

Psychological stress as the root cause of various diseases

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The results of 10 years of work with patients with various clinical pathologies (adults and children of different ages) using both the method of the vegetative resonance test (ART) "IMEDIS-TEST" in the diagnostic process, and bioresonance therapy during the complex treatment indicate that psychological stress is one of the leading factors in the occurrence and unfavorable development of most diseases.

The frequency of detection by the ART method "IMEDIS-TEST" of psychological stress in various pathologies is presented in tables 1 and 2.

Table 1

The frequency of detecting psychological stress by the ART method "IMEDIS-TEST" various pathologies in adults

Nosological form	Testing percentage psychological stress	Main target organ
Astheno-neurotic state (headache, increased fatigue, irritability, decreased performance, emotional lability, sleep disturbances)	94	Diencephalic structures, arteries, veins
Depressive disorders	100	Diencephalic structures, arteries, veins
Obsessive-phobic neurosis	98	Diencephalic structures
Migraine and cephalgia of various etiologies	88	Diencephalic structures, arteries, veins
Dystyroidism	98	Thyroid
Diabetes	98	Diencephalic structures Pancreas
Dysmenorrhea	98	Hypothalamus
Biliary dyskinesia and chronic cholecystitis	98	Gallbladder and biliary tract
Cholelithiasis	94	Gallbladder and biliary tract
Peptic ulcer and duodenal ulcer	96	Stomach and duodenum
Bronchial asthma	98	Bronchi, bronchioles, lungs
Arthritis, arthrosis	88	Joints
Hypertonic disease	94	Diencephalic structures, arteries, veins

table 2

The frequency of detecting psychological stress by the ART method "IMEDIS-TEST" various pathologies in children

Nosological form	Testing percentage psychological loads	Main target organ
Astheno-neurotic condition (headache, increased fatigue, irritability, emotional lability, learning difficulties, decreased academic performance, sleep disorders)	94	Diencephalic structures, arteries, veins
Vegeto-vascular dystonia	88	Diencephalic structures, arteries, veins
Neurotic reactions (enuresis, logoneurosis, tics)	100	Diencephalic structures
disorders (enuresis, logoneurosis, tics)	92	Diencephalic structures
School phobia	100	Diencephalic structures
Depressive Disorders	100	Diencephalic structures
Dystyroidism	94	Thyroid
Dysmenorrhea, juvenile amenorrhea	96	Hypothalamus
Biliary dyskinesia	94	Gallbladder and biliary tract
Peptic ulcer and 12 duodenal ulcer	92	Stomach and 12-fold intestine
Bronchial asthma	98	Bronchi, bronchioles, lungs
Chronic tonsillitis	48	Palatine tonsils
CHDBD (often and long-term ill children)	62	Palatine tonsils maxillary sinuses, bronchi, bladder

Statistical indicators show that among the studied there is practically no pathology in nosological forms, in which the parameters of ART "IMEDISTEST" would indicate the absence of psychological stress. According to the authors, such A high percentage of psychological stress detection in almost all nosologies indicates the leading role of this negative factor in the etiopathogenesis of many diseases in both children and adults.

Epiphysis D4 is an indicator of psychological stress in the IMEDIS-TEST ART method. The degree of psychological stress is indicated in conventional units (cu).

Speaking about psychological stress, it is necessary to say a few words about terminology, since it is necessary to clearly distinguish between such concepts as stress (stressful impact) and psychological stress, since they are not the same thing.

A huge number of works in domestic and foreign literature are devoted to the study of stress, and, without delving into the numerous definitions of the concept of stress, it should be emphasized that stressful exposure does not always lead to negative consequences for the body, and in some cases has a positive effect.

Psychological stress Is one of the parameters of the vegetative resonance test "IMEDIS-TEST", which is not tested in all people under the influence of stress. Psychological stress is, first of all, the individual reaction of the body in response to the action of various, in this case, psycho-traumatic factors.

