

An integrated approach to the diagnosis and treatment of various diseases,
based on the combined use of ART and aromatherapy

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Among the traditional methods of treatment, rehabilitation and prevention of various diseases, aromatic oils have been given pride of place since prehistoric times. Aromas, spices, oils were used by doctors, kings, pharaohs, monks and Initiates, astrologers and fakirs, artists and musicians. The true flowering of aromaculture came from the moment the distillation process appeared (X century, Abu Ali ibn Sina), when people learned to secrete substances - carriers of aroma - essential oils. Oil - plant - memory (evolutionary information encoded in chemical formulas)

Essential oils are multicomponent organic compounds consisting of terpenes and their oxygen-containing derivatives: alcohols, ketones, ethers, aldehydes, aromatic hydrocarbons. These components provide them with unique biological properties: antiseptic, bactericidal, anti-inflammatory, immunomodulating, etc. Essential oils have a positive effect on the central nervous system, normalize the psycho-emotional state, hormonal metabolism. The basic principle of aromatherapy is the restoration of psychophysiological balance. The immune and endocrine systems are the most sensitive to essential oils.

Aromatic hydrocarbons stimulate the activity of cellular and humoral immunity, optimize the production of T- and B-lymphocytes, the phagocytic activity of macrophages, destroy unbound biogenic amines, increase the production of histaminase by the intestine and kidneys (this enzyme causes oxidative catalysis of histamine, serotonin, norepinephrine, adrenaline with the formation of a non-toxic product). Thus, most essential oils have immunostimulating and anti-allergenic effects.

Possessing the qualities of a powerful natural solvent, they easily penetrate into blood and lymph vessels, find and simplify complex complexes of toxins, and remove them from the body. These properties help them participate in metabolic processes at the cellular, organ and systemic levels. Separate the molecular, functional, psychoemotional and bioenergetic levels of the action of essential oils.

The anti-inflammatory properties of essential oils are due to the influence of aromatic components on vascular-tissue reactions, which is expressed in a decrease in the permeability of the walls of blood vessels, optimization of vascular reactions, oxygen exchange, stimulation of regeneration, in the provision of an anti-edema and astringent effect.

The results of the work show the effectiveness of an integrated approach in the diagnosis and treatment of various diseases based on the combined use of ART and aromatherapy. At all stages of patient management, the effectiveness of therapy, basic bioresonance therapy, treatment homeopathic medicines, fixed frequencies, essential oils, the choice of which is determined by the nosological form of the disease,

localization nuclei of pathology, adaptive body reserves, objective criteria for the effectiveness of an essential oil or a mixture of essential oils when filtering them through test pointers. The method of administration of the oil is determined by the general and particular objective of the therapy.

Indications for the appointment of essential oils:

- 1) ARVI (for prevention and treatment), some infectious diseases, such as hepatitis.
- 2) Pathology of ENT organs (rhinitis, sinusitis, sinusitis, otitis media, laryngitis, tonsillitis, etc.).
- 3) Functional diseases of the nervous system (asthenic disorders after stress, overwork, insomnia, neurasthenia, neuroses, etc.).
- 4) Diseases of the cardiovascular system (initial forms of ischemic heart disease, atherosclerosis, neurocirculatory dystonia, cerebral impairment circulation, varicose veins, etc.).
- 5) Diseases of the gastrointestinal tract (spastic colitis, intestinal dysbiosis, gastritis, cholecystitis, pancreatitis, biliary dyskinesia, etc.).
- 6) Diseases of the respiratory system (bronchitis, tracheitis, pneumonia, etc.).
- 7) Diseases of the urinary tract and reproductive system (cystitis, prostatitis, pyelonephritis, various types of lithiasis, colpitis, vaginitis, menstrual irregularities, impaired potency).
- 8) Prevention of oncopathology, especially in persons whose work is associated with toxic production or living in areas of ecological disaster.
- 9) Immunodeficiency states, blockade of adaptation reserves.
- 10) Rehabilitation after injuries, burns, operations.
- 11) Pain syndromes.
- 12) Early prevention of aging.
- 13) Some diseases of the skin, hair.

