

Evaluation of the effectiveness of complex treatment of primary deforming osteoarthritis with acupuncture, homeopathy and bioresonance therapy

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Chronic rheumatic diseases joints, causing functional disorders of the musculoskeletal apparatus, present a serious medical and social problem due to significant difficulties in their therapy.

Currently, great success has been achieved in the treatment of many diseases of the joints, both in connection with the introduction of effective drugs into wide practice, and due to the development of rational systems of medical and social rehabilitation of patients.

However, given the high prevalence and, at the same time, severe outcomes of rheumatic diseases, there remains a need for improvement of treatment methods and restoration of the functional capacity of this contingent of patients.

Among joint diseases, the most common is osteoarthritis deformans (DOA), which accounts for 80% of all diseases of the musculoskeletal system. The social significance of DOA is also determined by the fact that it accounts for 37% of all cases of temporary disability.

In addition, it causes a fairly high degree of disability in patients. Patients with damage to such functionally important joints as the knee and hip are especially often disabled. Rejcholec calls DOA the number 1 problem among rheumatic diseases in terms of the number of days of disability and the transfer of patients to disability.

Naturally, in each such patient, emotional disorders associated with a decrease in functional activity and his exclusion from work are added to physical suffering, due to the progression of the articular pathological process. Of the 83 observed patients with DOA, 59 (71%) had complaints of neurotic and

neurosis-like character.

The most common was depressive syndrome - in 25 people (42.4%) and agripnic syndrome - in 34 patients (57.6%) (insomnia syndrome). Of 83 patients, 19 (22.9%) had arthrosis of the hip joints (coxarthrosis), 17 (89.5%) had unilateral, and 2 patients (10.5%) had bilateral. In 64 (77%) patients, gonarthrosis (arthrosis of the knee joints) was found. In 58 (90.6%) patients it was unilateral, in 6 patients (9.4%) it was bilateral. In all patients, the diagnosis of DOA and the stage of the disease were confirmed by X-ray.

When diagnosed by the method of autonomic resonance test (ART), all patients with DOA were found to have a different burden of bacteria, viruses, and fungi. In this regard, the patients were prescribed complex treatment - specific allopathic and homeopathic. In all cases a biochemical study, general blood and urine tests were carried out, the immune and hormonal status was determined.

In 14 patients (73.2%) with coxarthrosis and in 41 (64%) with gonarthrosis, pain was observed by the end of the day and after exercise.

It is known that pain syndrome is accompanied by protective tension,

hypertonicity of adjacent muscles. Thus, the tasks of the complex treatment of patients with DOA were reduced to the effect on pain syndrome, improvement and restoration of trophism of the affected organ, and elimination, mitigation of neurosis-like symptoms.

The complex treatment consisted of 12-14 acupuncture procedures, 8-10 procedures of bioresonance therapy (BRT) and homeopathy.

When setting the needles, the II inhibitory method was used in combination with the I or II exciting. They recruited AT of the hip or knee compositions, then in men - the prostate, in women - the uterus or some organ in which there were problems. The essence of this sequence was that we tried to destroy the formed complex (systemic) pathological reflex.

From one point, the pain signal converges, the rhythm is disturbed, the pathological focus becomes unreliable, it disintegrates. If the pain is uncontrollable, then it is advisable to create a system with the inclusion of an organ - "target organ". At the same time, we recruit the organ that suffers, is robbed.

This is a vascular reaction. The first principle is segment communication. Most often these are the organs of the small pelvis and kidneys. We sort of "close" the recipe for a set of needles for some zone-region. It is not easy to organize this system.

The principle of the approach to the organization of the system is, firstly, to create maximum interference to the very hearth. For example, enable systems that imply the silence of other systems. At this stage, it is necessary to organize a system of "closure" to the organ. The target organ must present in all recipes. For example, the kidney-lungs. After the level of segmental innervation we go to the stem structures, because real pain is associated with the brain stem structures. In this case, auricular points are included in the recipe, for example, the right hip joint - the uterus in women or the lung. To change the vascular component, we go to something that has a common blood supply - the projection of the lungs, heart, liver, etc.

After setting the needles in 5-10 minutes. started to carry out BRT according to the algorithms of Academician Gotovsky Yu.V. From homeopathic remedies, various coleplexones of the Heel company were prescribed - target, traumeel, arnica, rus, esculus in patients with neurosis-like symptoms - gelseminum, ignition, lithium salts.

After 2-3 sessions of BRT in combination with acupuncture and homeopathy, joint pains disappeared in 76 patients (91.5%), in the remaining 7 patients (8.5%) they decreased significantly. The patients' general well-being significantly improved, self-confidence appeared, mood improved, depression disappeared, sleep was restored. It is known that in depression, the pain perception threshold is lowered, therefore recovery, alignment of the psycho-emotional state increases the pain perception threshold and patients do not experience the pain that appeared during a low mood.

Conclusions:

1. Comprehensive treatment of DOA in combination with acupuncture, bioresonance therapy and homeopathy is highly effective.
2. Restoration of the psycho-emotional state, elimination of depression and neurosis-like symptoms changes the threshold of pain perception and so

reduces and eliminates pain syndrome.

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