In this regard, the following point is extremely important. Psychologists have long proven that in the chain "Man - situation" the most essential is the intermediate link, namely, the attitude of a person to a given situation. Moreover, the relationship "Man - situation" looks fundamentally different: "Man - his attitude to the situation

- situation". Based on this, it becomes clear that even a strong stressful situation with the possibility of a person developing an adequate attitude to it, the ability to competently (from a psychological point of view) to resist this situation may not cause the formation of psychological stress, that is, changes in the body that occurred as a result of stress, which we test using the ART "IMEDIS-TEST". And vice versa, certain life problems that, at first glance, are not traumatic, but cause a long-term resentment in a person, anger, longing, sadness, envy, a desire to take revenge, aggression, inability to forgive, "looping" on negative thoughts - all this forms a psychological load with all the ensuing consequences. Therefore, it is impossible to put an equal sign between the presence of psycho-traumatic situations in a person's life and the presence of psychological stress based on the results of testing by the ART method "IMEDIS-TEST". What is important here is precisely the ability of a person to psychologically competently mobilize himself in a difficult moment of life and to adequately resist what in a broad sense we understand by the word "stress". This is within the power of a person who is in a state, which in neurolinguistic programming (NLP) is denoted by the term "resource state". This will be discussed in more detail below when considering the elimination of psychological stress and treatment. What is important here is precisely the ability of a person to psychologically competently mobilize himself in a difficult moment of life and to adequately resist what in a broad sense we understand by the word "stress". This is within the power of a person who is in a state, which in neurolinguistic programming (NLP) is denoted by the term "resource state". This will be discussed in more detail below when considering the elimination of psychological stress and treatment. What is important here is precisely the ability of a person to psychologically competently mobilize himself in a difficult moment of life and to adequately resist what in a broad sense we understand by the word "stress". This is within the power of a person who is in a state, which in neurolinguistic programming (NLP) is denoted by the term "resource state". This will be discussed in more detail below when considering the elimination of psychological stress and treatment.

Thus, under the psychological load in ART "IMEDIS-TEST" is understood as the result of the impact of traumatic factors on the human body, leading to the emergence of pathological disorders from various organs and systems. The action of loads is expressed in those changes that occur in a particular individual under the influence of one or another (more often negative) factor. Each organism perceives a certain psychological situation differently, and the immune system of each individual individual reacts to the action of a traumatic situation differently: some people do not experience pathology, while others use the IMEDIS-TEST ART method, in addition to identifying such a parameter as psychological stress, changes in indicators are tested both from the integrating systems (immune, endocrine), and from other organs.

Thus, as well as in cases with geopathogenic, radioactive and electromagnetic loads, testing psychological loads using the ART method "IMEDIS-TEST" determine the body's response to the action of various factors, which is of an individual nature. The degree of this reaction is expressed in a state of tension or depletion of various integrating systems (immune, endocrine).

In this regard, it is necessary to note a number of important results of clinical studies on the study of the effect of psychological stress on the body.

First. In all patients in the presence of even a low degree of psychological stress violations of such parameter of ART "IMEDIS-TEST" as the state of the immune system. Absolutely in all patients, the tension of the immune system of varying degrees was revealed, and in the majority of patients, the depletion of the immune system was revealed.

Second. Under the action of a psychological load, the body becomes vulnerable to the action of the radiation factor (even under normal radiation background) with the formation of a radioactive load (RAS), geopathogenic zones with the formation of a geopathogenic load (GN), electromagnetic radiation, viral, mycotic and bacterial agents with the formation, respectively, electromagnetic, viral, mycotic and bacterial burdens tested by the ART method "IMEDIS-TEST".

At the same time, as in cases with psychological stress, the concepts of GN, RAS, electromagnetic load and other types of the listed loads are parameters of the ART "IMEDIS-TEST" under the influence of these factors of pathology in the body.

In the presence of a psychological load in the body, there is a decrease not only in general immunity, a decrease in resistance to the action of negative environmental factors (for example, electromagnetic radiation), but also in local immunity in "target organs". This conclusion is confirmed by the following results. In all patients with psychological stress, in a large percentage of cases, the presence of GN, RAS and other types of burdens was noted. At the same time, in the absence of psychological stress in people staying in the same geopathogenic zones or zones of radiation contamination, GN and RAS were noted in a much smaller percentage of people.

