into account, for example, that excessive space can unexpectedly create a "swallowing effect".

Separately, we consider issues related to a sense of security, since the better a person controls the space in which he is, the more comfortable he feels, and, therefore, is less exposed to stress factors. It is necessary to find a point at which the head of the family could control all movement inside the premises or be absolutely in demand, and the rest of the family would feel as protected as possible according to the hierarchy as safety decreases.

"Wishes of today" are resolved in the interior by short-term exposure methods, which, as practice shows, by fulfilling its function, may cease to be useful, and therefore such wishes are realized with the help of mobile (easily movable) interior items or by introducing individual color spots. which can be replaced when the situation changes.

It is also important that each family member has their own space, at least small, their own spatium proprium, separated by a wall, partition or curtain, where he could feel alone with himself, which is necessary.

In the course of our work, it was also established that the temporary internal processes associated with the implementation of projects do not depend on the wishes of the client or on the amount of funds invested by him, but, in turn, are in close interaction with similar internal temporary processes of all those involved in creating the interior. structures - builders, manufacturers furniture, suppliers of finishing materials, etc.

Currently, we have begun work on the systematization of these patterns in order to create a methodology for more accurate forecasting of the optimal start and finish dates for the implementation of the design project and the client's move to a new interior.

Shornikov A.V., Shornikova E.N. Using devices manufactured by "IMEDIS" in interior therapy // X

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