

The use of light color therapy in cosmetology
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For a year of work using the module for light color therapy in the cosmetology department, patients with the following pathology were treated:

- 1) Rosacea;
- 2) Wrinkles around the eyes and forehead;
- 3) Demodex;
- 4) Acne (acne disease).

Local treatment of rosacea with color therapy was carried out against the background of taking general and private BR-drugs with the addition of drains and symptomatic homeopathic remedies. The exposure to color was carried out according to the scheme described in the guidelines for color light therapy "IMEDIS":

1. Harmonization through the impact on the structures of the brain: 6 points were irradiated for 60 sec.
2. Program skin, regulation: points-zones of detoxification were irradiated by 60 sec.

Then, locally, from the site of the lesion, disharmonic oscillations were recorded and used as a filter to select a color in RGB mode, which was then used to treat the affected areas.

Example

Patient I., 45 years old. Diagnosis: Rosacea 2 tbsp. Aggravation after nervous stress.

Against the background of general treatment with BR drugs in RGB mode, the color for light therapy was selected locally (red - 60, blue - 56). Already after the completion of the procedure, skin hyperemia decreased.

9 procedures were performed until clinical recovery.

Treatment of facial skin wrinkles began with irradiation of points that stimulate the endocrine system. Then we moved a little from the scheme proposed in the methodological recommendations (the effect of blue on painful points and red on painless ones). The color was selected through disharmonic fluctuations written off from the points proposed in the scheme. They wrote using a point magnetic inductor.

Example

Patient E., 36 years old. Diagnosis: Facial wrinkles. The treatment was carried out according to the following scheme:

1. Cosmetic basic combination No. 1, alternating every other day with combination number 2.
2. Through disharmonic oscillations written off locally, we select color in RGB mode, irradiate points according to the "thinker's wrinkles" scheme for 30 sec. Painful points on palpation approached the following color composition (blue - 83, red - 40); painless (green - 73, red - 37).
3. We irradiate the turquoise color for 30 seconds. point PC3,

representing the pineal gland.

During the course, 7 light therapy procedures were carried out every other day. As a result, the turgor of the facial skin was significantly improved, wrinkles visually decreased, and the skin began to look more elastic.

In the treatment of demodex, acne, a scheme was used: through the disharmonious spectrum written off from the site of the lesion, the type of tick or bacteria was determined and the color that affects them was selected. The elimination of the tested pathogens by the electromagnetic spectrum of the selected color with external modulation with the F program and local action on skin elements (papules, pustules) using a probe for light therapy was carried out. The improvement is noticeable after the first session: after a few hours, the inflammatory elements of the skin dry up, the hyperemia is noticeably reduced.

Example

Patient P., 24 years old. Diagnosis: Acne. The skin of the face is gray, multiple pustules (abscesses), comedones, acne scars.

Fat secretion is increased.

Treatment was carried out:

1. BR-drugs, general and private, drainages.
2. Color therapy: through disharmonious vibrations, a color is selected with pustules were irradiated locally with frequency modulation F with a program affecting bacteria, followed by recording of a BR-preparation.

Conclusion: the use of light color therapy in the complex treatment of skin pathology allows obtaining a clinical effect after the first procedures, as well as shortening the treatment time.

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