Thus, the studies carried out made it possible to answer the question that arises earlier before the authors when conducting research on the effect of GN and RAS on the human body: why, under the action of the same factor (for example, a geopathogenic zone) in one person using the ART method "IMEDIS-TEST" the geopathogenic load is not determined and the good state of the immune system is tested, while the other is tested for both the presence of the geopathogenic load and the state of tension or depletion of the immune system? Or why, when the radiation factor acts equally on a group of people of the same sex, age, who are in the same conditions - some with the ART method "IMEDIS-TEST" are tested for the excellent state of the immune system, and the radioactive load is not determined, while others are tested for a high degree of RAS and a state of depletion of the immune system? Perhaps in the second case, the immune system is already weakened by something? Already during previous studies of both children with various pathologies (for example, under the influence of conflict situations in the family, school, who have suffered trauma), and adults, including those in "hot spots" (this was discussed in detail in previously published works) the authors had a hypothesis about the initial influence of stress factors, since even then we tested high psychological loads in all persons with GN and RAS using the "IMEDIS-TEST" ART method.

The research carried out made it possible to establish a direct relationship between the presence of a psychological load, the state of the immune system and the presence of other types of burdens and indicate that among the many complex mechanisms of immune regulation and the development of an adequate immune response, stress plays a primary role. Stress (as already noted, with the inability to competently resist it) is a trigger for the formation of a psychological load, which sharply weakens the immune system, and the human body becomes vulnerable to the action of geopathogenic, radiation, electromagnetic effects and other negative factors, for example, viral or mycotic. If the immune system is not in the stage of stress and, moreover, exhaustion (which was observed in those patients in whom psychological stress was not detected), the body, even being in adverse conditions (for example, a geopathogenic zone or radiation exposure), is capable of due to the existing mechanisms of self-regulation and self-defense to neutralize the impact of negative factors, for example, radiation. This is evidenced by the fact that in the group of surveyed,

Thus, psychological stress is a triggering mechanism, as a result of which a vicious circle occurs in the body immune weakness weak resistance of the body to other negative factors (radiation, viral) with the formation of various (depending on the type of negative factor) loads, determined using the ART "IMEDIS-TEST" (GN, RAS,

electromagnetic, viral burden) failure of endocrine regulation violation in the hypothalamus-pituitary-adrenal system violation of the central regulation of the function of many organs and systems and, as a result of this, a disorder in the work of target organs. In conditions of a decrease in both general immunity under the influence of stress and local immunoreactivity in target organs in the latter, conditions are created for the persistence of fungi, viruses and secondary bacterial flora. The possibility of such a path of development of somatic pathology is confirmed by the fact that when the psychological stress in somatic pathology is eliminated without a special effect on fungi and viruses, these types of burdens are either not tested, or with a long chronic course of infection they continue to be tested, but amenable to much faster treatment. At the same time, on the contrary, when exposed to viruses or fungi in isolation without eliminating various types of loads, primarily psychological, the therapeutic effect is either absent (there is only a "replacement" of one pathogen for another, and instead of one flora, another is tested, but also pathogenic), or the effect is short-lived, and the exacerbation of the pathological process occurs again. At the same time, each time the pathogenic flora becomes more and more resistant to therapy.

Psychological stress of a high degree is often revealed when examining patients with various somatic pathologies. In this case, somatic pathology is simply the so-called "somatic mask" of the disease. And psychological stress is often so disguised that even an in-depth experimental psychological study using modern methods cannot always reveal the existing problem. And often only with the help of the vegetative resonance test "IMEDIS-TEST" it is possible not only to determine the presence of psychological stress, but also, using the filtration method, building certain resonant chains, it is possible to trace the entire path of the formation of a pathological process in a particular organ.

Third. In addition to the immune system, important integrative indicators include mesenchymal metabolism and endocrine regulation. The studies have shown that when testing biological indices (BI) by the ART method "IMEDIS-TEST", all patients with high psychological stress were tested for high general biological indices (OBI), and the target organ for psychological stress had the worst private biological index (ChBI). At the same time, with the elimination of psychological stress in the course of treatment, the overall biological age of the organism significantly improved, and the BWI of the "target organ" either significantly decreased or was not tested in this organ.

