

## Center chain and vegetative resonance test

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For a person to feel comfortable, a balance between organs is necessary, that is, so that every organ of the human body is in harmony with its neighbor.

In 1982, the Canadian scientist doctor of osteopathy Philippe Druel conducted research and proved experimentally the presence of natural points of balance in the body. In this F. Druel was helped by embryology. He examined how cells migrate during embryogenesis, around which points of support are the formation of different organs and turns occur. F. Druel called them centers of local self-regulation and united them into a central chain. According to F. Druel, the links of the central chain are;

- Straight sinus of the dura mater;
- thalamus;
- the pituitary gland;
- hypothalamus;
- the limbic system;
- thyroid capsule;
- pericardium;
- trachea;
- the head of the pancreas;
- mesentery root;
- isthmus of the uterus or retroprostatic fascia;
- the tendon center of the perineum.

These organs are attached to the skeleton by muscles and ligaments. Fear, pain, stress cause their spasm - tension and contraction. At the same time, the position of the internal organs changes, and, as a result, the nervous, circulatory and lymphatic systems leading to them can be stretched, squeezed and twisted, i.e. functional disorders occur.

It is known that often the symptoms are removed from the cause. And why? The body as a whole and at the intracellular level is a single self-regulating system. Movement that occurs anywhere is transmitted to the entire system. The structure controls the function and vice versa. If a block, fixation, scar, adhesion occurs in some area, i.e. lack of movement, then this is transmitted to the state of the whole organism, up to the cell, cellular functions are implemented by proteins from DNA to RNA, to structural proteins, etc. Changes in the form and organization of proteins force them to change their function.

Today, a cranial rhythmic impulse is known (primary respiratory mechanism - PDM). Investigations of domestic and foreign authors were carried out using a special computer analysis of serial nuclear magnetic resonance and radiographs of the skull in combination with the registration of the bio-impedance of the head. The presence of rhythmic periodic movements of the bones of the skull was shown, due to some mobility in the interosseous sutures. Thus, brain vibrations are transmitted through the fluid media of the ventricles of the brain to the dura mater, the bones of the skull, through them to the dura mater

spinal cord, which is attached at the level of the sacrum and coccyx. PDM is a  
main rhythm person. Pastural skeletal muscular system, body balance,  
providing regulated by the dura mater,  
which is saturated with mechano- and proprioceptors.

Imbalance in any link in the central chain distorts or disrupts the main  
rhythm (PMR), leading to a breakdown of cellular functions.

Thus, the central chain is a set of natural points of support, relative to which  
balance, harmony, health are formed, i.e. these are the links that must be restored  
first.

At the stage of functional disorders, when the patient has a lot of complaints  
(irritability, fatigue, headache, pastiness), and with conventional instrumental  
examination methods, as a rule, no pathology is detected, the autonomic  
resonance test makes it possible to objectify changes, to dynamically monitor the  
effectiveness of treatment.

Practice shows:

- in cases of even functional disorders, adaptation reserves  
the links of the central chain are reduced;
- using the central chain algorithm, using the vegetative  
resonance test, you can identify the key level of self-regulation disorder;
  
- assessment of the adaptive reserves of the structures that make up the central  
chain is a reliable criterion for the effectiveness of optimal treatment.

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Meshcheryakova I.M., Mamaeva G.M. Central chain and vegetative resonance test // X  
" IMEDIS ", 2004, vol. 2 - C.232-234