

A brief retrospective analysis of the conference materials "IMEDIS"

A.P. Dubrov

(Institute of Reflexology FNCECTMDL of Roszdrav, Moscow, Russia)

Blessed memory
Yuri Valentinovich
Gotovsky
dedicated to

Introduction

In modern medicine, energy-informational therapy, eniotherapy (ET), which has become widespread in our country and abroad, has been successfully developing for many years [1-4]. This analysis is based on a study of 1000 research papers carried out by medical practitioners and specialists in the field of ET, the results of which were reported at annual international conferences. Center "IMEDIS" in the period from 1995 to 2006. All clinical studies and reports published by doctors in conference proceedings were taken for abstracting, with the exception of review, general theoretical, methodological and technical reports.

Under the guidance of Professor Yu.V. Gotovsky, a team of scientists, specialists and doctors of the IMEDIS Center has done a great deal of work on the theoretical substantiation and practical use of diagnostic and therapeutic techniques in medicine - vegetative resonance test (ART), bioresonance (BRT) and multiresonance therapy (MRI). On the basis of this work, a whole generation of talented ET doctors has grown. Currently, many thousands of doctors and specialists, both in Russia and abroad, are dealing with the issues and problems of ET, as one of the most effective and promising methods of diagnosis and treatment of various diseases. For 15 years of work the team of the Center "IMEDIS" headed by prof. Yu.V. Gotovsky and Roszdrav organizations such as the Institute for Advanced Studies of Physicians,

When studying the development of ET within the framework of the annual international conferences held by the IMEDIS Center (1994-2006), our attention was directed to assessing the results of practically important work performed by doctors during the specified period of time. To analyze the effectiveness, the following indicators and the direction of medical activity were taken:

1. Statistical information on the use and effectiveness of ET and their compliance with the requirements of evidence-based medicine.
2. The presence and duration of follow-up observations in the conducted works.
3. Direction and objectives of endoecological research.
4. The importance of geophysical factors in medical practice.
5. Use and role of placebo and psychotherapy methods.

General Provisions

Let us consider sequentially the individual components of our review and pay attention to the development and implementation of work in the above sections. From the very beginning of clinical trials, doctors and ET specialists (1994-1995) carried out a strict statistical record of the effectiveness of various methods of treatment and follow-up observations, endoecological studies were carried out, the role of planetary and geophysical factors, the importance of psychotherapy and the influence of placebo in the practical work of doctors were studied.

Statistical information

It is known that in evidence-based medicine (EBM) one of the main criteria for the effectiveness and reliability of any treatment method is the level of evidence obtained from experimental clinical observations [5–9]. To this end, in DM for an accurate assessment of the effectiveness of treatment, it is proposed to use various mathematical medical and statistical criteria: a) checking the statistical significance of treatment results according to the criteria: Student's t, Fisher's, Pearson's chi-square, nonparametric criteria of Van der Waerden, Wilcoxon, Mann-Whitney, Newman-Keisl, Kolmogorov-Smirnov; b) testing the null hypothesis, studying type I and II errors, evaluating correlation (r) calculating the error probability (p) and confidence interval, etc. The last of these criteria are important in research, as the risk the false-negative result is especially high in a relatively small research with number of observations. Everything the above criteria and requirements have been fulfilled by doctors over the years since using various programs, including Excel 7.0; Statistics, computer programs Biostatistics and others.

However, the high level of requirements, presented DM To research in the field of ET, corresponds only to only a quarter of all the work carried out (398 data). By analyzing the possible reasons for such a small part of verified scientific research, one can suggest that this is either due to the effectiveness of the ET treatment, since the cured patients are not inclined to maintain further contact with the doctor, to report their well-being and treatment results, or due to the lack of proper communication between the doctor and the patient, which usually arises only during their personal confidential communication [10, 18].

These fundamentally important issues were considered in the detailed works of many participants in international conferences held in Moscow [8, 10, 15, 22, 27, 35, 44] and other specialists who drew the attention of practicing physicians to the need for close contact between the patient and the doctor and conducting randomized follow-up studies based on the method of double-blind testing. Studies of this kind have been carried out and have confirmed the high level of efficiency of energy information therapeutic effects and eniotherapy on a living organism.

As an example, we will give brief information about the results of work on ET. One of them was performed on humans for the prevention of allergic reactions during anesthetic support of surgical operations and showed high specificity (77%), accuracy (90%) and sensitivity (97.3%)

energy-informational methods, which allows surgeons and anesthesiologists to reliably exclude the alleged pathology in advance on a negative result [11]. Based on this kind of work, it is possible to obtain reliable information about drugs that are safe for a particular patient during abdominal operations, especially if there is a history of drug allergy and intolerance, what, naturally, enhances efficiency work anesthesiologists and strengthens doctors' confidence in energy- methods informational research.