As for the reserves of adaptation (RA), there is a clear dependence: the higher the psychological load, the worse the RA. In patients with high psychological stress of the 4th and 5th degree, low and depleting reserves of adaptation were tested in the overwhelming majority of cases (78%).

A similar relationship was found between the presence of high psychological stress and testing the state of tension and exhaustion of the endocrine system.

Summarizing the results of clinical and anamnestic examinations, conducted by the authors using the ART method "IMEDIS-TEST" for a number of years on numerous groups of patients of various ages with various nosological forms and confirmed by EEG, ECHO-EG, REG and ultrasound studies can be done the following conclusion.

Existing in the human body psychological stress is a negative factor not only for the neuropsychic sphere, but also affects all the integrating systems of the body: immune, endocrine, mesenchymal-metabolic metabolism. The reduced immune response formed under the influence of psychological stress entails a weak resistance of the body to other negative factors and makes it possible for the persistence of such types of stress in the body as geopathogenic, radioactive, electromagnetic. Under these conditions, there is a decrease not only

general, but also local immunity in target organs, in which, in addition to high psychological stress, GN, RAS, the ART method "IMEDIS-TEST" tests viral, bacterial and mycotic burdens. According to the authors, precisely those organs that were defined as "target organs" for psychological stress by the "IMEDIS-TEST" method were, firstly, most often simultaneously target organisms for GN, RAS, electromagnetic stress, and secondly, were organs for viral, mycotic, bacterial burdens in the case of their presence in the body, and, thirdly, they were also tested by ART "IMEDIS-TEST" as affected organs, that is, they were organs in which the development of a pathological process is possible. In some cases, this was determined even before the appearance of complaints, and in most cases the results of testing by the ART method "IMEDIS-TEST" confirmed the existing diagnosis. So, in persons suffering from peptic ulcer of the duodenal ulcer, it was the duodenum that was the target organ for psychological stress, and in pathology of the gallbladder (dyskinesia of the biliary tract, cholecystitis, gallstone disease), the target organ was the gallbladder and biliary tract. The same correlations can be traced in the case of bronchial asthma and other types of pathology. At the same time, drugs and therapies that eliminate the existing psychological stress (this will be discussed in detail in the section on treatment), not only normalize indicators from the neuropsychic sphere, but also improve the state of the integrating systems and the state of the corresponding target organs.

Based on these results, it can be assumed that all types of loads present in the body are arranged according to a certain hierarchy: the root cause is the psychological load, followed by geopathogenic, radioactive, electromagnetic loads, which appear already with a weakened psychological load of the immune response, then when the main types of metabolism are unbalanced under the influence of these loads in conditions of a decrease in local immunity in the affected organs, conditions are created for the persistence of pathogenic fungi, viruses, bacteria, and these burdens, in turn, further weaken the immune system.

Thus, psychological stress is the main triggering mechanism that entails a complex multistage process of the appearance of pathological processes in the body, the development paths of which were discussed in detail above.

Based on this, it becomes clear how important it is for a doctor to identify not only the cause of the disease, but also to clearly trace all the pathogenetic links. After all, the patient comes to the doctor mainly with already existing somatic disorders, often chronic, he does not tell the doctor about the stress, and the doctor's task is to identify the main mechanisms of the pathology that has arisen (which will be strictly individual for each individual) and competently influence them.

It is important to avoid 2 extremes here: on the one hand, one cannot ignore the presence of loads, including primarily psychological ones, and it is important to remember that without eliminating primary links the pathogenesis of the effect of therapy will not be. On the other hand, this is not enough - it is necessary to influence and to the secondary process, but also taking into account the primary etiological moments.

In other words, we are talking about complex, combined impact on the primary link (elimination of stress), on the one hand, and on somatic disorders, on the other.

