The main theoretical and clinical aspects of the use of the bioresonance method in the diagnosis and treatment of allergies V.S. Kovalev, L.I. Ruchkina, V.V. Makhrinova, E.A. Igoshin, I. Yu. Shumilova (Center for bioresonance therapy "EliteMed", Krasnodar, Russia)

Allergic reactions are among the most common diseases in Russia, and their incidence has only been growing in recent years. In the Krasnodar Territory, more than 70% of the population suffers from various forms of allergies. More than 50% of them are pollinosis, which has seasonal manifestations, 40% of them, as they progress, acquire a year-round course, have a multifactorial nature and are polymorphic in nature.

For the development of an allergic reaction, a combination of a number of factors is necessary:

1. Genetically determined predisposition (HLA / DR).

2. Violation of the drainage and detoxification function, which leads to terminal slagging and sensitization of the body.

3. Violation of the autonomic nervous system and endocrine balance in organism, as well as a violation of the functional state of the higher parts of the nervous system, which leads to a violation of homeostasis.

4. The presence of an allergen that can stimulate the formation of a complex antigen-antibody that causes an imbalance of Th1 / Th2 lymphocytes and the synthesis of IgE, which binds to the surface of mast cells and basophils, stimulating the release of granules with histamine.

Over the past year, 42 patients suffering from various forms of allergies were under observation at the EliteMed Bioresonance Therapy Center. Of these, with leading manifestations: 30 people. - hay fever; 10 people - food allergy; 2 persons - atopic dermatitis.

The method of R. Voll, vegetative resonance test, laboratory data (general,

enzyme immunoassay, biochemical blood test, immunogram), instrumental and bacteriological examination methods.

At the first stage of diagnosis, in all cases, the determination of exogenous and endogenous pathogenic factors was carried out:

- geopathogenic, radioactive and electromagnetic burden;
- determination of toxic loads;
- the presence of mesenchymal and energy blocks;
- parasitic burden.

In the course of treatment, for dynamic control, integrative indicators (biological, photonic indices and adaptation reserves), testing by the Voll method, laboratory and

instrumental survey methods.

When processing the data from the examination of patients, we found that it is inappropriate to identify a specific etiological factor in the development of an allergic reaction, since in most cases there is a combination of exogenous pathogenic factors that are a component of the pathogenesis of development.

## allergies.

Diagnosis and treatment of patients who sought help at the EliteMed Center were difficult due to the fact that many of them suffered from allergies for many years and used antihistamines, potent immunosuppressive drugs (glucocorticosteroids, cytostatics), well known for their harmful side effects on organism.

The treatment tactics used by the doctors of the Center "EliteMed" consists in the consistent elimination of pathological exogenous factors and the consequences of their impact on the body, against the background of harmonization of the work of the psychoneuroendocrine and autonomic nervous systems, restoration drainage and detoxification function organism and enhancements adaptive reserves.

To eliminate pathological exogenous and endogenous factors, the following were used:

- Medpharma preparations (toxins, parasites, helminths, protozoa, bacteria, fungi, viruses),
- inversion of nosodes of allergens (pollen of plants, house dust, animal hair, etc.), allopathic drugs, toxins of chemical industries, household toxins, salts of heavy metals,
- excretion of metabolic products (endogenous toxins)

To restore the drainage and detoxification functions of the body, the following were used:

- homeopathic medicines (polychrests, complex drainage preparations of the "HEEL" company),
- general and specific BR-drugs (mainly 3 and 4 BR-therapy strategies were used),
- mesenchymal reactivation (inversion of disharmonic oscillations from problem points).

Anti-IgE, anti-IgG, anti HLA / DR, histamine somr., Serotonin somr were used as an effect on the autoimmune component of pathogenesis.

All patients received constitutional homeopathic remedies in 1000 and LM potencies against the background of the treatment, additional resonance-frequency therapy, color therapy along the meridians and problem organs were carried out.

Also, in the complex treatment, concomitant methods of therapy were used:

- cryotherapy,
- acupuncture,
- massage (lymphatic drainage),
- phytoparosauna with cleansing collections (herbal collections were tested according to R. Voll's method).

As a result of the integrated treatment using basic bioresonant, multiresonant, homeopathic and resonant frequency

therapy, there was an improvement in integrative indicators, laboratory and instrumental data, restoration of regulatory processes,

increasing the immune defense and resistance of the body.

Significant improvement in the condition (refusal of allopathic drugs, absence of complaints and clinical manifestations) was observed in 90.5% of patients

Slight improvement in condition (increased duration

interictal period and the severity of clinical manifestations) in 9.5% of patients

The results obtained in the "EliteMed" center testify to the high efficiency of the bioresonance therapy method in the treatment of allergic reactions.

V.S. Kovalev, L.I. Ruchkina, V.V. Makhrinova, E.A. Igoshin, I. Yu. Shumilova The main theoretical and clinical aspects of the application of the bioresonance method in the diagnosis and treatment of allergies // XIII

130