Another thorough study was carried out on animals (mice, 820 individuals) in order to test the analgesic effect of energy-information copies of ketamine (drug, anesthetic) and in which the practical value and high reliability of their action ($p \leq 0.001$) were clearly confirmed: the introduction of even half of the minimum dose in combination with 1 and 3 volumes of ketamine enicopy led to a clear analgesic effect [12]. The effect of energy-informational transfer of the therapeutic characteristics of the original drugs has been proven in various diseases in humans.

At the Perm State Medical University THIS was used in the treatment of vertebro-basilar insufficiency, an ailment that affects people aged 50 and above on a massive scale. A large statistical material (264 people) showed a high efficacy of ET ($p = 0.001$) in this category of patients [13]. At the Research Institute of Eye Diseases. Helmholtz (Moscow) ophthalmologist A.V. Tarakanovsky carried out complex effect of bioresonance, induction and multiresonance (magnetic and color therapy) to stimulate visual functions and stabilize progressive myopia in 240 people aged 3 to 18 years [14]. Long-term follow-up (up to 3 years on average!) Showed that in 232 patients stabilization of myopia was achieved for more than 1.5 years, visual acuity increased without correction, the supply of accommodation increased, and in some cases there was a decrease in the degree of myopia by 0.5–1 diopter. Based on the study, the author comes to the conclusion that

"... Application bioresonance therapy in treatment progressive myopia is far superior to the effectiveness of the current existing on treatment methods. "

This conclusion is confirmed by the analysis of the results conducting ET in polyclinics, medical units of various departmental institutions, in hospitals, where complete recovery or the onset of stable remission in the course of chronic diseases is noted in 75% of cases and currently exceeds 100 thousand people. It should be noted such an important fact that the results of treatment were obtained in patients taken for treatment after unsuccessful therapy by methods of classical medicine, which was confirmed by anamnestic data from the history of their diseases.

In our analysis, it is necessary to single out another numerous category of short medical publications, reflected in the collections of reports of the conferences "IMEDIS" under the headings "Case from practice" and "Experience" (more than 90 messages), in which specific examples of patient treatment clearly show high efficiency the use of ET for a variety of diseases. But as rightly noted in one of his works, the largest specialist in the field of ET from England E. Scott-Morley: "... individual cases

applications do not in any way replace full-fledged research, but they give some hope "[15]. The follow-up data cited by us indicate that this hope remains not only a distant dream, but, on the contrary, quite close and real, justified to a high degree.

numerous successful results of the treatment of patients. Follow-up and placebo are important indicators of the effectiveness of ET, and most importantly, they are evidence of the stability and reliability of the methods used, which is important in assessing the doctor's practice.

Follow-up

As the study of published works shows, follow-up data on the results of ET of various diseases for the period 1994-2006. are given in only a quarter (509 observations) of all published reports. From these data, it follows that the largest number of patient observations falls on the period from one to six months and a year, which is additional evidence of the effectiveness and sustainability of treatment for a wide variety of diseases. The latter is very important for the approval of the medical status of ET, both in practice and in the training of medical personnel in various institutions of Roszdrav.

When analyzing follow-up data, it should be borne in mind that the long-term result depends not only on ET, but also on the duration of the disease, the further behavior of the patient and the implementation of medical recommendations for the prevention of exacerbations, on his lifestyle, family relationships, the nature of work, which is already outside the competence of the attending physician [20]. It is quite possible that those cited by Dr. L.B. Kosareva's annual statistical data on the number of patients with a relative improvement in the use of ET in medical practice (23-25%) may be associated with these socio-psychological reasons.

Placebo

Using the placebo method, i.e. imitation of the active principle in a medicine has a long history since the inception of homeopathy, where it was developed and actively used to test the effectiveness of the action of homeopathic medicines [17]. Since ET in some part uses homeopathic methods and indicators (sugar crumbs - globules, potentiation, accounting for miasms, etc.), special attention is paid to this aspect. In particular, the placebo method, in which the drug used in the treatment (water, sugar globules, etc.) does not contain an active principle, is used as an important criterion and indicator of the objectivity of the action and the effectiveness of energy information therapy.

Placebo problem from 1999 to 2006 There were 18 studies devoted to detailed information on the results of placebo use in different conditions of experiments conducted in animals and humans. An analysis of these studies shows that in 15 cases (62.5%), patients received a clear, both positive, statistically significant short-term effect from the use of placebo granules, based on the patient's faith in the doctor's words about the effectiveness of the drug used, as well as a negative effect, when the placebo did not have the expected effect - 9 cases (37.5%).