If in the body in any organ (for example, the bladder) any secondary bacterial flora or viruses (chlamydia, ureaplasma, herpes, etc.) are constantly tested, which causes the development of a chronic pathological process in the bladder, then first, how to "kill" all pathogens in turn, one should think - and maybe the reason for this is a reduced immune response? Indeed, many studies have confirmed that one of the main conditions for the development of mycosis in the body, the occurrence of viral and bacterial infections is, first of all, a decrease in immune defense. In turn, what is the reason for the immune failure? Perhaps this is the action of some kind of load? And then, having eliminated this most important unfavorable factor, already

to analyze how deeply the chronic process in the organ has gone due to the constant persistence of the pathogenic flora, and here it is already more targeted to influence the pathogen of the pathology.

Exactly like this an integrated approach to therapy, from our point of view, taking into account both the primary etiological moments and taking into account all the links of pathogenesis, it is the most effective.

Before moving on to the issues of eliminating psychological stress and treating patients, one more aspect of the problem should be noted.

In all patients with high and long-term psychological stress using the ART "IMEDIS-TEST" method, a low immune response (a state of tension and often depletion of the immune system) is tested in the overwhelming majority of cases in combination with a yin state. At the same time, psoric miasm, high photon indices, acidic state of metabolism are tested as the dominant miasm. Moreover, the higher the psychological stress, the more clearly the named parameters are tested. The combination of such test results is statistically significant and not accidental. Apparently, the combination of such parameters characterizes the same condition, but from different positions: from the point of view of Western medicine, this is a state of immunodeficiency, from the point of view of Chinese medicine, this is the predominance of "yin", from the point of view of the homeopathic approach, it is psora, and from the point of view of modern biophysics - the impossibility of exchange of "information" between photons, when a state of complete mesenchymal blockade occurs and the mesenchyme (normally a liquid crystal) turns into a gel and cells cannot "communicate" with each other. Depending on the approach - Chinese medicine or homeopathy (in this case it is not important) - this condition is characterized by different terms, but in essence it means the same thing - the state of pre-oncology and the development of exchange along this path. One of the proofs of this point of view is the fact that all patients with high psychological stress and the indicated parameters of ART "IMEDIS-TEST" (tension and depletion of the immune system, high biological and photon indices, low adaptation reserves, the shift of metabolism towards the yin state and the predominance of psoric miasm) by the ART method "IMEDIS-TEST" the frequencies of the onco-protein and additional parameters of the ART "IMEDIS-TEST", characteristic of patients with oncological pathology, are tested. Moreover, the higher the degree of psychological stress was tested, the more pronounced this correlation was.

It should be noted right away that we are not talking about cancer patients. This is a separate group of patients requiring a special diagnostic approach and specific treatment regimens. Here we are talking about the preclinical nature of the ART method "IMEDIS-TEST" (which was mentioned more than once in the previous works of the authors) and about the possibility to determine, long before the onset of symptoms, the path of exchange that the body "chooses" under the prevailing conditions.

Of course, the development of oncological processes is influenced by a huge variety of different factors, including, unfortunately, not yet studied. It should not be forgotten that, first of all, it is a genetic predisposition inherent in the DNA program. But a person does not know if he has such a predisposition, and if there is such a high and long-term psychological stress can be a trigger for the implementation of a program for the development of the oncological process.

Thus, the data obtained allows the authors to express hypothesis that high and long-term psychological stress, provoking serious violations of all integrating (and above all the immune!) systems of the body, make it "defenseless" against a mass of negative factors that surround a person (geopathogenic zones, viral infections, fungal cultures, electromagnetic radiation) and which it can successfully resist with an adequate immune response. Disorder of the main integrating functions, serious disorders of endocrine metabolism and hormonal status, in turn, entail damage to the somatic sphere, primarily "target organs", which are most often

the places of least resistance (locus minoris resistentia) are determined - genetically determined "weak" organs (that is, hereditarily determined, fixed in the genetic apparatus of the "Achilles heel", which every person has). The result of these disorders is the development of serious metabolic disorders in the body, including the formation of pre-oncology and oncology.

