

About using food test
in the selection of homeopathic remedies and BRT

Postnikova O.A.

(Polyclinic Intermed, Department of Homeopathy and Electropuncture of the Institute

advanced training of doctors of the Ministry of Health and the Ministry of Emergency Situations, Moscow, Russia)

The study of the tolerance of food and allergens by the Voll method and the ART method (vegetative resonance test) has been carried out for a number of years, but the result of these studies was recommendations for avoiding contact with allergens and dietary restrictions. In addition, the use of electronic inversions of these products and allergens, or their homeopathized forms, has been proposed as therapeutic agents.

This paper proposes the use of poorly tolerated foods and allergens identified by ART, including food and respiratory, and others, as a filter load for the selection of the correct homeopathic medicines and for optimizing bioresonance therapy (BRT).

The importance of the study of nutrition and allergens by the ART method stems from the fact that their intolerance reflects a violation of metabolic processes in various diseases, which leads to an excessive accumulation or deficiency of various chemical elements, an imbalance of hormones, enzymes, which include or are Co- factors, resulting in the accumulation of under-oxidized metabolic products.

The use of intolerable foods as a filter load is very physiological, since the patient constantly encounters such loads in life, and often it is the abuse of certain foods that creates and maintains an imbalance in nutrition, and the symptoms of need, addiction and aversion to different types of food known in homeopathy, deterioration and improvement from them is an important and sufficiently specific indication of pathology and help in choosing a homeopathic remedy.

In a study with such a load, we simulate an increase in metabolic disorders, reflecting deep genetic breakdowns, manifested both at the physical, and at the endocrine and mental levels.

In some cases, as an etiological factor of the disease, a violation of the nutritional balance is revealed. - family, national and other food traditions. So, when interviewing patients with gout, there is an increased need and abuse of protein foods, and in diabetes - carbohydrate food - sweet, starchy foods.

The degree of intolerance to foods and allergens can be moderate and give only general discomfort, vegetative dystonia, or be more pronounced and reach the level of an allergic reaction with the appearance of skin rashes, abdominal pain, inflammation or allergic reactions on the mucous membranes or problems in the lymphatic system, with impaired lymphatic drainage, the development of edema, increased secretion of mucous membranes or skin, or lymph congestion.

Respiratory allergy is also a reflection of general metabolic disorders. It is also possible to assess the degree of allergy by ART in the study of respiratory allergens- pollen of trees, grasses, etc.

According to our own research, with mild allergies in

of the patient, the secretion of the mucous membranes of the respiratory tract increases, and this secret is a good soil for bacteria, viruses, therefore, such patients often suffer from colds, rhinitis, sinusitis, tonsillitis, bronchitis. With a pronounced degree of allergy, patients develop bouts of allergic reactions in the form of allergic rhinitis, bronchial asthma, etc.

In the study of allergens using the VRT method, we see a correlation between the study results with immunological studies and Hemocode.

When using the respiratory allergens identified by HRT as a filter load, it is also possible to select homeopathic remedies for the correction of metabolism, but only at the first stage of treatment, namely, at the stage of the disease with an allergic reaction to the mucous membranes of the respiratory tract. With the transition of allergy to the skin in the process of cure, subject to Hering's law, there is a change in allergens to food instead of respiratory. Then either food allergy or lighter disorders in the form of poor food tolerance are already detected, which indicates deeper and earlier abnormalities in metabolism.

Products intolerable by patients can be grouped into substance groups, which include macro- and microelements that are important for the patient if the metabolism of these substances is impaired.

There is a known intolerance to products containing specific allergens and there are quite a few products containing factors of nonspecific degranulation of mast cells: natural salicylates, preservatives, food colors, etc. Products containing salicylates include: raspberries, red currants, black currants, cherries, plums, pineapple, oranges, tangerines, grapefruit, kiwi, avocado, tomatoes, eggplant, cucumbers, watermelon, mint, dill, hot peppers, honey, tea, natural coffee, chicory, wine, beer. Known intolerance to products containing oxalates- citrus fruits, strawberries, black currants, chocolate. There is often an intolerance to beef and cow's milk, i.e. cows, chicken and egg white, river fish and black caviar, red fish and red caviar.

Plant foods should be considered by family: nightshade, cruciferous, nuts, legumes, grains containing gluten, sweet glucose-containing fruits, etc.

When intolerances to products from the same family are identified, compensation is often triggered by a homeopathic remedy from the same plant family or a product containing the same common chemical or the same chemicals.

A similar compensation for food intolerance also occurs during BRT. When checking the BR-drug after the BRT procedure, the range of intolerable products decreased in comparison with the restrictions remaining after compensation by homeopathy, if this compensation was incomplete.

However, with an accurate selection of homeopathic remedies, full compensation of metabolic disorders should occur, and then it is possible to eat any food, and when tested by the BPT method, their intolerance disappears.

The reaction to individual products is interesting when using them in

as a filter-load. Potatoes, for example, induce inhibition in the cerebral cortex; homeopathic aluminum or its compounds are required to compensate for this. The toxic effect of aluminum is known to be an etiological factor in the development of Alzheimer's disease.- atrophy of the cerebral cortex. It follows from this that you can not abuse potatoes with memory impairments.

When pork is loaded, it becomes necessary to use Acidum formicicum - a drug used in autoimmune processes. It is known that a pig has a genetic similarity to a person, and therefore, in medicine, porcine insulin is used to treat a person, the organs of a pig- kidneys, liver - for human transplantation. It can be assumed with a high probability that pork causes autoimmune processes and contributes to the development of osteochondrosis, rheumatism, in which an autoimmune factor is involved, etc.

It is no coincidence that in the Muslim and Jewish religions, pork is prohibited for use in food. - it is a reflection of popular wisdom, which our research confirms. Pork is found in hot dogs, sausages, but little is known that cooking oil- this is also pork, and pork is also used in ice cream and chocolate (except for some of its types). All of these foods should not be consumed.

Thus, there are products that are always harmful to everyone, and there are individual restrictions associated with the disease.

If you follow a diet that excludes certain intolerable foods, avoiding contact with allergens can reduce the tension of allergies, and using the VRT method, we may also temporarily not reveal intolerance to these foods and allergens. This also leads to an improvement in metabolism, an improvement in well-being, however, it does not solve the problem, since it does not affect the reasons. Only homeopathy and BRT can help get to the depth, to the causes of pathological disorders and regulate metabolism, even at the genetic level.

Previously used inversions of products usually suppressed the reaction to only one type of allergic reaction and did not act for a long time, i.e. did not cure the disease.

With the help of filter-loads of products according to the BPT method, it is possible to select a homeopathic remedy that makes portable not only individual products, but also one or two remedies that simultaneously regulate all metabolic disorders that a patient has, i.e. this method helps to approach the typological means. In addition, bioresonance therapy, carried out with loads of allergens and intolerable foods, is an improved treatment option.