It should be noted that there are two opposing points of view regarding the use of placebo in ET. For some physicians, the use of placebo in treatment is ethically challenged. In particular, the well-known Austrian scientist, who has a great many years of practical experience in the use of ET in the treatment of patients, N. Kempe, emphasizes in his work: "I cannot imagine that I will work with a patient with a placebo drug, deceiving his hope of recovery." [18]. On the other hand, there is the opposite opinion of the epidemiologist Dr. Abalkin, who insists on using the placebo method in medical practice: "... we believe that the true professionalism of a doctor is to, where possible, prescribe a placebo, and not a pharmacological drug, which always has side effects" [19].

The use of the placebo method is important for testing the reality and the degree of effectiveness of the action of energy-information drugs, and therefore such studies are carried out both in animals [12] and, where possible and allowed by the experimental conditions, in humans [21–23]. Studies of this kind have shown that the placebo effect with ET is observed in a number of cases with a high level of statistical significance ($p \leq 0.05$ and above). But as noted above, it has a short-term character and quickly disappears, while energy-informational preparations stably retain their effect and medicinal effectiveness at any dilutions, like real homeopathic preparations.

As an example, we present data on a placebo study in the study of the immunological efficiency of energy-information copies of influenza vaccines tested in human clinical trials long (three months) [23].

The conclusion made by the experimenters in this work was clear and unambiguous: "... seroconversion in 42.9% of vaccinated patients does not allow to consider an electronic vaccine immunologically effective, since according to WHO standards, post-vaccination seroconversion should be at least 75%, but the results obtained indicate the presence of real immunological changes in blood serum under the influence of information ("Intangible") substrate "(emphasis by the author of this article). Summarizing all of the above about the role of placebo in ET, we can conclude that in the studies conducted, a clear placebo action associated with psychotherapy was obtained, but the effect was brief and quickly disappeared, while energy-information copies of drugs had a stable positive effect throughout the entire period of treatment. patients.

Endoecology

The scale of various kinds of invasions and viral and bacterial infections are such that they pose a serious threat to the human population, taking into account also the global deterioration of the ecological environment [24]. According to the WHO, up to 60% of the world's population is infected with intestinal parasites and, for example, about 650 million people are infected with ascaris alone every year [25, 26]. The researchers of this problem note: "Human infectious diseases have different causes, since viruses, microbes, parasites and their toxins are easily carried through the bloodstream and accumulate in

interstitial space, causing various kinds of changes in the body "[27].

The method for determining different parasitic forms in the body, developed by the team of the IMEDIS Center, is resonant frequency diagnostics and therapy, which is the largest achievement of endoecological rehabilitation in the fight against the diseases they cause and in the complex treatment of many other diseases [28, 29] and, in particular, if one of the most pressing problems of modern medicine is cancer. It is reported that, according to the WHO, up to 84% of some forms of cancer are etiologically associated with live pathogens - viruses, parasites, bacteria [33].

In the works of the well-known medical center, headed by the doctor O.I. Eliseeva [30–32], shows the extremely important importance of ART diagnostics of patients with oncological diagnosis: "... the significance of ART diagnostics in the study of patients with a verdict diagnosis of cancer is enormous, since ... recognition of the infectious nature of neoplasms eliminates all inconsistencies in the clinic, diagnoses, diseases of unknown nature "[30].

An important problem in ET is the treatment of numerous diseases caused by various microbes and parasites, and therefore many large and important studies have been devoted to these problems over the past years. It is known that a person is a symbiotic organism and, as noted by Academician of the Russian Academy of Medical Sciences V.P. Kaznacheev: "A colossal number of bacteria, fungi, yeast, saprophytes, various viruses, prions, etc. multiply and interact inside our body. This inner world of ours is characterized by the fact that, interacting, it unites and acts as a single polyfunctional system "[24].