No wonder the Scripture says: "despondency is a sin." Avoid despondency, melancholy, do not be offended and do not get angry, do not keep an offense in your heart, know how to forgive, learn to rejoice, pamper yourself and your loved ones even with "little joys" (which may be given by fleeting but positive emotions), enjoy life and you will always be healthy! Teach this to your patients. Remember the formula: "A person - his attitude to a situation - a situation", and if we cannot change this or that situation that does not suit us, then it is always in our power and in our power to change our attitude towards it. How to do this and be able to relieve yourself, your loved ones and your patients from psychological stress? Let's remember that this is subject to the "resource" person. Therefore, before proceeding to the issues of treatment and competent elimination of psychological stress, using the capabilities of the IMEDIS equipment, we will make a small digression towards NLP (neuro-linguistic programming).

Psychologist A. Bakirov notes: "The resource state is a situation when we have a choice of three or more options for behavior. This is a situation of choice. If we have less than three alternatives, this is a non-resource state. Two options ("Left or right?") - a dilemma. One option ("To be or not to be?", Refuse or agree) is a linear choice. Linear choice or dilemma is a non-resource state. Successful people in every situation have a choice. "Victims", time after time, face an imaginary choice and go wherever they are pushed by "circumstances". Therefore, "victims" often become addicted - dependence on a person or on a cake, cigarettes, glasses ... For a psychiatrist

- everything is one. What common? The fact that decisions of consciousness often lead nowhere.

He just has no real power! Therefore, no volitional decisions can save you. And when the moment of choice comes, the subconscious makes it. In favor of attraction. "

To get rid of dependence (attachment), according to psychologists (A. Bakirov also points to this in his books), including dependence on a particular situation, is always very difficult. One of the rules of NLP says that the best way to get rid of an addiction is to stay out of it. A resource person will never fall under dependence. Hence the conclusion: "When your future depends not only on you, plan several options for the future (but at least three!). Then the disappearance of one alternative will not be able to harm your plans: you will have plenty to choose from. "

Choice is a very important concept for a person who feels oneself outside the framework of psychological comfort, as it makes it possible to get out of the dead end of life, get rid of one or another addiction (or attachment), this is freedom, the ability to act and live differently, overcoming the situation "in the grip" of which a person is. In the process of treating a patient (especially when it comes to depressive conditions), this is an important turning point when a person begins to realize that he has a way out of the situation (better, if not one). And there is always a way out. It is important for a person to see it, realize it and begin to act.

This is just a small digression to the basics of psychology and NLP, and it was written in order to show that the issue of eliminating psychological stress in a patient requires a highly professional approach on the part of a doctor who, regardless of his main specialty, needs to know at least the basics of psychology and psychiatry. Eliminating psychological stress is a painstaking work that is not done overnight, since the purpose of this work is to teach a person to treat the situation in a different way that provokes psychological stress in him. Treatment of such patients is always long-term, purely individual and complex, including, if necessary, and allopathic drugs.

Invaluable assistance in such treatment is provided by bioresonance therapy (BRT). Long-term studies have shown that BRT when working with such patients, as they say, "works wonders." At the same time, there can be a huge variety of BRT options. This is also a complex load in the BRT process with Roy Martin's preparations - Biooscillators and FLOWERPLEX, Bach Flowers preparations, ROSTOK essences, including chakra ones, System Spiritual Adaptants preparations, which are pre-tested by the IMEDIS-TEST ART method. This is the load in the process of BRT with homeopathic remedies in high potencies (also pre-tested), homeopathic remedies in LM-potencies, RUBIMED preparations, this is the use of induction programs of brain rhythms necessary for a person in endogenous BRT modes. This is the inversion of the emotionally significant situation for a person in the process of BRT, as well as the inversion of tears, and the inversion of pathological BAPs. In addition to endogenous BRT, exogenous BRT has an excellent effect with fixed frequencies of sedative, antidepressant and other (according to indications) effects. And, of course (in addition to the mandatory appointment of a general bioresonance drug that provides general harmonizing effect on the whole organism), this is the manufacture of private bioresonance preparations (BSR), filtering test pointers for which are selected in each case individually. The treatment regimen usually includes 6-7 BRT sessions with an interval of 5 to 14 days, the course is carried out 2 times a year, usually in spring and autumn. In between courses, patients continue to take the prescribed drugs, selected by the ART "IMEDIS-TEST" method. Thus, 1 year, during which complex therapy is carried out with mandatory psychological correction, is the period after which we can talk about the complete elimination of psychological stress.