It is obvious that the range of application of essential oils is quite wide with a limited number of contraindications. The problem may lie in the choice of an essential oil, the quality criteria of which must be very high, in the choice of an algorithm for diagnosing and treating a patient. For a more accurate diagnosis and optimization of the targeted action of essential oils, a modified vegetative resonance test "IMEDISTEST +" was used. The four-level scheme allows you to implement a systematic approach in relation to testing, therapy, the choice of an essential oil corresponding to the level of exposure. When choosing a therapy, stress indices, levels of toxicity, degrees of blockage are taken into account

adaptive reserves, which helps to organize treatment tactics without stressful regimes, helps to eliminate blockages, increase adaptation reserves, and bring the patient to optimal performance. The deeper the core of the pathology, the higher the level of exposure to essential oils, and the wider the spectrum. Taking into account the duration of the disease, using various filters indicating high degrees of blockade of adaptation reserves at different levels, high rates of toxic accumulations in the connective tissue, the degree of congestion of the lymphatic system, we found that in most cases it is more expedient to start treatment with psychoemotional

and bioenergy levels impact. These requirements are met essential oils with a predominance of the top note of the scent (oils of the absolute category, citrus fruits, etc.). In terms of chemical composition, these are ethers, monoterpene alcohols, aldehydes, partly phenols and ketones. Native oil or its electronic analogue is introduced into the circuit during the following therapeutic and diagnostic procedures:

- during a session of bioresonance therapy, which contributes to the rapid elimination of psychoemotional blockages;
- during induction programs;
- when carrying out layer-by-layer testing, when using the optimal medication found through Cuprum met. D400, the patient is brought to optimal performance at this level (in this case, the oil is a carrier of information aimed at solving a specific problem, the frequency spectrum of the selected meridians is recorded on a sugar cube with 1 drop of the selected essential oil, taken under the tongue right during the session, which makes it possible address hidden issues at deeper levels);
- prescribed as a medication for home use.

Since essential oils with a high level of vibration (of this chemical composition) have pronounced antiviral properties, they must be used at all stages of treatment and levels of exposure.

As the tasks are solved, improvements various integrative indicators, we include essential oils of the functional level of influence in the treatment regimen with a predominance of the middle note of smell. In terms of chemical composition, these are phenols, monoterpenes (alcohols, aldehydes, acids, oxides, etc.). As a filter for testing the essential oil, we introduce into the Ferrum met circuit. D60 to select the most effective treatment for a patient. When testing essential oils through infectious nosodes diseases, we determine the sensitivity of microorganisms to essential oils. As a rule, this group of drugs includes essential oils with a high phenolic coefficient: cloves (8.5), thyme (2.5), oregano (2.5), cinnamon (7.8), rosemary (5.2), geranium (6.5).

Selecting an essential oil through organic preparations, we emphasize the effect of an essential oil on a given specific organ or system.

Essential oils of the molecular level of exposure work as pharmacological drugs, without the participation of the sense of smell, their properties are determined by chemical and pharmacological properties, the degree of penetration into the skin, mucous membranes. Essential oils of this level of exposure are widely used in cosmetology, dermatology, for the treatment of genital infections, relief of pain syndromes (neuritis, neuralgia, myositis, etc.).

So, the unique properties of essential oils, which are determined by the multicomponent chemical composition, the presence of mobile chemical groups and double bonds, low molecular weight, cyclicity and compactness of compounds, etc., makes it possible to solve problems of different levels and in different functional systems.

Working with APK "IMEDIS-EXPERT" and "IMEDIS-TEST +" allows the most objective and effective diagnosis, treatment, assessment

the effectiveness and feasibility of the chosen direction of therapy at all stages of patient management, to emphasize the effect of drugs to solve the problem.

An integrated approach to treatment using all the capabilities of the hardware-software complex "IMEDIS-EXPERT" in combination with aromatherapy has a beneficial effect on the treatment, accelerates the process restoration of the body.

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