Considering this important role of endoecology, experts draw attention to the fact that the fight against invasions is correct in relation to large multicellular parasites (echinococcus, tapeworm, roundworm, etc.), and when aimed at its complete destruction of all "tested parasites" - viruses , bacteria, fungi persisting in the human body must be thoroughly thought out and in many cases even stopped. Doctor A.V. Trifonov (Moscow) notes in this regard: "We must take as a basis that within us there is always a huge variety of microorganisms, and this can be considered a blessing. It is not their presence that decides everything, but the ratio of the degrees of their activity (highlighted by the author of this article) ... When testing parasites, bacteria and viruses, one should not try to identify and destroy everyone. It is important to isolate the significant leading for the main complication syndrome and, if possible, remove or compensate them "[34]. It is necessary to pay close attention to the problems of pleomorphism, and often there is a need for a different approach in diagnosis, determination of virulence and impact on the microcosm inside the human body, since, as experts point out, "... the body has its own" multinational state "cohabitation of varying degrees of complexity with its own complex laws ... Moreover, this complex mechanism is in symbiosis necessary for life, which should be intervened rather carefully "[35]. as experts point out, "... the body has its own" multinational state "cohabitation of varying degrees of complexity with its own complex laws. Moreover, this complex mechanism is in symbiosis necessary for life, which should be intervened rather carefully "[35]. as experts point out, "... the body has its own" multinational state "cohabitation of varying degrees of complexity with its own complex laws. Moreover, this complex mechanism is in symbiosis necessary for life, which should be intervened rather carefully "[35].

When performing ART diagnostics, it is important to find out the state of the blood

the patient and its bacterial and viral components. How complex they can be is shown by studies of the so-called blood cycle, i.e. the cyclical process of development in the blood of various intermediate forms from the protein body (protitis) to the full form of the infectious principle (fungus). These intermediate forms have a great impact on the quality indicators of blood - clotting, viscosity, etc. The ideas of pleomorphism in microbiology were put forward long ago, but the real detection of all forms and stages of development of cyclodes became possible only thanks to the development of electron microscopy, which helped scientists from different countries to successfully advance in this important area of biomedical knowledge.

The work of N. Kempe [35], which tells about studies of the cyclodic stages of the development of parasitic organisms in the blood with the provocation of severe pathological processes, closely echoes the work of the Canadian scientist G. Nesens, who discovered in 1980 in human blood the world of the smallest living bodies - "somatid" (DNA precursors), which can be used to monitor the development of HIV infections and oncological diseases and fight them with the help of a drug he developed [36].

The above works of specialists on pleomorphism and careful attention to endoecology are also justified by the fact that the human body, as shown in synergetics, is a self-organizing system, and it only needs to be reasonably helped, and not to interfere with a well-functioning system, regulated by Nature itself. Therefore, we can fully subscribe to the opinion expressed by well-known experts V.A. Galuzsky and L.V. Chernetsova that: "The therapeutic efficiency of F-programs in relation to infections and invasions is superior to allopathic methods of treatment" [37], and "BRT is an integral part of endoecological rehabilitation programs in the complex treatment of many ecologic diseases" [27].

Geophysics

Numerous reports of participants in international ET conferences touch upon complex issues of the influence of environmental factors on the patient and their role in treatment. In the reports, the role of both planetary factors [38] and terrestrial ones related to ecology and the influence of geophysical factors on the body - geopathogenic and radiation zones, geomagnetic disturbance and other environmental factors is equally noted.

All authors emphasize that for any human disease, the diagnosis should begin with the analysis of interference fields and, first of all, with the identification of the geopathogenic zone (GPZ) and the burdens caused by it [39, 40]. On this issue, all researchers adhere to a unanimous opinion, clearly expressed in the work of famous doctors E.G. Gritsenko and A.G. Gritsenko: "For successful treatment of a person, he must first of all be removed from the geopathogenic zone ... We consider it irresponsible recommendations to put a neutralizer under the bed and stay in the GPZ. A person cannot be in a geopathogenic zone!" [41].

However, when assessing the impact of GPZ on the human body, one should take into account the presence of seasonal reactivity of the body to determine

geopathogenic burden. Continuous studies conducted from 2001 to 2005 showed that this important indicator is well detected in the period from late December to early April of each year, and in the rest of the year, its definition is unstable and unreliable [40]. Similar studies should be carried out with other ART indicators in order to find out the reality of their determination in different seasons of the year.

Helio-geophysical factors should be taken into account by all specialists in the field of ET, since their work is based on the study of the electromagnetic frequency-field characteristics of a living organism. The human body is strongly influenced by various helio-geophysical factors - solar flares, geomagnetic storms, a change in the sectoral structure of the interplanetary magnetic field, the gravitational influence of the Moon, the partial oxygen content in the air, its ionization and many other factors. The influence of the geomagnetic field on the psychosomatic state of people (depression, schizophrenia) and functional disorders - changes in blood pressure, the composition of peripheral blood, its serological and fibrinolytic properties, etc. [42].

