

Evaluation of the effectiveness of the use of bioresonance therapy  
in the complex prevention of influenza in children  
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Timely prevention of influenza in children is the most pressing issue in pediatrics. One of the modern methods of therapy and prevention of many diseases, both in children and adults, is bioresonance therapy (BRT) [1].

Curative and preventive usage BRT maximally individualized and does not cause side effects, which allows us to consider this method as one of the most optimal for use in pediatrics. During BRT, the pediatrician can choose those therapeutic and prophylactic regimens that are most optimal for a particular child.

The aim of the study is to assess the effectiveness of the use of endogenous bioresonance therapy in the complex prevention of influenza in children.

#### Materials and methods

The work was carried out on the basis of the consultative and diagnostic center of the children's city polyclinic No. 81 in Moscow, where the hardware and software complex "IMEDIS-EXPERT" (registration certificate No. FS 022a2005 / 2263-05), developed at the Center for intelligent medical systems "IMEDIS" under the guidance of Professor Yu.V. Gotovsky.

The examination and observation was carried out in 78 children aged 3 to 14 years, who were divided into three groups.

In the first group (32 children), the prevention of influenza was carried out with homeopathic preparations (complex homeopathic remedy "Antigrippin 3", complex preparation "Asonit 6, Belladonna 3, Brionia 3X" according to standard schemes in age dosages, preparation Calcarea carbonica 30, 1 tablet 2 times in week) in combination with endogenous BRT. The prophylactic course of BRT consisted of 5–7 sessions with an interval of 7–14 days. Endogenous BRT was applied along all meridians using immunostimulating and anti-inflammatory frequencies in time modulation mode.

In the second group (25 children), the prevention of influenza was carried out with the same homeopathic remedies according to the same schemes as in the first group, but without the use of BRT (placebo group).

In the third group (21 children), the prevention of influenza using homeopathic medicines and BRT was not carried out due to the refusal of the parents (control group).

### Results obtained and their discussion

In the first group of the surveyed, the incidence of influenza was noted in 2 children, which amounted to 6%, while the course of influenza infection was moderate, with low-grade fever and mild manifestations of intoxication. No side effects were noted in any case. In addition to high resistance to influenza infection, the parents of children of the first group noted an improvement or complete disappearance of complaints associated with the presence of concomitant diseases in the child (biliary dyskinesia, vegetative-vascular dystonia, intracranial hypertension syndrome). In this group, according to parental reviews, there was also an increase in the performance of school-age children and an improvement in their general well-being.

In the second group, the incidence was 12% (3 children), while in 2 children influenza infection was complicated by secondary bacterial complications (catarrhal otitis media in one child and tracheobronchitis in another). Both children were 4 years old; the course of secondary bacterial complications was moderate.

In the third group, the incidence of influenza was 38% (8 children), while the course of influenza infection in 12% of cases was moderate, and in 26% - severe with pronounced symptoms of neurotoxicosis. In 18% of cases, the course of influenza in children was complicated by the addition of a secondary bacterial infection and the presence of corresponding diseases (sinusitis, otitis media, tracheobronchitis, bronchopneumonia in 1 child), which were characterized by a severe course.

### conclusions

The results of the conducted studies indicate the advisability of using endogenous BRT in combination with homeopathic medicines for the prevention of influenza in children. The BRT method is highly effective not only for preventing the occurrence of influenza infection, but also for correcting existing disorders and improving the general condition of the child's body as a whole.

### Literature

1. Bioresonance therapy: Methodical recommendations / Meizerov E.E., Blinkov I.L., Gotovsky Yu.V., Koroleva M.V., Katorgin V.S. - Moscow: NPTsTMiG MZ RF, 2000. - 28 p.

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