It is necessary to emphasize once again (this has been said more than once in previous works of the authors) that if a patient has a psychological load, it is imperative to test an indication of depressive disorders and an indication of endogenous psychoses.

Indication of depressive disorders	Mandragorae radice D30
Indication on the endogenous psychoses	Mandragorae radice D60

If there is or a positive test result, consultation is required a patient by a psychiatrist.

Thus, having identified the true cause of the onset of the disease, by eliminating the existing psychological load, it is possible not only to more purposefully treat the somatic pathology existing in any organ (and at an early stage of identifying this load and the corresponding target organ, it is possible to prevent the occurrence of somatic disorders), but and to rid the body of the formation of a general metabolism along the pathological path.

As the results of the studies carried out by the authors show, the elimination of psychological stress makes it possible to achieve a good therapeutic effect in the treatment of many diseases, including the somatic sphere, while the effect of treatment is persistent, as evidenced by a long follow-up. It should also be noted that many clinical cases resistant to conventional therapy with allopathic agents (including severe long-term depression with suicidal attempts) can be effectively treated only when the entire range of therapeutic capabilities of the IMEDIS-EXPERT APK is used.

Clinical example

Patient V., 30 years old, suffers from severe dysbiosis and neurodermatitis. All types of therapy have no effect. For neurodermatitis, hormonal therapy was proposed, which the patient refuses. At work, according to the patient's words, there is a difficult conflict situation with her superiors and colleagues; she cannot leave work, since she alone is raising three children.

Diagnostics by the ART method "IMEDIS-TEST" reveals the following information resonant relationships.

Epiphysis D4 \$ 4	+	High degree of depletion of the immune system SB5	+
+ Strong level endocrine violations Hypophyse-potenzen D30	+	Organopreparation Pancreas D4	+
+ Pointing to general deficit enzymes Zincummet. D200	+	Organopreparation Small intestine D4	+
+ Pointing to dysbiosis in thin and thick + Hahnem. intestine Indican and D32 ScatolumD32		Indication of Causticum food intolerance D30	+
+ Preparations "Bach Flowers" + The amount of private bioresonance preparations			

A course of complex therapy (duration 1.5 years) was carried out using psychological correction and capabilities of the APK "IMEDIS-EXPERT". A positive therapeutic effect has been achieved, both from the point of view of the possibility of psychological adaptation to a life situation, and from the side of the somatic process.

The follow-up was 4 years. The patient has no complaints. At work, relations with bosses and colleagues returned to normal, received a higher, well-paid position, got married, and was happily remarried.

For 10 years, the authors observed patients of various ages with psychiatric and neuropsychiatric pathologies (reactive and endogenous depressions, paroxysmal states, consequences of traumatic brain injury, severe logoneurosis), patients with various psychosomatic pathologies (bronchial asthma, duodenal ulcer, biliary dyskinesia), the so-called "difficult" children and adolescents with deviant behavior and many other patients. At the same time, detailed studies of the role of psychological stress in the etiopathogenesis of various diseases were carried out. The main diagnostic method was the ART method "IMEDIS-TEST", while all patients were examined in detail using modern instrumental methods (EEG, REG, ECHO-EG, Doppler ultrasound, ultrasound). The results of these examinations were significantly correlated with the data of the ART "IMEDISTEST". The treatment was based on an integrated approach using psychological techniques, allopathic means, acupuncture, but the leading role was played by endogenous and exogenous bioresonance therapy.

The data obtained made it possible to formulate conclusion About, that psychological stress is an important, etiologically significant factor, which, in combination with other negative influences, causes serious pathological changes in the body. Elimination of psychological stress in the overwhelming majority of cases gives a pronounced stable therapeutic effect, and in childhood and adolescence is often sufficient for the complete disappearance of complaints not only from the nervous system and psyche, but also from the somatic sphere. In the process

complex treatment, the main role belongs to endogenous bioresonance therapy, which, in addition to high efficiency, is also distinguished by the physiological nature of the therapeutic effect, the absence of side effects and unlimited possibilities of a purely individual selection of therapy for each patient.

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