Psyche

The important role of the patient's mental state during ET is noted in many refereed works of international conferences held by the IMEDIS Center, but 62 reports are specifically devoted to this issue. They emphasize that the success of treatment depends on many reasons that a doctor has to deal with - anamnesis, the patient's condition at the time of treatment, his lifestyle and profession, the results of previous treatment with allotropic drugs, etc. In addition, two components of the treatment process are very important: the doctor's mental focus on the patient and their joint mental efforts aimed at the effectiveness of treatment, belief in a positive result, which internally mobilizes the patient for the success and high efficiency of the action of energy-information drugs and procedures. Here again it is appropriate to cite the opinion of N. Kempe, cited above (Graz, Austria), who has extensive practical experience in the treatment of critically ill patients with the use of energy-informational methods, unsuccessfully treated by the methods of official medicine [43]: "By and large, all diseases are psychosomatic. The only question is the degree of influence of the psyche ... The experience of working with such patients led us to the idea of the need, first of all, to understand the mental stress that led to the disease. At the same time, we quite quickly felt how multidimensional and complex this task is ... We realized that a true cure is possible only in a complex way. At the same time, there is a noticeable increase in the patient's self-awareness, leading to a change in lifestyle ... Moreover, taking into account the patient's mental state leads to a general improvement of the body "(emphasized by the author of this article). with extensive practical experience in the treatment of critically ill patients with the use of energy-informational methods, unsuccessfully treated by the methods of official medicine [43]: "By and large, all diseases are psychosomatic. The only question is the degree of influence of the psyche ... The experience of working with such patients led us to the idea of the need, first of all, to understand the mental stress that led to the disease. At the same time, we quite quickly felt how multidimensional and complex this task is ... We realized that a true cure is possible only in a complex way. At the same time, there is a noticeable increase in the patient's self-awareness, leading to a change in lifestyle ... Moreover, taking into account the patient's mental state leads to a general improvement of the body "(emphasized by the author of this article). unsuccessfully treated by the methods of official medicine [43]: "By and large, all diseases are psychosomatic. The only question is the degree of influence of the psyche ... The experience of working with such patients led us to the idea of the need, first of all, to understand the mental stress that led to the disease. At the same time, we quite quickly felt how multidimensional and complex this task is ... We realized that a true cure is possible only in a complex way. At the same time, there is a noticeable increase in the patient's self-awareness, leading to a change in lifestyle ... Moreover, taking into account the patient's mental state leads to a general improvement of the body "(emphasized by the author of this article). unsuccessfully treated by the methods of official medicine [43]: "By and large, all diseases are psychosomatic. The only question is the degree of influence of the psyche ... The experience of working with such patients led us to the idea of the need, first of all, to understand the mental stress that led to the disease. At the same time, we quite quickly felt how multidimensional and complex this task is ... We realized that a true cure is possible only in a complex way. At the same time, there is a noticeable increase in the patient's self-awareness, leading to a change in lifestyle ... Moreover, taking into account the patient's mental state leads to a general improvement of the body "(emphasized by the author of this article).

Such a large quotation from the work of N. Kempe is given by me because it in a concentrated form expresses the general opinion, which is consonant with many specialists in the field of ET, who give the patient's mental state a decisive role in the success of treatment. Here is what Ukrainian colleagues say about this: "In terms of correcting the psychological state, it is important to convince the patient to change his lifestyle. This is the necessary mode, rhythm and pace of life.

work, rest, communication "[44]. Doctor Fenyutina T.V. (Moscow), regarding the correction of the patient's psycho-emotional state, notes the following: efforts "[45]. Experienced eni-specialists Shehab L.F. and Shehab H.Yu., considering the psychological aspects of treatment, come to the conclusion: "Thoughts are material and therefore must be positive, and this is not an easy task. The patient must work hard, work on a complex restructuring of his worldview, creating a positive dominant in his brain "[46]. Research in the field of cognitive psychophysics, carried out by scientists from around the world,

Conclusion

Summing up the results of our brief retrospective analysis of the work, it is appropriate to give the opinion of experts on the whole problem. energy-informational treatment. Noting the exceptional importance of work in this area, Shekhab L.F. and Shehab H.Yu. emphasize: "Thus, the use of complex therapy, including BRT by endogenous body frequencies, exogenous BRT by fixed frequencies, complex homeopathic remedies, nosodes, autosodes in the clinic of chronic fungal and bacterial contamination is important due to ease of use, lack of side effects availability, and high efficiency "[33].

Doctor V.S. Katargin, in turn, assessing the significance of the energy-informational problem for the progress of science as a whole, rightly emphasizes: "All this inspires confidence that no corporate interests can stop the advancement of science along the path of a holistic understanding of the relationships in the body" [48].

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